



GOD'S WORDS FOR TODAY (Mt.5:20-26)

The Holy Gospel according to St. Matthew

For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. "You have heard that it was said to the men of old, 'You shall not kill; and whoever kills shall be liable to judgment.' But I say to you that everyone who is angry with his brother shall be liable to judgment; whoever insults his brother shall be liable to the council, and whoever says, 'You fool!' shall be liable to the hell of fire. So if you are offering your gift at the altar, and there remember that your brother has something against you, leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift. Make friends quickly with your accuser, while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison; truly, I say to you, you will never get out till you have paid the last penny.

REFLECTION:

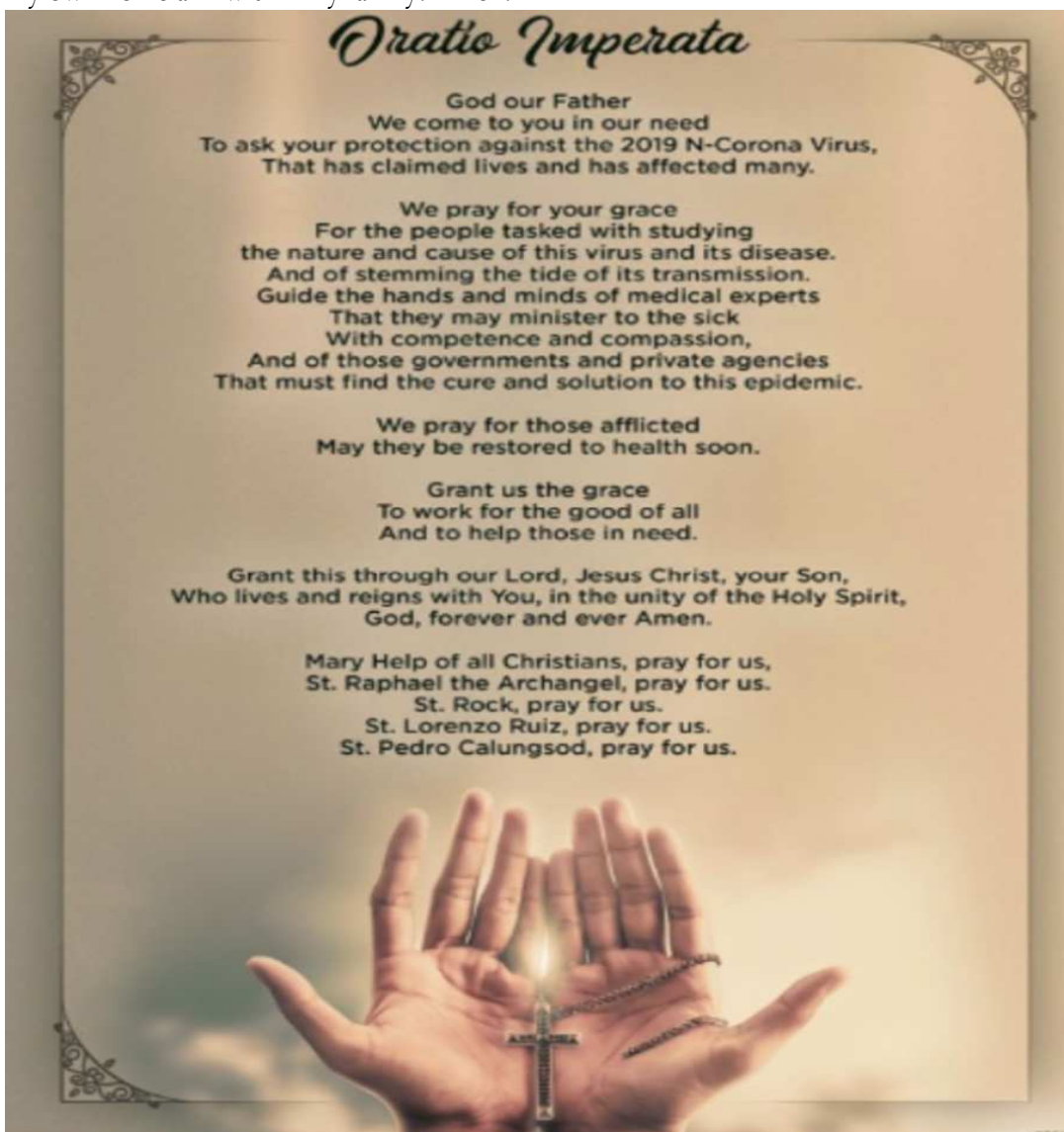
What is the antidote for overcoming anger and rage? Mercy, forbearance, and kindness spring from a heart full of love and forgiveness. God has forgiven us and he calls us to extend mercy and forgiveness towards those who cause us grief or harm. Only God's love and grace can set our hearts and minds free from the tyranny of wounded pride and spiteful revenge. Do you harbor any anger towards another person? And are you quick to be reconciled when a rupture has been caused in your relationships?

PRAYER:

Lord Jesus, I ask you to set me free and to fill my heart and mind with your love and truth. Amen.

Prayer of St. Gertrude

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.



MISSION VISION

“Inspired by our faith in God, by our Catholic traditions and by the charism of St. John Baptist de La Salle educational innovator par excellence, we together and by association are committed to give quality human and Christian education to all building a society founded on equity and justice and on sustainable and inclusive development. ”

FROM THE INSTITUTIONAL SUSTAINABILITY OFFICE:

Strategic Direction on Creating Sustainable Futures



UN Sustainable Development Goals (UN SDG)

Sustainable Fashion

The textiles and fashion industries are amongst the leading industries that affect the environment negatively. One of the industries that greatly jeopardizes environmental sustainability is the textiles and fashion industry, which thus also bears great responsibilities. Globalization has made it possible to produce clothing at increasingly lower prices, prices so low, and collections shifting so fast (*Fast Fashion*), that many consumers consider fashion to be disposable. However, fast, and thus disposable, fashion adds to pollution and generates environmental hazards, in production, use and disposal.

Let's be aware of sustainable brands, it's our responsibility to protect the environment 🌱☐☐
Remember it starts with you. Sustainability is an evolving practice. It's a commitment, a lifestyle change.

Source: https://en.wikipedia.org/wiki/Sustainable_fashion

FROM THE INTENTIONAL CURRICULUM PROJECT COMMITTEE:

In the 21st century, humanity is facing severe difficulty at the societal, economic, and personal levels. With fast-paced technological advancements that produce social disruptions, education seems to be falling behind in responding to the "signs of the times". In this context, a key facet must be examined. What should students learn to be successful in the world of the 21st century?

De La Salle Lipa with its intentional effort to redesign the curriculum, intends to give all its stakeholders a voice in education. In line with this, selected students, faculty, administrators, parents, and alumni were randomly chosen to participate in a Focus Group Discussion (FGD). A letter and Informed Consent Form regarding the FGD will be given to the chosen student participants today, March 6, 2020. Please return the accomplished Consent Form at your respective Assistant Principal's Office on or before Tuesday, March 10, 2020.

FROM THE OFFICE OF INCLUSIVE EDUCATION:

In Focus: Women's Month

UN SDG #5: Gender Equality

DLSL Strategic Direction B:

Embracing Our Shared Humanity and Championing Social Inclusion and Justice Initiatives

One simple way to celebrate International Women's Day and National Women's Month is through online advocacy. You may create your Advocacy Card that states your commitment in promoting gender-equal world and in upholding women's rights. While holding your advocacy card (either individually or as a group), ask someone to take a picture. You may then post your picture with your advocacy card on social media with the following hashtags:

#dlscelebrateswomen
#dlsGenderEquality
#GenerationEquality

You may also visit <https://www.internationalwomensday.com/SelfieCards> to get some ideas.



FROM THE INTEGRATED DIGITAL AND INNOVATIVE INSTRUCTION OFFICE:

To All Student Digital Officers,

A. Please be reminded to do our Continuous WiFi Monitoring on the schedule stated below:

Grade School

Grade 4	8:00 am - 10:00 am
Grade 5	11:00 am - 1:00 pm
Grade 6	2:00 pm - 4:00 pm

Senior High School

Grade 11	8:00 am - 12:00 pm
Grade 12	1:00 pm - 4:00 pm

Junior High School

Grade 7	8:00 am - 12:00 pm
Grade 8	1:00 pm - 4:00 pm
Grade 9	8:00 am - 12:00 pm
Grade 10	1:00 pm - 4:00 pm

B. Follow the instructions below:

1. Make sure you are logged in using your DLSL email;
2. Access the Google Form: bit.ly/DLSLWIFI2020. Do the monitoring form on a daily basis based on any location you'd be.
3. Open a new tab and access the speedtest on this link: bit.ly/speedtest2019
Do not forget to change the server to Batangas-Sky Fiber
4. Answer the Google Form and submit.

C. Always **check your email** and **accept the CANVAS invitation** sent to you.

Should you have any questions feel free to contact IDII Office at **(043) 202-2900 loc 1703** or email Ms. Jhenna Cueto at sdo@dsl.edu.ph

Thank you and Animo La Salle!

FROM THE OVCA – OFFICE OF THE INTEGRATED SCHOOL PRINCIPAL:

1. The ISP together with Ms. Rose Cornejo is attending the DLSP BEC Principals' Forum in Andres Soriano Memorial College, Toledo City, Cebu. Today, Ms. Edna Policarpio will serve as O-I-Charge of IS: Please accord to her your usual support. Thank you and God bless!
2. Thank you for everyone's cooperation and support for all our endeavors relative to PAASCU Visit this coming April 2 -3. We enjoin everyone to consider each day as PAASCU Day. All LPs are reminded to ensure that LMs not just DLLs are made available for the observers all the time. Students are reminded to keep their respective classrooms clean and orderly. Our mock PAASCU observations will continue until the 2nd week of March. Thank you so much!

FROM THE OVCA – GRADE SCHOOL COMMUNITY:

From the Assistant Principal

1. DLSL observes the Lasallian Earth Day (LED) today. Kindly support this project in any way possible.
2. 3rd Quarter exam permits are already with the Homeroom Advisers for checking and monitoring purposes. Students concerned are requested to remind their parents/guardians to settle their financial obligations before the scheduled QA.

3. Pictorial of Grade 6 completers:

- March 9 – BB 306 - 8:40 – 12:00
BB 401 – 1:00 – 4:00
- March 10 – BB 402 – 8:40 – 12:00
BB 403 – 1:00 – 4:00
- March 12 – BB 404 – 8:40 – 12:00
BB 405 - 1:00 – 4:00
- March 16 - BB 406 – 1:00 – 4:00

4. 3rd QA schedule

Nursery 1

	March 17	March 19
12:00 – 12:40	Assembly/Homeroom	Assembly/Homeroom
12:40 – 1:10	Creative Activities on Consonants	Creative Activities on Sets, Patterns and Numerals
1:10 - 1:30	Recess	Recess
1:30 - 2:00	Creative Activities on Consonants	Creative Activities on Sets, Patterns and Numerals

Nursery 2

	March 17	March 19
8:00 – 8:40	Assembly/Homeroom	Assembly/Homeroom
8:40 – 9:20	Creative Activities on Letters	Creative Activities on Name Words
9:20 – 9:40	Recess	Recess
9:40 - 10:20	Creative Activities on “Mga Titik at Pantig”	Creative Activities on Numerals

Kinder

	March 17	March 19
8:00 – 8:40 (1 st session) 12:20 – 1:00(2 nd session)	Assembly/Homeroom	Assembly/Homeroom
8:40 – 9:40(1 st session) 1:00-2:00(2 nd session)	Language Arts	Math
9:40-10:00(1 st session) 2:00- 2:20(2 nd session)	Recess	Recess
10:00 – 11:00(1 st session) 2:20 – 3:20(2 nd session)	Reading	Filipino

Grades 1- 6

	March 17	March 19	March 20
8:00 - 8:40	Assembly/Homeroom	Assembly/Homeroom	Assembly/Homeroom
8:40 – 9:40	Science	Social Studies	English
9:40-10:00	Recess	Recess	Recess
10:00 – 11:00	Filipino	Math	Completion

5. Commendation to the following classes for their generous donation to the Mission Collection:

- Grade 1: BG 108, BG 110, BG 111, BG 112
- Grade 2: BB 104, BB 108, BB 109, BB 110, BB 208, BB 209
- Grade 3: BB 204, BB 205, BB 206, BB 210, BB 211, BB 212
- Grade 4: BB 308, BB 309, BB 310, BB 311, BB 312

Grade 5: BB 301, BB 302, BB 303, BB 304, BB 305

Grade 6: BB 306, BB 401, BB 402, BB 403, BB 404, BB 405, BB 406

6. Looking Ahead

March 17,19, 20 – 3rd QA Days (G1-6)

March 17&19 - 3rd QA Days (Preschool)

March 20 – Preschool Family Day

From the GS Science Department:

“The greatest discoveries of science have always been those that forced us to rethink our beliefs about the universe and our place in it.” - Robert L. Park

Congratulations to the following winners in our Science Mind Crackling for teachers Question #1.

Answer: Laika was a dog.	Winners: Ms. Reigh Arada Ms. Elevyn De Castro	Indha Twyla Manota Ms. Mary Ann Mendoza
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Here is another mind snapping Science trivia for teachers. Submit your entry to the Science teacher in your level and have a chance to be part of the raffle and win a prize!

SCIENCE MIND CRACKLING FOR TEACHERS Question #2:
Earthquakes are caused by the release of built-up stress within rocks along geologic faults or by the movement of magma in volcanic areas. Seismologists study earthquakes by going out and looking at the damage caused by the earthquakes and by using seismographs. Based on their studies, what town is described as “Earthquake Capital of the World”?

From the Grade School Math Department

Congratulations to the following winners in our Mind Boggling for Students Question #2 last March 3, 2020:

Grade	Name	Section
Grade 1	Karla Andrea Panaligan Romm Angelo Delos Reyes	BG 108
	Vrena Mary Dennise Dimaala Gabriel Flosa	BG 109
	Tacia Serafica Halili Prince Hernandez	BG 110
	Martha Therese Malvar Luis Jaden Gabriel	BG 111
	Francesca Ariana Gabayan Heintje Basilio	BG 112
Grade 2	Peyton Harmony Mayo Michael Xander Quinto	BB 104
	Rayne Mylee Gutierrez Daniel Ernest Gillego	BB 108
	Ashton Terrence Mamayson Althea Margarette Villapando	BB 109
	Ethan Ferdinand Perez Sarah Roseth Andal	BB 110
	Brioni Helaena Mendoza Josef Matthew Vergara	BB 208
	Hans Derek Tipan Rzen Jien Tanada Castiel Angelo Villamonte	BB 209
	Jerald Aizen C. Pecson Gabrielle Hyacinth Navales	BB 204

Grade 3	Carl Dela Cruz Ma. Nichell Gutierrez	BB 205
	Juancho Ivo Villamil Klara Alesia Panaligan	BB 206
	Djustine Ythan De Chavez Jeia Marjien Vinze Manalo	BB 210
	Jared David Hernandez Rhian Gail Cuaycong	BB 211
	Macey Brielle Maranan Princess Lacerna	BB 212
Grade 4	Mikayla Rose Rebengue Matthew Reis Santos	BB 308
	John Samuel Fernando Aecus Charles Mendoza	BB 309
	Clark Gabriel Mercado Zandrei Josef Bustria	BB 310
	Rianne Gabrielle Baña Alexis Marie Baldevarona	BB 311
	Kevin Enoch De Torres Cielo Llanes	BB 312
Grade 5	Yllena E. Yuson	BB 301
	Immanuel Gerard S. Quinto	BB 302
	Francis Del Mundo	BB 303
	Jed Willard E. Comia	BB 304
	Yuren Balboa	BB 305
Grade 6	Aiden Francis Camus Rhianne Ava Kalaw	BB 306
	Carl Louise Aguirre Kirstyn Chloe Tolentino	BB 401
	Shane Engrid Mendoza Juan Gabriel Malabanan	BB 402
	Kim Alaiza Sol Kristine Joyce Firmalo	BB 403
	David Angelo Caseda Harriet Christine Comia	BB 404
	Piolo Andrei Diokno Archie Valfrid Acosta	BB 405
	Eunice Althea Castillo Theresa Martina De Lara	BB 406

2019-2020 AMSLI's MATHEMATICS ENRICHMENT PROGRAM (AMEP)

De La Salle Lipa Grade School Math Department congratulates the following GS Mathletes for their outstanding performance in **2019-2020 AMSLI's MATHEMATICS ENRICHMENT PROGRAM (AMEP)**.

Name	Section	Award
Grade 1		
DE CHAVEZ, BLESSED JASHLORDEINE D.	BG 108	Highest Honors
GARCIA, GIAN KYLE V.	BG 108	High Honors

LIMBO, DEANDRA ALEXA P.	BG 108	High Honors
LINDO, MARIAN CAITLIN B.	BG 108	High Honors
DIMAALA, VRENA MARY DENNISE A.	BG 109	With Honors
TATEL, DARIUS ADRIAN D.	BG 109	With Honors
BLANCAFLOR, XEREENE KAIRRAEL V.	BG 110	With Honors
DE TORRES, PRYNCESS MAI IAHHEL I.	BG 110	AMEP Distinctions
GUICO, REGINA LAURICE G.	BG 110	With Honors
LIBUNAO, KYRIE NOREEN R.	BG 110	Highest Honors
ORENSE, MARGARETTE YVONNE L.	BG 110	With Honors
PANALIGAN, SHON JULIO B.	BG 110	AMEP Distinctions
OLAES, KIRSTEN VAY L.	BG 111	AMEP Distinctions
PRECIOSO, ZAKIA JACOB M.	BG 111	High Honors
CULTIVO, JUDE EZEKIEL T.	BG 112	With Honors
PESEBRE, SAMUEL YUAN T.	BG 112	AMEP Distinctions
Grade 2		
DIONISIO, MARGAUX ISOBELLE U.	BB 108	AMEP Distinctions
GILLEGO, DANIEL ERNEST L.	BB 108	AMEP Distinctions
ARAÑO, ERIN KELSY M.	BB 109	With Honors
GUAÑO, MOLAVE RENATO D.	BB 109	High Honors
MAMAYSON, ASHTON TERRENCE B.	BB 109	With Honors
VIÑAS, JENSEN RYAN R.	BB 109	With Honors
PEREZ, ETHAN FERDINAND J.	BB 110	Highest Honors
TOLENTINO, MATTHEW FITZGERALD M.	BB 110	AMEP Distinctions
YABES, ADRIAN JOHAN M.	BB 208	AMEP Distinctions
Grade 3		
SOSITO, SOPHIA YSABELLE D.	BB 204	AMEP Distinctions
FELIX, REBBEN	BB 206	High Honors
MAGPANTAY, CHRIS SEYHAN H.	BB 206	AMEP Distinctions
OCAMPO, NICK ANDERSON I.	BB 206	High Honors
OBEÑA, ASHTEE ABIGAYLE D.	BB 211	AMEP Distinctions
LUMBRES, KIARA ISABEL E.	BB 212	AMEP Distinctions
Grade 4		
PEREZ, HARRY GERARD L.	BB 308	Highest Honors
MENDOZA, AEACUS CHARLES R.	BB 309	Highest Honors

BUSTRIA, ZANDREI JOSEF M.	BB 310	With Honors
BALDEVARONA, ALEXIS MARIE M.	BB 311	AMEP Distinctions
BATHAN, RIA LAUREEN C.	BB 312	AMEP Distinctions
LAGAR, NYGEL JOSH L.	BB 312	AMEP Distinctions
Grade 5		
URREA, GILLIENNE NICOLE C.	BB 301	Highest Honors
QUINTO, IMMANUEL GERARD S.	BB 302	With Honors
OLAÑO, YESHUA D.C.	BB 303	AMEP Distinctions
SILVEDERIO, MARIA ALESSANDRA T.	BB 303	High Honors
PAREDES, RODERICK JAZPHER G.	BB 304	AMEP Distinctions
PEREZ, EMAN FERDINAND J.	BB 304	With Honors
SANDOVAL, MIGUEL ANDREI A.	BB 305	AMEP Distinctions
Grade 6		
FELIX, REUBEN JOSEPH	BB 306	Highest Honors
BERCILLA, AIDEN JOMEIL M.	BB 401	Highest Honors
LATAYAN, VICENTE JOAQUIN M.	BB 401	AMEP Distinctions
DIMAALA, NED ANVER A.	BB 402	AMEP Distinctions
JAEN, ALDWIN LUKE H.	BB 402	AMEP Distinctions
LEE, MIN SUNG G.	BB 402	High Honors
SENGCO, JAMES ANDREI I.	BB 402	AMEP Distinctions
YABUT, YURI G.	BB 402	With Honors
ALVAREZ, ALONZO C.	BB 404	High Honors
CANTOS, CASI GABRIELLE R.	BB 405	AMEP Distinctions

From the Grade School Moderators' Office

1. Lasallians are good stewards of God's creations. Therefore, you are all expected to practice CLAYGO (Clean As You Go). We have observed trashes which are left on the tables after recess and lunch time. After eating, please make sure to throw your trash in the proper bins. **Likewise, bringing of food and drinks in going to the classroom is strictly prohibited.**
2. Lasallians are refined and well-mannered. All students are reminded to show proper behaviour especially during in between periods, while waiting for the teacher to come and even before the morning and afternoon classes.
3. Students are once again reminded to be mindful of their school belongings especially their gadget. The school will NOT be held liable for any damages/losses.
4. Likewise, all students are advised to be mindful of his/her and others' safety. Playing, running, pushing one another, and playing/ touching the stray cats during break periods are strictly prohibited. There were some reports that some students got hurt because they were pushed by other students who ran and played.
5. Key monitors are reminded to always lock the door before leaving the classroom.
6. Last period teachers are requested to check on the valuables left by the students. This is to lessen the number of losses and things left after dismissal time.

From GS & JHS Science Department

We would like to invite Grades 3 to 10 students who are interested to participate in one of the largest science competitions in Asia known as VANDA. It is designed to focus on the student's ability to think critically and creatively to pick out hidden information to aid them in solving the question.

Last year in July, the Philippine delegation led by AMSLI snagged the first over-all rank of the Vanda International Science Competition's individual round. This year, could just be your chance to take part in the country's stint to replicate such a strong feat.

Unlock the unknown and sign up for Vanda International Science Olympiad Contest as our registration is now open!

<https://amsliphil.com/register#/vanda-2020>

By winning in the competition, you can advance to the STEAM AHEAD 2020 - VANDA Science Global Finals to be held in Bali, Indonesia come November 2020. More so, winners shall be candidates to the Asian Math Olympiad for Primary and Secondary Schools (ASMOPSS) on October and the International Junior Science Olympiad (IJSO) to be held in Frankfurt, Germany this December.

VANDA exam is scheduled on April 18, 2020 (10:30 am - 12:00 noon) in all AMSLI Training Centers including De La Salle Lipa. Deadline of registration is up to April 3, 2020 only.

We look forward to your participation in VANDA.

ANNOUNCEMENT:

What: AMSLI – ASEP Science Enhancement Program 2nd Batch of Qualifying Exam

Who: Grade 3-10 Students

When: March 28, 2020 at 9:00 am

Where: De La Salle Lipa (Hall of the Lasallian Saints or LS Building) LS101 to LS 108

Registration Fee: Php 50.00

How to register: Please register to your respective Science Teachers until March 20, 2020

Please be guided by the following reminders for the ASEP Qualifying Exam:

1. All participants are advised to be at the venue by 8:30 for the registration and for the checking of room assignment.
2. Wear the Type B uniform.
3. Bring pencil and scratch paper.
4. Examinees are advised to have their breakfast/snacks before the exam.

Thank you very much.

From the GS and JHS Mathematics Department

We would like to invite all Math enthusiasts to participate in one of the largest mathematics competitions in Asia, **the Singapore and Asian Schools Math Olympiad (SASMO)**, and pit skills against counterparts from 20 participating countries such as Malaysia, Indonesia, Myanmar, China, Hong Kong, Macau, Singapore, Vietnam, Bulgaria, etc.

This exciting competition is open to all Grades 2 to 6 elementary pupils and Grades 7 to 10 secondary students. SASMO is scheduled on April 18, 2020 (8:00 AM-9:30 AM) in LS Building, De La Salle Lipa Integrated School. Deadline of Registration is April 3, 2020.

Join the 2020 Singapore & Asian Schools Math Olympiad(SASMO) and get the chance to compete in the different international Math competitions like Singapore International Mathematics Olympiad (SIMOC) in Singapore this July and in the International Junior Math Olympiad (IJMO) in Bali, Indonesia on November.

To register, please click the link <https://amsliphil.com/register#/sasmo-2020> for online registration.

You may also drop by the office to register onsite and look for Ms Alonica Clavo. Payment is Php 800.

We look forward to your participation in SASMO! Join and bring home a SASMO medal this 2020!

From the IS Math and Science Departments

The Department of Science and Technology, through the Science and Education Institute (DOST-SEI) has institutionalized a recognition system for young achievers in international science and mathematics competition, the **Youth Excellence in Science (YES) Awards**. It is being implemented yearly to further motivate and inspire the youth to strive for excellence in the fields of science and mathematics.

Medals are being awarded to those students who were able to win gold, silver and bronze medals in the DOST-SEI recognized international science and mathematics competition in a particular school year.

This year, the awardees from the De La Salle Lipa Integrated School are the following:

Name	Grade Level/Section	Subject
Felix, Rebben Marion	G3 – BB 206	Math
Lumbres, Kiara Isabel	G3 – BB 212	Math
Perez, Harry Gerard	G4 – BB 308	Math & Science
Mendoza, Aecus Charles Rosales	G4 – BB 309	Math & Science
Sandoval, Miguel Andrei	G5 – BB 305	Math
Urrea, Gillienne Nicole	G5 – BB 301	Math
Felix, Reuben Joseph	G6 – BB 306	Math & Science
Bercilla, Aiden Jomeil	G6 – BB 401	Math
Jaen, Aldwin Luke	G6 – BB 402	Math
Ombao, Eliju Etienne	G6 – BB 403	Math
Alvarez, Alonzo	G6 – BB 404	Math
Briones, Lorenz Gabriel	G7 – LS 202	Math
Santelices, Angela Ponce	G7 – LS 109	Math & Science
Kaw, Julianne Ycel	G8 – LS 401	Math & Science
Gonzales, Galvin	G8 – LS 408	Math & Science
Baesa, Andrew	G8 – LS 410	Math & Science
Atienza, Eliann Joell	G9 – LS 207	Science
Dalangin, Matthew Daniel	G9 – LS 301	Math & Science
Villegas, Jose Miguel	G9 – LS 306	Math & Science
Dimaculangan, Kathleen Bienee	G9 – LS 302	Science
Barte, Gian Miguel	G10 – BM 103	Math & Science
Corto, Christian David	G10 – BM 204	Math & Science
Villaruz, Bea Catherine	G10 – CMR 201	Math & Science
Rabino, Vince Lenard	S11 – 12	Math

Our warm congratulations, Lasallians! Animo La Salle!

FROM THE OVCA –JUNIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal

1. Today is first Friday of March; hence, we shall observe Lasallian Earth Day. Please refrain from using your ACUs even for an hour only. This act will surely contribute to the realization of the objectives of our Project Carbon Neutral.
2. All classes are requested to clean the classroom everyday. Please bring home all used props or materials during presentation or any done/graded project/output, put inside your locker the things you don't have to use in class. Remove all unnecessary materials which are stored in your shelves.
3. To all Grade 10 students, advisers and subject teachers, please be informed of the REVISED schedule of the pictorial of our Grade 10 classes. Classes scheduled for the 1:00PM – 4:00PM pictorial are going to have their early lunch at 12:00NN – 1:00PM. Kindly proceed at the venue, BB 41 on time so as not to avoid delay. Students scheduled to have the pictorial for the day should come to school wearing the complete school uniform. Those who will be having their pictorial in the morning, please eat heavy breakfast.

Date	Time	Section and Adviser	Subjects Covered
March 06, 2020	8:40 – 12:00	BM 204 - Ms. Gelyn	MAPEH; Filipino
(DAY 3)	1:00 – 4:00	CMR 207 - Ms. Zali	English; MAPEH
March 16, 2020	8:40 – 12:00	BM 201 - Ms. Gigi	Math; English
(DAY 4)			
March 20, 2020	10:00 – 1:00	BM 104 – Ms. Marlene	None
March 23, 2020	8:40 – 12:00	BM 105 - Sir Kevin	Filipino; Math
(DAY 1)	1:00 – 4:00	BM 103 - Ms. Nancy	Math; English
March 24, 2020	8:40 – 12:00	CMR 204 - Ms. Fatima	MAPEH, Science
(DAY 2)	1:00 – 4:00	BM 205 - Sir Jeffrey	Filipino; CLCE
March 26, 2020	8:40 – 12:00	BM 202 – Ms. Mina	CLCE; Social Studies
(DAY 3)	1:00 – 4:00	CMR 206 – Ms. Karesh	Math; Filipino

4. Please take note of the schedule we shall follow for next week:
 - March 9, 2020 – DAY 4
 - March 10, 2020 – DAY 1
 - March 11, 2020 – Home-based SMILES
 - March 12, 2020 – DAY 2
 - March 13, 2020 – DAY 3
5. Our commendation to the following classes for their donation to the mission collection:
 - Grade 7: LS105, LS107, LS 108, LS212, LS 201
 - Grade 8:LS401, LS408, LS409
 - Grade 9: BM100, BM101, LS304, LS305, LS309
 - Grade 10: BM 105

Our congratulations to the following classes for their generous donation to the mission collection:

- Grade 7: LS 212 of Ms. Remelyn Lumanglas
- Grade 8: LS 409 of Ms. Evangelie Sagaoinit
- Grade 9: LS 304 of Ms. Margie Laraya
- Grade 10: BM105 of Mr. Kevin Lorenz Dimaunahan

From the JHS TLE Department

Agriculture must transform from being part of the climate change problem to becoming part of its solution. Adopting sustainable practices will help protect our home while ensuring our food security.

Environmental responsibility is one aspect of sustainability. It is about instilling in children ways to be creative, empowered and positive about the future they are creating through connections and understanding of the environment.

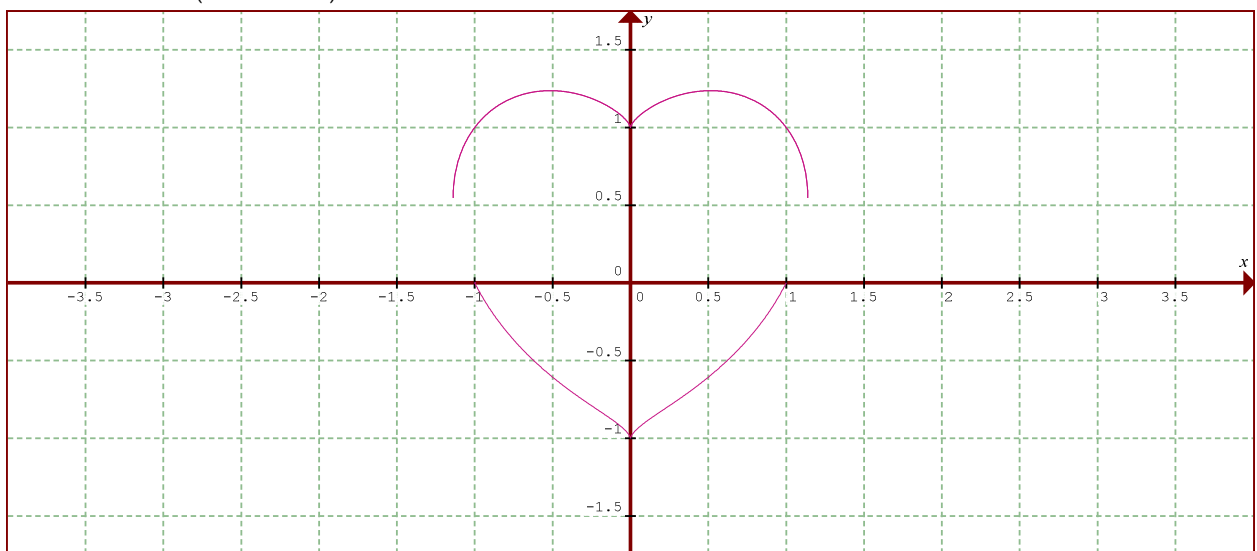
References: [Food and Agriculture Organization of the United Nations \(FAO\)](https://www.fao.org/)



<https://training.acecqa.gov.au/Uploads/files/GN1%20-%20Sustainable%20practices%20and%20environmental%20responsibility.pdf>

From the JHS Mathematics Department

The implicit curve equation $(x^2 + y^2 - 1)^3 - x^2 y^3 = 0$ produces the heart shape.



<https://www.sciensational.com/maths.html>

From the Grade Moderator's Office

Always wear the Lasallian Conduct wherever you are!

To our dear student Grade 7 to 10, be reminded of our Lasallian Values:

1. A Lasallian always wear the ID inside the campus. He/she keep in mind that it is part of the school uniform.
2. A Lasallian is responsible and honest. He/She always secure a blue pass whenever he/she lost or left his ID.
3. A Lasallian is always on time. He/she comes to school earlier and on time to refrain from being late or tardy.
4. A Lasallian is responsible. He/she takes care of his belongings inside and outside the classroom.
5. A Lasallian is courteous and respectful in action and in words. He/she talks nicely and in a low tone of voice whenever he/she speaks to others.
6. A Lasallian is honest. He/she returns the lost and found item to the proper authority and owner.
7. A Lasallian is decent and tidy. He/she is well groomed and wears the proper and prescribed uniform everyday.

8. A Lasallian is peaceful and kind. He/she does not engage in any fight or any other misdemeanor and physical harm to others.
9. A Lasallian upholds the law whenever and wherever. He/she imbibes the spirit of care and concern for others.

FROM THE OVCA – SENIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal

Day to day with St. John Baptist De La Salle

Be convinced that you will know the Gospel better by meditating on it than by committing it to memory. - -Med 170.2

1. For ALL Lasallian Partners

- a. Submission of the Third Quarterly Assessment to the AP office for reproduction will be on or before March 9, 2020.
- b. Please be informed that the Human Resource Department office will have a rollout on March 11, 2020 from 8:00AM – 12:00PM at the BHV Gym. Everyone is expected to be present. The following topics shall be presented:
 - Performance Management System - HRDO
 - Career Pathing Program - HRDO
 - Research Engagement – c/o Office of Research and Publications
 - LIFT Program - c/o ILFO
- c. There will be a DepEd Basic Education Exit Assessment administration for Grade 12 on March 25-26. Everyone is expected to act as room examiners and proctors.

2. For ALL STUDENTS

- a. **By this time, ALL students must be officially enrolled already.**
- b. **Everyone is reminded to use the time properly in studying your lessons and completion of your requirements as you prepare for the Midterm examinations on March 17, 19, and 20.**
- c. This is to inform you that we shall have the PAASCU preliminary visit on April 27-28. In line with this, everyone is expected to:
 - i. Understand fully the DLSL vision mission statement,
 - ii. Be prepared in your class discussion and activities,
 - iii. Accommodate the Administrators in your class for classroom observation,
 - iv. Behave as true Lasallians always in all ways.

3. Dates to Remember

- a. March 5-6 – Grade 12 Retreat (H12-02)
- b. **March 17, 19, 20 – Third Quarterly Assessment**
- c. March 23 – GCash Orientation to SHS

(Note: All students are requested to download already the GCash App.)

First Session - 8:30AM - 10:30AM - Grade 12 STEM

Second Session - 11:00AM-1:00PM - Grade 12 ABM & HUMSS

Third Session - 2:00PM - 4:00PM - Grade 11 STEM, ABM & HUMSS

- d. March 23 – April 3 – Stallion Yearbook Photoshoot
- e. March 25-26 – Basic Education Exit Assessment (BEEA) administration for Grade 12

4. For Grade 12 Students

- a. The following students are requested to see Ms. Daisy Landicho at the Registrar's office **TODAY.**

STEM

Pascua, John Carlo Marcus C. S12-09

Reyes, Christian Joshua A. S12-12

Lontoc, Ma. Vea Teresa R. S12-13

Ong, Angel Jeanette T. S12- 01

ABM

Rellano, Carla Katrina A. A12-02

Esguerra, Rey Bernard D. A12-07

Laylo, Hannah Katrina E. A12-07

Lindog, Carlos Mijhelle U. A12-03

Mauleon, Lester Don Jofrey C. A12-08

Teñoso, Mauren E. A12-04

HUMSS

Olap, Xyrus Nathan A. H12-04

b. On Loyalty Award

LOYALTY AWARD is given to graduating student who has completed the required number of years of study in the Integrated School from Grades 1 to 12. And to verify the completeness and accuracy of the list of student number of the candidates below, all Grade 12 students are required to check it.

For any questions or clarifications, please visit the IS Registrar's Office starting tomorrow, Friday until March 17, 2020 and look for Ms. Daisy Landicho.

0509451	0711085
0509504	0711111
0509676	0711197
0509678	0711202
0509682	0711212
0509683	0711217
0509684	0711240
0509689	0711244
0509707	0711255
0509715	0711265
0509726	0711268
0509740	0711274
0509759	0711360
0509774	0711373
0509782	0711406
0509811	0711481
0509977	0711583
0510035	0811831
0510041	0811839
0510095	0811854
0510103	0811917
0510143	0811923
0610298	0811930
0610389	0811937
0610414	0811938
0610415	0811941
0610420	0811947
0610421	0811950
0610437	0811952
0610446	0811953
0610447	0811957
0610488	0811961
0610499	0811962
0610501	0811966
0610503	0811971
0610508	0811973
0610509	0811977

0610520	0811993
0610529	0812004
0610557	0812006
0610580	0812007
0610597	0812012
0610600	0812020
0610607	0812032
0610634	0812039
0610636	0812042
0610644	0812050
0610653	0812058
0610654	0812069
0610658	0812091
0610663	0812098
0610670	0812158
0610674	0812163
0610686	0812184
0610694	0812187
0610719	0812192
0610755	0812217
0610774	0812226
0610786	0812253
0610796	0812396
0610893	

c. **On Graduation Song Composition Contest**

All Grade 12 students are invited to submit entry for the Graduation Song Composition contest until April 17, 2020. For more details, please look for Ms. Fatima Gumapac at JRF 11.

Graduation Song Contest

I. Guidelines

1. The contest is open to all **graduating SHS students** of De La Salle Lipa.
2. The theme for this year's graduation is: **“Reimagine Education”**. The lyrics must convey the said theme and it should be in English.
3. Each song submitted must be contestant's original work. Song may not exceed five (5) minutes in length.
4. Song may have multiple co-writers.
5. A group's representative may **register** thru this link: <http://bit.ly/GradSongReg2020> until **March 11, 2020**.
6. Each contestant may submit one entry only.
7. Each entry requires the following elements:
 - One song five (5) minutes or less (mp3 saved in a flash drive). It should be the final copy of song with melody and lyrics.
 - A lyric sheet.
 - A completed registration form.
8. Top three (3) finalists will be announced during the SHS Graduating Students' General Assembly. Each song will be played and students will be asked to pick their own choice. Only the first placer

will be declared as a winner and will be awarded with a cash prize (TBA) and a certificate of recognition. They will be acknowledged during the SHS Recognition Day.

9. The organizer has the right to make changes on the guidelines and may disqualify entries if problem arises.
10. Songs will be judged based on melody, composition, originality, lyrics and recording quality.
11. Deadline of submission of entries will be on or before **April 17, 2020**. Look for **Ms. Fatima Gumapac** at **JRF11**.

Criteria for Judging (Elimination)

1. Originality: 20%

Judging a song on originality can be pretty subjective. But then, judging a song on just about any of these criteria is pretty subjective, so we'll just have to recognize that the song is going to be at the mercy of the judges' personal biases and opinions. But what, generally, makes a song original? The easiest way to answer this might be to ask the opposite: what makes a song unoriginal? An unoriginal song is one that sounds like everything else you've already heard, or specifically sounds like the songwriter was listening to certain artists and emulated their sound. The best way to sound more original is to draw your inspiration from multiple sources and try your best not to copy someone else's sound! Let your music come from you, not your influences.

2. Memorable Melodies: 20%

Just like originality, melody is another vague category. It may be judging a melody, but what do they think makes for a good melody in the first place? There's no way to know for sure, really. But the best melodies are usually the ones that stick in your head, so the key might be to write a melody that's as memorable as possible. Song should have a great chorus that a crowd would love to sing along to.

3. Composition: 20%

When it comes to composition, judges will be looking at the overall structure of how the song is put together. The chord progression should feel natural within the song and move it where it needs to be throughout. The song structure should make sense, be memorable and take the listener on the desired journey that you hope to take them on. It will judge the tune on its use of dynamics or instrumental hooks. Composition could mean any number of things, but it mainly means this: all of the elements of song should come together in a clear, concise whole.

4. Lyrics: 20%

Lyrical strategy will depend on what kind of a song you're writing. It might write very confessional, honest lyrics if the song is more personal and intimate. It could write a story in the third person if the song follows more of a narrative structure. Or maybe you're going for poetic lyrics filled with metaphor or a political theme filled with opinion and purpose. Make also sure the theme is consistent throughout the song and your message is clear.

5. Recording Quality: 20%

Here's where the songwriting contest paradox rears its ugly head: most competitions will specifically tell you that they don't judge your song based on sound quality. While this may be partially true, the fact remains that whether they realize it or not, sound quality will inevitably sway their opinion of a song. When two songs that are both well-written go head to head, the one that was recorded professionally will always sound like a better song than the one that sounds like it was recorded on a bedroom 4-track. It also includes the voice quality of the singer and how he/she deliver the song.

IMPORTANT DATES AND REMINDERS:

- | | |
|---|----------------|
| → Deadline of Registration (Google form) | March 11, 2020 |
| → Deadline of submission of song composition | April 17, 2020 |
| → Announcement of Top 3 finalists | TBA |
| → Selection of winner by the graduating batch | TBA |

5. From the SHS CRESCIT publication

Congratulations to the following Grade 11 students for passing Crescit's Audition this second semester held last February 27, 2020 at Nexus Lab.

Feature Writing	Ambon, Juliana Rosemarie Caunan, Andrei John Hendrick
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Illustration	Anonuevo, Carlyle Devon Dimaapi, Cliffe Daniel Araez, Danielle Lei Mendoza, Jean-Paul
Layout	Ayala, Alessandra Kyla Garcia, Fiel Andrei
Literary Writing	Asi, Annika Grace Luces, Jose Miguel Caballes, Kritine Faith Calosa, Dawn Gabrielle
News Writing	Alcantara, Elysa Beatrice Magcawas, Christian Nazarene
Photojournal:	Jerezo, Elaiza Kamelle Dimatatac, Jericho Czar Mojares, Reine Gayuma, Joshua Castillo, Kit Joshua
Scitech	Chavez, Nicolaus Siemon

FROM THE OVCM – STUDENT ACTIVITIES OFFICE:

1. On SCB Project.

This is to remind our Club Moderators that the deadline of submission of “ALA EH! MATATAG KAMI, Tatag Batangueño” Signature Campaign is on or before March 13, 2020. We would like to thank those clubs who already turned in the collection at the SAO. Thank you so much for your generosity. Please note that this is NOT COMPULSORY however; you are highly encouraged to support this project for the benefit of our brothers and sisters at Cesar Oraña Elementary School, Balete, Batangas and Kalawit Elementary School, Balete, Batangas who were greatly affected by the TAAL Volcano eruption. Thank you.

2. On Pilgrimage of Club Moderators

Calling all Club Moderators in the Integrated School to join the annual Pilgrimage and Outreach Activity on April 4, 2020. This will be held in various chapels of Lasalle schools in South Luzon: DLSU-Dasmariñas, De La Salle Health and Science Institute, DLS-Zobel and DLSU-Science and Technology Campus, Canlubang. Only 20 slots are available. Deadline of enlistment is on March 18, 2020. Please note that available slots shall be given to other Lasallian Partners who are interested to join the activity. There will be Outreach Activity at Bahay Pag-asa, a transformation center for children in conflict with the law. Corresponding CIO points under internal engagement shall also be given to all participants. You may please coordinate with the SAO for other details and enlistment process. Thank you very much.

FROM THE OVCM – GUIDANCE AND COUNSELING CENTER:

1. Today is the last day of the **Career Exhibit** entitled “*Envision Journey to My Future Career,*” at the **Grade School Guidance and Counseling Center**. We encourage all students to participate in the different career activities. Thank you.

2. For Grade 11 & 12 Students:

a. As part of the Guidance Program and Development, all Senior High School students are requested to accomplish the SHS Problem Checklist until today, March 6, 2020. Please log-in using your DLSL account and access this link: tinyurl.com/shspc2019

b. **College Readiness Test (CRT) Results of Grade 12 students** are now available for interpretation and release. Sections scheduled for this week (March 2-6, 2020) are S12-06, S12-07, S12-08, 12-06, A12-07 & A12-08. Please schedule your appointment by signing up on the Appointment Sheet located at the SHS Guidance Office, 3rd floor, Mabini Building. However, you are required to **accomplish first the SHS Problem Checklist prior to scheduling an appointment to get your CRT result**. Thank you.

3. Looking ahead:

March	Activity
6 – 31	Processing of Senior High School and College Application

	Forms
4,11,18 & 25	PAASCU Preparations
20	Grades 4 – 6 Structured Homeroom
23-24	Grade 6 OLSAT Administration
26	Grade 4 CFIT Administration
27, 30-31	Grade 7 HSPQ Administration
23-24	Grade 5 CPQ interpretation
27	Grade 6 ANAK Talk

FROM THE COMMUNITY INVOLVEMENT OFFICE

Please be advised of the schedule of orientations and the Grade 3 KAIBIGAN Exposure and Outreach Activity for the School Year 2019-2020:

ORIENTATION	Grade 3 KAIBIGAN	DLSL	PARTNER SCHOOL
March 9	March 31, 2020	BB 204	Emilia L. Malabanan Integrated School Paninsingin Elem. School Tibig Elem. School
March 9		BB 205	
March 10		BB 206	
March 10		BB 210	
March 13		BB 211	
March 13		BB 212	

The grade 6 students will be having their re-orientation for the revised program of the Grade 6 KAAGAPAY on the following dates:

ORIENTATION	SECTION	PARTNER SCHOOL
March 6	BB 403	Paninsingin Elem. School
March 6	BB 404	Paninsingin Elem. School
March 6	BB 405	Tibig Elem. School
March 6	BB 406	Tibig Elem. School

FROM THE OVCM – SPORTS DEVELOPMENT OFFICE:

A. On 2020 CALABARZON Heroes Games

1. With the adverse effects of the calamity brought about by the eruption of Taal Volcano and CoViD-19, the conduct of the **2020 CALABARZON Heroes Games (STCAA/Regional Meet)** shall now be held on **March 22-28, 2020** to be hosted by **Schools Division of Dasmariñas City**. Our school will be sending **94 student athletes** who will represent the **Province of Batangas**.
 - a. Grade School - 35 Student Athletes
 - b. Junior High School – 28 Student Athletes
 - c. Senior High School – 31 Student Athletes

B. NCAA Games

2. Please excuse the following student athletes because they are lined-up to represent our school in the NCAA Games. Most of these athletes will also participate in the CHG. Thank you very much.

a. NCAA-South Volleyball Games

HS Volleyball Boys (14)

Game Date and Time: March 6 (Friday), 9:00am at San Beda College Alabang

: March 9 (Monday), 9:00am at San Beda College Alabang

: March 13 (Friday), 12:00nn at San Beda College Alabang

: March 16 (Monday), 3:00pm at San Beda College Alabang

1	Bustamante, John Carlos Benedict DL.	7	LS 112	8	Lingao, Matt Daniel C.	11	S11-16
2	Cuenca, Jeremi Pierre R.	9	LS 302	9	Manalo, Neil Ryan O.	12	S12-01
3	De Castro, Jonathan S.	11	A11-01	10	Rosales, Alvin L.	11	S11-03
4	Hernandez, Chris Emmanuel D.	9	BM 100	11	Samonte, Warren O.	12	H12-02

5	Hernandez, Kris Gabriel D.	7	LS 112	12	Sta. Ana, Gelmiek Genmhov V.	11	S11-10
6	Hidalgo, Paolo T.	11	S11-04	13	Umali, Kenrod Benedict T.	11	A11-04
7	Lantin, Julian Miguel B.	11	S11-01	14	Villanueva, Chris Lorenz M.	10	CMR 201

b. HS Volleyball Girls (14)

Game Date and Time: March 6 (Friday), 9:00am at San Beda College Alabang

: March 9 (Monday), 9:00am at San Beda College Alabang

: March 13 (Friday), 9:00am at San Beda College Alabang

: March 16 (Monday), 3:00pm at San Beda College Alabang

1	Angeles, Ma. Kristina Cassandra P.	10	BM 102	8	Lipat, Jacquelin Margaret R.	8	LS 310
2	Atienza, Ayeeshah Sandrine B.	9	LS 307	9	Lique, Yannah Ysabel U.	10	BM 203
3	Carandang, Lara Justine H.	12	S12-08	10	Maglinao, Majella Mari R.	10	BM 203
4	Cubilla, Adriane Jarie L.	11	H11-01	11	Magnayi, Ashley Nicole Jeremy N.	8	LS 412
5	Dimaano, Shane Andrei J.	8	LS 401	12	Regalado, Tracy Elisse T.	10	BM 102
6	Gonzalbo Emmanuela Rain D.	10	CMR 201	13	Rocafort Alyanna Margueritte M.	9	BM 101
7	Hernandez, Krystal Lyka D.	11	S11-05	14	Suan, Mary Juliana Lauren N.	11	S11-09

c. NCAA-South Basketball Games

HS Basketball Boys (15)

Game Date and Time: March 7 (Saturday), 10:30am at San Beda College Alabang

: March 10 (Tuesday), 9:00am at San Beda College Alabang

: March 12 (Thursday), 9:00am at San Beda College Alabang

: March 14 (Saturday), 9:00am at San Beda College Alabang

: March 16 (Monday), 3:00pm at De La Salle Lipa SENTRUM

1	Adaya, Rhys Amiel A.	12	S12-08	9	Limbo, Clarence Ivan U.	11	S11-07
2	Ayong, Jaron Cartney P.	10	CMR 202	10	Macaraig, John Emmanuel C.	11	S11-15
3	Bait, Jeryk Dwight Raphael R.	10	BM 203	11	Pena, Antonio Bien M.	11	S11-14
4	Bayawa, John Brian A.	12	S12-01	12	Reyes, Jethro Murray C.	12	S12-16
5	Cantos, Lawrence Godfrey V.	11	S11-02	13	San Jose, Ian Vincent M.	11	A11-06
6	Cruzat, Cyrus Dexter M.	12	A12-05	14	Untalan, Rainniel S.	9	LS 305
7	Cubilla, Aldrei Janiel L.	9	BM 100	15	Vanguardia, Angelo Joshua U.	10	CMR 201
8	Enriquez, Mathew Lawrence L.	10	BM 202				

FROM THE INSITUTIONAL HEALTH SERVICES:

For Grade 4 to Grade 12 Students

Dear Students,

The Institutional Health Services (Clinic) is conducting survey on the health services we provide in our institution. Your response will be of great help in improving our services in the promotion of good health. Accomplishment of the evaluation tool will be until March 17, 2020. Kindly click the link below for the Survey Questionnaire..

https://docs.google.com/forms/d/e/1FAIpQLScimYGkYkkxm-o6bdxcaXs5leKjXFr6P-J69gkdbVznIXB7mQ/viewform?usp=sf_link

<https://forms.gle/4HtfduDPwvQTpGEe9>

(continuation... Oral Health)

Types of dental and oral diseases

Cavities

Cavities are also called caries or tooth decay. These are areas of the tooth that have been permanently damaged and may even have holes in them. Cavities are fairly common. They occur when bacteria, food, and acid coat your teeth and form a plaque. The acid on your teeth starts to eat away at the enamel and then the underlying dentin, or connective tissue. Over time, this can lead to permanent damage.

Gum disease (gingivitis)

Gum disease, also called gingivitis, is inflammation of the gums. It's usually the result of plaque building up on your teeth due to poor brushing and flossing habits. Gingivitis can make your gums swell and bleed when you brush or floss. Untreated gingivitis can lead to periodontitis, a more serious infection.

Periodontitis

As periodontitis progresses, the infection can spread to your jaw and bones. It can also cause an inflammatory response throughout the body.

Cracked or broken teeth

A tooth can crack or break from an injury to the mouth, chewing hard foods, or grinding the teeth at night. A cracked tooth can be very painful. You should visit your dentist right away if you've cracked or broken a tooth.

Sensitive teeth

If your teeth are sensitive, you might feel pain or discomfort after having cold or hot foods or beverages.

Oral cancer

A dentist is usually the first person to recognize oral cancer. Tobacco use, such as smoking and chewing tobacco, is the biggest risk factor for oral cancer.

The bottom line about dental and oral health

Your oral health has an effect on more than just your teeth. Poor oral and dental health can contribute to issues with your self-esteem, speech, or nutrition. They can also affect your comfort and overall quality of life. Many dental and oral problems develop without any symptoms. Seeing a dentist regularly for a checkup and exam is the best way to catch a problem before it gets worse.

Don't forget to schedule regular dental check-ups to keep your smile, and yourself, healthy.

<https://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/dental/art-20047475>

<https://www.cdc.gov/oralhealth/basics/childrens-oral-health/index.html>

<https://www.healthline.com/health/dental-and-oral-health#symptoms>

FROM THE DLSL MULTI PURPOSE COOPERATIVE:

Attention DLSL-MPC members! Nominations are now open!

The annual cooperative election is scheduled on March 29, 2020 during the DLSL-MPC General Assembly.

We are inviting nominations for FIVE (5) positions for Board of Directors, THREE (3) Audit Committee, and THREE (3) Election Committee. Nomination forms are available at the guards' desk nearest to the biometric terminals. Kindly submit the nomination form to any of the following election officers:

Ms. Jaylyn Sanchez – JRF103

Ms. Marian Peña – ACO (Elem)

Ms. Mina Samson – BMF2

IMPORTANT DATES:

- Closing date for nominations – March 12, 2020
- Evaluation of Certification of Candidacy – March 13-16, 2020
- Campaign Period – March 17-28, 2020
- Elections Proper – March 29, 2020 (7AM-9AM)
- Proclamation of winners – March 29, 2020 (11AM)
- Appeal – March 30, 2020 (24 hours after proclamation)

