



ANG MABUTING BALITA (Mt. 25:1-13)

Ang Mabuting Balita ng Panginoon ayon kay San Mateo

“Ang kaharian ng langit ay maitutulad dito. May sampung dalagang lumabas upang sumalubong sa lalaking ikakasal. Bawat isa’y may dalang ilawan. Ang lima sa kanila’y hangal at ang lima nama’y matatalino. Ang mga hangal ay nagdala ng kanilang mga ilawan ngunit hindi nagbaon ng langis. Ang matatalino nama’y nagbaon ng langis, bukod pa sa nasa kanilang mga ilawan. Naantala ang pagdating ng lalaking ikakasal kaya’t inantok at nakatulog sila sa paghihintay.

“Ngunit nang hatinggabi na’y may sumigaw, ‘Narito na ang lalaking ikakasal! Lumabas na kayo upang salubungin siya!’ Agad bumangon ang sampung dalaga at inayos ang kanilang ilawan. Sinabi ng mga hangal sa matatalino, ‘Bigyan naman ninyo kami kahit kaunting langis. Aandap-andap na ang aming mga ilawan.’

‘Baka hindi ito magkasya sa ating lahat. Mabuti pa’y pumunta muna kayo sa tindahan at bumili ng para sa inyo,’ tugon naman ng matatalino. Kaya’t lumakad ang limang hangal na dalaga. Habang bumibili sila, dumating ang lalaking ikakasal. Ang limang nakahanda ay kasama niyang pumasok sa kasalan, at isinara ang pinto.

“Pagkatapos, dumating naman ang limang hangal na dalaga. ‘Panginoon, Panginoon, papasukin po ninyo kami!’ sigaw nila. “Ngunit tumugon siya, ‘Tandaan ninyo, hindi ko kayo nakikilala.’” Pagkatapos nito’y sinabi ni Jesus, “Kaya’t magbantay kayo, sapagkat hindi ninyo alam ang araw o ang oras man.”

MISSION VISION

“Inspired by our faith in God, by our Catholic traditions and by the charism of St. John Baptist de La Salle educational innovator par excellence, we together and by association are committed to give quality human and Christian education to all building a society founded on equity and justice and on sustainable and inclusive development.”

FROM THE OVCA – OFFICE OF THE INTEGRATED SCHOOL PRINCIPAL:

1. We sincerely congratulate and thank all the members of the Integrated School Family, the members of the Brothers’ Community, and all the members of De La Salle Lipa Community who contributed to the success of the Pastoral Visit of our beloved Archbishop Gilbert “Arch B” Garcera. Once again, we have proven that there is no good thing we cannot do when we work together and by association. May the blessings we and our respective families have received through his visit make us more committed to our Lasallian mission and help us consistently show that Lasallians Observe Values and Excellence always. Animo La Salle! Live Jesus in our...forever!
2. Congratulations and thank you to all our Green Stallion Athletes! As always, you have done your best to give glory to God and pride and honor to our institution in your respective sports events. Likewise, you have proven that Lasallians Observe Values and Excellence always as you have shown Respect for God, Respect for Self, Respect for Others, and Respect for the Environment during the District Meet 2019. We are awed to see how you humble you are in victory and gracious in defeat. May you always be safe and victorious! God bless you all as you work your way to Palarong Pambansa 2020!
3. Marubdob na pagbati at passalamat sa mga kasapi ng Kagawaran ng Filipino at sa lahat ng mga guro at mag-aaral na nakiisa sa matagumpay na pagiriwang ng buwan ng wika. Nawa ang lahat ng karanasang kaakibat ng mga gawaing inihanada ng kagawaran ay lalo pang magpaalab ng ating pagmamahal sa ating sariling wika.

FROM THE OVCA – GRADE SCHOOL COMMUNITY:

From the Assistant Principal

1. Commendation to the whole community for observing true Lasallian values during the pastoral visit of Archbi yesterday.
2. Letter to parents on DPA will be distributed to parents. Kindly explain its content to our dear young Lasallians.
3. Looking Ahead
Sept. 1 – Haircut Inspection

From the Social Studies Department

Talk on History of Kapeng Barako

As we end the celebration of the History Month, we have invited a resource speaker to give input to our Grade 6 students about the History of Kapeng Barako. This will be held today at 1:30pm at the BHV gym. Movement to the venue is right after the 1 o’clock prayer together with the subject teachers. Proper behavior of students during the talk must be observed.

Thank you very much!



FROM THE OVCA –JUNIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal

1. Thank you very much to the following classes who have already turned over their prayer intentions and donation envelopes:

Grade 7:
LS 108 of Ms. Diana Litan
Grade 8:
LS 408 of Ms. Glydelene Ona

Other classes are reminded to turn over their envelopes to the office of Junior High School Assistant Principal on or before September 4, 2019. Thank you very much!

2. We would like to thank everyone for the warm welcome given to His Excellency Most Rev. Girbert Garcera. Let us thank the Lord for that wonderful blessing of his presence in our institution. Let us ask the Holy Spirit to constantly descend upon him and sanctify him as God’s ardent servant, consecrated in holiness that he may be moulded into the true likeness of Jesus Christ and to be a compassionate shepherd to us, his people. May his flock multiply!
3. This is to appeal to all students who are buying their lunch at the BB canteen to give way to your younger brothers and sisters from the Grade School community. Please be considerate and kind ayes and kuyas to them by allowing them to buy first.
4. We shall follow the DAY 3 schedule on Monday. Please be guided accordingly.
5. Please be reminded that as we celebrate our “Piyestang Pinoy” this afternoon, let us see to it that we do not lavishly do it or do not be extravagant. Everyone is expected to clean the classroom and arrange the cloud chairs after the piyestahan. Dismissal time will be the time indicated in your individual class schedule (DAY 2).

From the JHS Science Department

The Science Academic Varsity is now looking for the new members from Grade 7-10 students who would like to be a Science enthusiasts and be part of the Science Academic Varsity 2019 -2020. There will be a qualifying exam on Wednesday, September 4, 2019 at 3:10 PM in Science AVR 4th floor LS Building. The topics of the exam include General Science, Biology, Chemistry and Physics.

FROM THE OVCA –SENIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal

Day to day with St. John Baptist De La Salle

“Let God reign in your heart by his grace and by the fullness of his love.” (Med 67.1)

1. **For ALL**
 - a. As the WEST DISTRICT ATHLETIC MEET 2019 continues, the whole SHS community wishes all the BEST to all the DLSL Athletes (especially Athletes from SHS). May you always have enough strength and power to achieve the goal. God bless you always!
2. **On the Visit of the Relic of St. John Baptist De La Salle** - The DLSU Advancement and Alumni Relations Office is currently in charge of managing the prayer intentions and donation box accompanying the relic of our founder, St. John Baptist De La Salle. They are also in charge of the fundraising campaign for the building of the Shrine of St. John Baptist De La Salle where his relic will be housed.

In connection to this, we are humbly asking for your help and generosity to donate and be part of this momentous project. Prayer petitions and donation envelopes will be distributed to each class. Whatever amount you will donate will be of help in this noble project which will help us share to everyone the Lasallian legacy of faith, service and communion.

Please be informed that there will be a prayer service for each class under CLCE Course in the Capilla as part of our veneration to our founder Saint John Baptist De La SALLE. Thank you and God Bless!

Thursday

S12-08	TH	12:00AM	01:00PM	Manalo, Arnel T.
S11-03	TH	09:30AM	10:30AM	Guerrero, Daren Heart M.
S11-13	TH	12:00AM	01:00PM	Guerrero, Daren Heart M.
A11-07	TH	03:00PM	04:00PM	Fider, Daniel Rei
S12-07	TH	09:30AM	10:30AM	Fider, Daniel Rei

S12-09	TH	02:00PM	03:00PM	Oandasan, Jaeson Jinn
A11-06	TH	11:00AM	012:00PM	Oandasan, Jaeson Jinn
H12-03	TH	02:00PM	03:00PM	Lirio, Jose
A12-08	TH	08:30AM	9:30AM	Recto, John Issel A.
A11-05	TH	08:30AM	9:30AM	Lubis, Ralph Vincent C.
S11-01	TH	11:00AM	12:00PM	Lubis, Ralph Vincent C.
S11-02	TH	02:00PM	04:00PM	De Torres, Christine Joy
A12-01	TH	11:00AM	01:00PM	De Torres, Christine Joy

3. Tour of the Relic of St. John Baptist De La Salle to Cathedral

- Please be informed that the Relic of St. John Baptist De La Salle will be brought to San Sebastian Parish, Cathedral Lipa City today, Friday, for general public veneration. There will be Mass at 9:00AM in the Cathedral. Expected Time of Departure from DLSL (in front of SENTRUM) will start at 7:30AM. Vehicles will be provided by the school.
- In line with this, the Grade 12 ABM and HUMSS classes are requested to attend the said activity. Hence, all class presidents are requested to get the Waiver Forms from the GM's/DO's office, particularly, Ms. Mercy. Then, kindly distribute to the members of your respective classes. Class secretaries will be the one to check the attendance in the morning before leaving the campus and in the Cathedral.

4. For the Lasallian Partners

- Please be informed that the SHS Community Assembly will be moved sometime in September due to conflicts of schedule of activities and reservation of venue.

5. Dates to Remember

- August 17-September 6 – Visit of the RELIC of the founder, St. John Baptist De La Salle
- August 29 – Pastoral Visit of Archbishop Gilbert Garcera
- August 30 – Relic Tour to Cathedral (Participants – Grade 12 ABM and HUMSS classes – For Class Presidents, kindly get waiver forms from the AP office today.)

Mula sa Departamento ng Filipino

Mayad nga aga! (Kinaray-a) Magandang umaga! Daghang salamat sa lahat sa pakikiisa sa pagdiriwang ng Buwan ng Wika.

Karagdagang kaalaman: sa iba't ibang wika sa Pilipinas

Salin ng <i>Mahal kita</i>	Wika sa Pilipinas
Kaluguran daka!	(Kapampangan)
Gihigugma tika!	(Cebuano)
Palangga ta ka!	(Hiligaynon)
Hinihigugma ko ikaw/Ginihigugma ko ikaw/Pina-ura ta ikaw	(Waray)
Ay-ayaten ka	(Ilocano)
Inaro taka	(Pangasinense)
Inmomootan ta ikaw/Namomoot ako sa imo!	(Bicolano)
Ginamahal ko ikaw!	(Bisaya)
Ginahigugma kita	(Ilonggo)

Para sa JHS

Tara na! Tayo na pong makipamiyesta sa komunidad ng Junior High School mamaya na po iyan sa ganap na 12:00 ng tanghali sa mga silid-aralan ng Baitang 7 at 8 at ika-1:00 ng hapon sa Baitang 9 at 10. Ngunit bago po tayong mamiyesta ay saksihan muna natin ang patimpalak sa pagwapuhan at pagandahan ng Baitang 10: "Lakan at Lakambini 2019" sa Br. Henry Virgil Gymanasium sa ganap na ika-9:00 hanggang 11:00 ng umaga. Narito ang mga kalahok:

KALAHOK	SEKSYON	GURONG TAGAPAYO	GURO SA FILIPINO
Karmela Gwyneth D. Casanova	BM 102	Gng. Noemi Dimaunahan	Gng. Noemi Dimaunahan

Frank Jason L. Pasia	BM 103	Gng. Eufrucina Yabut	Gng. Noemi Dimaunahan
Euan Chrysler T. Alimurong	BM 104	Bb. Marlene Briones	Gng. Noemi Dimaunahan
Maika Margaret L. Gonzales	BM 105	G. Kevin Lorenz Dimaunahan	Gng. Aurora Buquir
Jhonalynne L. Uy	BM 201	Gng. Angela Calingasan	Gng. Jelyn Bril
Kendrick Vince L. Tumaming	BM 202	Gng. Mina Samson	Gng. Jelyn Bril
Izzy Denise A. Bongon	BM 203	G. Alan Cadelina	Gng. Rodelia Beltran
Ace Varun M. Festijo	BM 204	Gng. Jelyn Bril	Gng. Jelyn Bril
Christienne Sigrid F. De Jesus	BM 205	G. Jef Delizo	Gng. Jelyn Bril
Shanlane Allyza A. Diaz	BM 206	Gng. Rina Uy	Gng. Rodelia Beltran
Jericho L. Banaybanay	CMR 201	Bb. Jenny Ronna Dimaculangan	Gng. Rodelia Beltran
Derick Matthew Talay	CMR 202	G. Aldwin Baldovino	Gng. Rodelia Beltran
Vincent A. Estrera	CMR 204	Bb. Fatima Rivera	Gng. Rodelia Beltran
Lance Naithan V. Manguerra	CMR 205	G. Bryan Lord Taningco	Bb. Margie Laraya
Victoria Pauline L. Lualhati	CMR 206	Gng. Karesh Fabro	Gng. Noemi Dimaunahan
	CMR 207	Gng. Rosalie Fortus	Gng. Noemi Dimaunahan

Pinapaalalahanan din po ang mga mag-aaral ng Baitang 10 na dalhin ang kanilang cellphone para sa isasagawang poll.

Pagbati naman sa mga mag-aaral ng Baitang 9 sa mga nagwagi sa paligsahan sa “Mema, Hugot at Wika”.

Karangalan	Kalahok	Guro sa Filipino	Gurong Tagapayo
UNANG GANTIMPALA	Euclid Yabut - LS 305	Bb. Margie Laraya	Bb. Myracle Aguila
IKALAWANG GANTIMPALA	Bianca Garing - LS 309	Bb. Margie Laraya	Bb. Jasmin Amparo
IKATLONG GANTIMPALA	Eula Ysabel Gilera LS 308	Bb. Clarisse Moren	Gng. Caryl Aissa Maranan

Paalaala rin po sa mga maghahanda na panatiliing malinis at maayos ang klasrum pagkatapos ng piyestahan. Maraming salamat.

Para sa SHS

Pagbati at pasasalamat kay Bb. Ever Aleta at sa sumusunod na mga mag-aaral sa pagiging kampeon sa naganap na Talaisipan (Quiz Bee) sa DLSU Manila noong Agosto 23, 2019. Ang nasabing patimpalak ay sinalihan ng 31 paaralan/kalahok.

S12-12 - Samaniego, Jose Maria G.

S12-13 - Cepillo, Trisha Angeli G.

Cruz, Frances Joyce L.

Ng, Daphne Angelique R.

Rosales, Zoephia Ann D.

FROM THE OVCA - STUDENT ACTIVITIES OFFICE:

1. **On Election of Class Officers in Grade School.** Today is the election of Class Officers in Grade School. The elected Secretary is requested to please forward the List of Class Officers to the Student Activities Office. We are

calling the attention of Junior High School and Senior High School Elected Secretaries to please forward the List of Elected Class Officers to the SAO ASAP. Thank you.

2. **On Election of Grade 11 SCB Officers.** Today is the election of Grade 11 SCB Officers. Please be guided with the following:
 - a. The Academic Advisers and first Subject Teachers are requested to please facilitate the on-line election for Grade 11 SCB Officers.
 - b. Follow the link <https://tinyurl.com/DLSLSCBG11Elections> and take the on-line votation seriously.
 - c. You could only vote on-line **ONCE** using your DLSL account only. Other accounts shall not be VALID and accepted.
 - d. The on-line votation shall be opened at exactly 8:30AM until 12:00 noon only.
 - e. The partial results shall be made available at 10:30AM, 1st floor JRN Bldg and the final result at the South Lounge, 1:00PM.

Goodluck to the following SCB Candidates in Grade 11:

SENTRO Partylist:

Bendaña, Pamela R. (Vice President)

ARMAMENTO, KATE DANIELLE (STEM REPRESENTATIVE)

LEYESA, GEROME (STEM REPRESENTATIVE)

ALVAREZ, AZENITH MERRILL (STEM REPRESENTATIVE)

MACATANGAY, GERALDINE LEX (ABM Representative)

LEONES, SAMANTHA JOANNE MARIE (ABM REPRESENTATIVE)

PANGILINAN, MICHAELLA (ABM Representative)

DIPASUPIL, JHUSTIN GABRIEL (HUMSS representative)

PLOTADO, PRINCESS ALLYSSA (HUMSS Representative)

SILANG Partylist:

EUGENIO, ENDREI MIGUEL (Vice President)

ALDOVER, KARLEN NICOLE (STEM REPRESENTATIVE)

DINGLASAN, QUIENNIE ANN (STEM REPRESENTATIVE)

SALDUA, FRANCHIESKA (STEM REPRESENTATIVE)

BREIS, JANELLE ABBY (ABM Representative)

MACATANGAY, GERALDINE JUR (ABM Representative)

MENDOZA, ANNA CARMELA (HUMSS representative)

RUBIS, PETER ANDREI (HUMSS representative)

3. **On Election of Grade 7 SCB Officers.** The SCB Candidates in Grade 7 shall have a meeting with Ms. Jo at the SAO today during the Homeroom Period. Guidelines on Campaign and Election shall be discussed. On-line election of Grade 7 SCB is scheduled on September 4. Thank you.
4. **On Club Day and Enlistment.** We shall start the Partial Club Enlistment on Wednesday, September 4 for both Grade School and Junior High School. The List of Club Offerings and room assignments shall be published and will be made available at the SAO. Please take note of the following dates:
 - September 6** – Club Day of JHS at the SENTRUM from 2:00 – 4:00
 - September 11** – Club Enlistment of GS and JHS

FROM THE OVCA- LEARNING RESOURCE CENTER:

QR Code for Online Databases



EBSCO Host



ProQuest



Pressreader



World Book Online

FROM THE OVCM- IS GUIDANCE AND COUNSELING CENTER:

- 1. For Grades 2 and 3 Students and Homeroom Advisers:** Students are requested to submit their SPR and SPDR forms to their adviser until Monday, September 2, 2019. Thank you.
- 2. For Grade 3-BB205 Homeroom Advisers and Students:** Please be informed that you will be having your Room-to-Room Guidance Services Reorientation at **2:00 – 3:00pm today, August 30, 2019.**
- 3. For Grades 4-6 new students and transferees who signed up for the small group: Moving to a New School, A Transition Group for Grade Schoolers:** There will be a group orientation **today, August 30, 2019, 3:00 – 4:00 pm**, at the Grade School IS Guidance and Counseling Center. Thank you.
- 4. Grades 4- 12 Students:** Students are requested to accomplish the Student Personal Data Record thru the following links until **August 31, 2019:**
 - GRADE 4:** <https://tinyurl.com/grade-4spdr>
 - GRADE 5:** <https://tinyurl.com/grade-5spdr>
 - GRADE 6:** <https://tinyurl.com/grade-6spdr>
 - GRADE 7:** <https://tinyurl.com/Grade-7spdr>
 - GRADE 8:** <https://tinyurl.com/Grade-8spdr>
 - GRADE 9:** <https://tinyurl.com/Grade-9spdr>
 - GRADE 10:** <https://tinyurl.com/Grade-10spdr>
 - GRADES 11 & 12:** tinyurl.com/spdr2019
- 5. For Grade 7 Students:** Class presidents are requested to submit their class SPR to the IS Guidance and Counseling Center until Sept 6, 2019. Thank you.
- 6. For Grade 8 Transferees:** Submission of accomplished Student's Personal Record (SPR) is until today, August 30, 2019.
- 7. For Grade 9 Homeroom Advisers, Subject Teachers, and Students:** Big thanks for accommodating Ms. Minnie Mallari during the Room to Room Guidance Re-Orientation. Those students who were absent during the activity may see Ms. Minnie for the results and interpretation of their CEM Achievement Test and PACT CEM Career Interest Profiler during lunch break.
- 8. For Grade 12 Students:** Please note that the Senior High School Counselors can only accommodate college applications (submission, releasing, and queries) during the following schedules: *Monday to Friday*
 - 10:30AM - 11:30AM
 - 1:00PM - 2:00PM
 - 4:00PM - 5:00PM
- 9. Grade 12 UST applicants:** Please be informed that De La Salle Lipa will no longer be an External Testing Center of UST. Nonetheless, we will still be processing UST grade forms.

10. Looking Ahead:

Date	Activity	Participants
1- 30	Processing of Senior High School and College Application Forms	Grade 10 and 12 Students
1 – 30	Suicide Prevention Awareness Month	
9 – 30	Career Assessment	Grade 10 Students
10 (Tues)	Parents' Assembly	Grade 10
10	Parents' Assembly	Grade 7 (5 sections) New
11	Celebration of World Suicide Prevention Day	Grade 11 and 12
11 & 18	Structured Homeroom Guidance	Grades 7 – 10
13 & 20	Structured Homeroom Guidance	Grades 4 – 6
11 (Wed)	Parents' Assembly	N1 – G3
11	Parents' Assembly	Grades 4 – 6
12	Parents' Assembly	Grade 7 (5 sections)
12	Parents' Assembly	Grade 7 (5 sections)
16 – 27	1 st Counselor's Time	N1 – Grade 3

FROM THE OVCM – COMMUNITY INVOLVEMENT OFFICE:

Schedule of orientations and Exposure & Outreach Activities for the Grade 7 PAGGABAY Exposure & Outreach Activity for this School Year 2019-2020:

Orientation		Date of PAGGABAY	DLSL Grade 7 Students	Partner School
Date	Time			
	8:20 - 8:40am	Sept. 4, 2019	LS 101	Paninsingin ES
	8:40 - 9:00am		LS 102	
	10:00 - 10:20am	Sept. 6, 2019	LS 105	Tibig ES
11:00 - 11:20am	LS 106			
Sept. 2, 2019 (Monday)	8:20 - 8:40am	Sept. 11, 2019	LS 107	ELMIS
	8:40 - 9:00am		LS 108	
	10:00 - 10:20am	Sept. 13, 2019	LS 109	Paninsingin ES
	11:00 - 11:20am		LS 110	
Sept. 9, 2019 (Monday)	8:20 - 8:40am	Sept. 25, 2019	LS 111	Tibig ES
	8:40 - 9:00am		LS 112	
	10:00 - 10:20am	Sept. 27, 2019	LS 201	ELMIS
	11:00 - 11:20am		LS 202	
Sept. 10, 2019 (Tuesday)	8:20 - 8:40am	Oct. 16, 2019	LS 210	Paninsingin ES
	8:40 - 9:00am		LS 211	
	10:00 - 10:20am	Oct. 18, 2019	LS 212	Tibig ES

The orientations will be held at their respective classroom for 20 minutes on the stated dates and time, while the Exposure & Outreach Activities will be held from 8:00am to 12:00nn at the Retreat Complex. The processing session will be held in the afternoon which will be handled by the Institutional Lasallian Formation Office (ILFO)

FROM THE HRDO – INSTITUTIONAL HEALTH SERVICES:

OBESITY PREVENTION AWARENESS

Preventing Obesity

Obesity is a chronic disease affecting increasing numbers of children, teens and adults.

Earlier onset of type 2 diabetes, heart and blood vessel disease, and obesity-related depression and social isolation in children and teens are being seen more often by healthcare professionals. The longer a person is obese, the more

significant obesity-related risk factors become. Given the chronic diseases and conditions associated with obesity and the fact that obesity is hard to treat, prevention is extremely important.

A primary reason that prevention of obesity is so vital in children is because the likelihood of childhood obesity persisting into adulthood increases as the child ages. This puts the person at high risk of diabetes, high blood pressure, and heart disease.

to be cont...

SCHEDULE OF MEDICAL AND DENTAL

Date	Time	Medical	Dental
September 2, Monday	10:00 AM – 11:00 AM		7 LS 105
	2:00 PM – 3:00 pm	7 LS 102	
September 3, Tuesday	9:40 AM – 10:40 AM	10 CMR 207	
	10:00 AM – 11:00 am		7 LS 106
September 4, Wednesday	10:00 – 11:00		6 BB 403
	2:00 – 3:00	10 CMR 206	
September 5, Thursday	10:00 – 11:00		7 LS 101
	2:00 – 3:00	7 LS 110	
September 6, Friday	10:00 – 11:00		7 LS 109
	2:00 – 3:00	7 LS 111	