



Thursday, May 2, 2019

**GOD’S WORDS FOR TODAY (Jn. 3:31-36)**

*The Holy Gospel according to St. John*

He who comes from above is above all; he who is of the earth belongs to the earth, and of the earth he speaks; he who comes from heaven is above all. He bears witness to what he has seen and heard, yet no one receives his testimony; he who receives his testimony sets his seal to this, that God is true. For he whom God has sent utters the words of God, for it is not by measure that he gives the Spirit; the Father loves the Son, and has given all things into his hand. He who believes in the Son has eternal life; he who does not obey the Son shall not see life, but the wrath of God rests upon him.

**REFLECTION:**

If you choose to obey God's voice and to do his will, then you will know and experience that abundant life which comes from God himself. If you choose to follow your own way apart from God and his will, then you choose for death – a spiritual death which poisons and kills the heart and soul until there is nothing left but an empty person devoid of love, truth, goodness, purity, peace, and joy. Do your choices lead you towards God or away from God?

**PRAYER:**

Lord Jesus, give me courage to always choose what is good, true, and just and to reject whatever is false, foolish, and contrary to your holy will. Amen.

**MISSIONVISION**

“Inspired by our faith in God, by our Catholic traditions and by the charism of St. John Baptist de La Salle educational innovator par excellence, we together and by association are committed to give quality human and Christian education to all building a society founded on equity and justice and on sustainable and inclusive development.”

**FROM THE RESOURCE SUSTAINABILITY AND GENERATION OFFICE**

**To All Junior & Senior High School Students:**

**On Campus Surveys:** As part of our commitment to serve you better, please be informed that we are currently conducting a survey following the google form links below:

For Print and Copy Center - <https://bit.ly/2Pq89x7>

For Coffee Shop - <https://bit.ly/2UvlgxX>

This survey will run from April 25 - May 10, 2019. Your active participation in this survey will certainly help us in improving our services. We fervently hope for your usual support to all our endeavors. Thank you very much.

**FROM THE OVCAR – INTEGRATED SCHOOL PRINCIPAL:**

The Principal together with GSAP will show support to the thirty (30) IS athletes currently competing in the 2019 Palarong Pambansa in Davao City. The OIC for today (May 2) until tomorrow (May 3) is Dr. Minerva Fanoga. Please extend to her your usual support. Thank you and God bless.

**FROM THE OVCAR – GRADE SCHOOL COMMUNITY:**

*From the Grade School Assistant Principal*

1. Lunch Break Proctoring

AREA	TIME	THURSDAY	FRIDAY
BB Canteen	11:40-12:10	Ms. Pines	Ms. Ellen
Fine Dining	11:40-12:10	Ms. Toots,	Ms. Lein
Food Palace	11:40-12:10	Ms. Lorie	Ms. Me Anne

2. Looking Ahead

April 30, May 2 – First Communion Portrait (picture taking)



May 3 – GS General Assembly

May 8-10 – 4<sup>th</sup> QA

**From the GS CLCE Department**

Let us thank the Lord for the classes and their advisers who supported the “Daily Meal with God” project, (Daily Mass Participation). Commendation is given also to those students who served as choir, lectors & servers. May you continue to be living examples to other Christian Lasallians. God bless you!

**Sponsors for today,**

Grade 2	BB 104	Ms. Samantha Sarmiento
Grade 1	BG 113	Ms. Ruby Garing
Grade 4	BB 312	Ms. Elma Lingao
Grade 3	BB 209	Ms. Gina Vergara

**Sponsors for Friday, May 3, 2019**

Grade 2	BB 108	Ms. Grace Robles
Grade 1	BG 114	Ms. Glenda Garay
Grade 4	BB 310	Ms. Liezel Magnaye
Grade 3	BB 210	Mr. Bobby Mercado

Please be reminded of the proper behavior while attending the Holy Mass. Remember that Jesus is truly present in the Holy Eucharist so, savor the moment and focus on Him.

**On Pondong Batangan**

All sections are once again encouraged to support the Pondong Batangan Project of the Archdiocese of Lipa through the CLCE Department. If everyone will bring 25 centavos every day, we could raise a lot of money that could help our brothers and sisters who are in need. Remember the tag line “Kahit Maliit, Basta’s Malimit, Patungong Langit”

**Thank you Grade 4 BB 211 for your donation to the Pondong Batangan. God bless!**

**FROM THE OVCAR –JUNIOR HIGH SCHOOL COMMUNITY:**

***From the Assistant Principal***

1. The Grade 10 4<sup>th</sup> Quarterly Assessment parallel tests is scheduled today and tomorrow. Venue is at LRC 2.
2. On 4<sup>th</sup> QA Schedule of Grades 7-9 – Please be informed that the Fourth Quarterly Assessments of Grades 7-9 will be held on May 9 and 10 following the schedule below:

Time	May 9 (Thursday)	May 10 (Friday)
8:20-8:40	Homeroom	Homeroom
8:40-9:40	Mathematics	Science
9:40-10:00	Recess	Recess
10:00-11:00	Social Studies	Filipino

3. Our commendation to the following classes for their donation to the mission collection:

Grade 7: LS210

Grade 8: LS310, LS402, LS 403, LS406, LS408

Grade 9: BM101, LS301

Our congratulations to the following classes for their generous donation to the mission collection:

Grade 7: LS210 of Ms. Marineth Rosales

Grade 8: LS406 of Ms. Sherlyn Cuevillas

Grade 9: BM101 of Ms. Marian Leslie Atienza

4. Important Dates to Remember:

May 1 – No Classes (Labor Day)

May 3 – First Friday of May (Lasallian Earth Day, please wear Type B uniform)

May 8 – CAPSTONE Initiatives Output Presentations

May 9 & 10 – Fourth Quarterly Assessments

**From the JHS CLCE Department**

Let us thank the Lord for the classes and their advisers who supported the “Daily Meal with God” project, (Daily Mass Participation). May you continue to be living examples to other Christian Lasallians. God bless you!

**Sponsors for today:**

**7:30 a.m.**

Grade 9	LS 201	Ms. Gina Lontoc
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**12:10 p.m.**

Grade 7	LS 209	Ms. Violeta Remo
Grade 8	LS 409	Ms. Anna Doreen Morillo

**Sponsors for Friday, May 3, 2019:**

**7:30 a.m.**

Grade 9	LS 202	Mr. Hirodian Baon
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**12:10 p.m.**

Grade 7	LS 210	Ms. Marineth Rosales
Grade 8	LS 410	Mr. Miguel Calleja

**On Pondong Batangan**

All sections are once again encouraged to support the Pondong Batangan Project of the Archdiocese of Lipa through the CLCE Department. If everyone will bring 25 centavos every day, we could raise a lot of money that could help our brothers and sisters who are in need. Remember the tag line “Kahit Maliit, Basta’s Malimit, Patungong Langit”

**From the JHS Academic Council Office**

**ON CAPSTONE INITIATIVES CONCERNS**

**For Grade 7 – Gallery Walk**

The Gallery Walk in Grade 7 showcases Grade 7’s CAPSTONE journey where they observed their respective communities, identified some concerns or issues, and offered solutions to such. Furthermore, the learners’ immersion to their communities has paved way for their realization of being socially aware of what is happening in the society in relation to what the UN SDGs concerning the environment and more importantly to do something on those concerns even in their own simple ways.

The schedules of the Gallery Walk wherein each section will be given twenty (20) minutes to look at the powerpoint presentations done by the other classes are as follow:

8:40-9:00 – LS 101 & LS 102

9:00-9:20 – LS 103 & LS 104

9:20-9:40 – LS 105 & LS106

RECESS

10:00-10:20 – LS 107 & LS108

10:20-10:40 – LS109 & LS 110

10:40- 11:00 – LS 111 & LS 112

11:00- 11:20 – LS 209 & LS 210

11:20 – 11:40 – LS 211

**The following are the Teacher Evaluators for Grade 7 CAPSTONE Initiatives:**

LS 101, LS 106 and LS 111

Mr. Jayson Baet

Ms. Jelyn Brill

Ms. Embelle Racal

LS 102, LS 107 and LS 112

Mr. Jake Bigcas

Ms. Sheila Manalo

Ms. Ellen Tapalla

LS 103, LS 108 and LS 209

Ms. Marineth Rosales

Mr. Alan Henry Cadelina

Ms. Joanna Marie Alarcon

LS 104, LS 109 and LS 210  
Ms. Liliosa Faeldonia  
Mr. Rafael Guce  
Ms. Nellea Savadera

LS 105, LS 110 and LS 211  
Ms. Jasmin Amparo  
Ms. Diana Litan  
Ms. Remelyn Lumanglas

#### **FOR THE TEACHER EVALUATORS**

##### **A. Guidelines on Grade 7 Fourth Quarter CAPSTONE Initiatives - Gallery Walk**

1. The Grade 7 students will put up a Gallery of CAPSTONE Initiatives of each class through a powerpoint presentation.
2. The materials to be used are the documents such as pictures and videos of the third quarter oral presentation, the chosen travelogue/s fit for exhibit, and powerpoint presentation of their CAPSTONE Storyboard.
3. The first slide of the powerpoint presentation must contain the following information: Fourth Quarter CAPSTONE Initiatives, Section, Group Number, and Names of the Members of the Group. Each group must check the entry of names to avoid missing someone's name.
4. The soft copy of exhibit materials saved in a flash disk /USB will be submitted to the English monitor of each Grade 7 class on Friday (May 3, 2019) until 3 P. M. The flash disk/USB must be labeled with Grade 7, Fourth Quarter CAPSTONE, Section, and Group Number.
5. The English 7 teachers will submit the soft copy to the LAC Office on Friday (May 3, 2019).
6. The preparation for the gallery/exhibit will be starting from May 6, 2019 to May 7, 2019.
7. Laptops to be provided by the LAC Office and containing the exhibit materials will only be placed in the HLS, the gallery area, on May 8, 2019 for viewing.
8. Three subject teachers each for the different Grade 7 classes will be assigned by the Assistant Principal's Office to evaluate the CAPSTONE Initiatives Gallery.
9. The evaluators will be provided with the guidelines and rubric for the Gallery shared through google docs. Each teacher evaluator will receive the copy of the Rubrics on May 7.
10. Evaluator will encode the scores of the group that they evaluated on or before May 10.
11. Outputs of each section can be viewed through Google Drive; thus, the evaluation will depend on the free time of the evaluator.

#### **FOR GRADE 8 - PANEL DISCUSSION**

The Grade 8 Fourth Quarter CAPSTONE Panel Discussion shall be administered on May 6, 7 during English time and May 8 during the English teachers' proctoring schedules with each class. Let us extend our outmost support to our students by allowing them to prepare ten-minutes before English classes and to permit them to attend classes wearing business attire to save time. Help us to remind our students to keep their important belongings in their lockers or inside the room as the chairs shall be pulled out of the classroom. Let us be one in this endeavor.

#### **GRADE 9 FOURTH QUARTER CAPSTONE - ORAL PRESENTATION OVERVIEW**

The Grade 9 Fourth Quarter CAPSTONE is an oral presentation of the 1<sup>st</sup>-3<sup>rd</sup> Quarter CAPSTONEs which include the Introduction of the Project, Project Rationale and Action Plan respectively.

##### **GUIDELINES FOR STUDENTS**

- Each group will save the material to be used in the laptop of the Digital officers. This is to ensure the smooth flow of the oral presentation.
- Students will come to school wearing their corporate attire / business attire (students will not be given the chance to change since the oral presentation will start after morning routines). The dress code stipulated in the handbook will be applied.

- One member of the other group will serve as time keeper and time card holder (in order for the presenters to be aware of how much time they have in delivering their presentation).
- In executing the oral presentation, each CAPSTONE Group will provide a brown envelope containing the following:

**A. Copy of the scoring rubric and score sheet with inclusion of the name of the members.**

- The name of the members included in the score sheet must be in the same order with how the group planned the sequence of their presentation.

*Note: The copies of the rubric and score sheet are uploaded on your canvas.*

**Title of the Project:**

NAME OF MEMBERS	CONTENT	DELIVERY	ORGANIZATION	LENGTH OF PRESENTATION	SCORE
1.					
2.					
3.					
4.					

**Objective/s:**

**B. Name plate.** Since the grading is individual, the group will also provide name plate with font style: Arial and font size: 60. The sample nameplate is uploaded on canvas.

**C. Pencil.** The class will provide three pencils for the panelists.

**SCHEDULE:** May 8, 2019

**Grade 9 Panelists per Section**

**Morning - First Batch (base from First Day Schedule)**

**Afternoon - Second Batch (base from Second Day Schedule)**

Section	Panelists
LS 205	Mr. John Louie De la Cruz Ms. Maria Teresa Marquez Ms. Gigi Calingasan
LS 301	Mr. Rafael Kalaw Ms. Eva Jonson Ms. Portia Soriano
BM 100	Mr. Hirodian Baon Mr. Jonas Lara Ms. Severina Tipan
LS 207	Ms. Gina Moron Ms. Merry Rose Acob Ms. Merrylye Marquez
LS 306	Ms. Aurora Buquir Ms. Myracle De Torres Mr. Mark Binuya
BM 101	Ms. Edna Serrano

	Ms. Dannah Grace Sanchez Ms. Edlyn Ebreo
LS 304	Mr. Vic Loreto Mr. James Pasia Ms. Jenny Ronna Dimaculangan
LS 201	Ms. Hedeliza Matibag Ms. Valerie Flores Ms. Gina Calanog
LS 303	Mr. John Louie De la Cruz Ms. Maria Teresa Marquez Ms. Gigi Calingasan
LS 307	Mr. Rafael Kalaw Ms. Eva Jonson Ms. Portia Soriano
LS 302	Mr. Hirodian Baon Mr. Jonas Lara Ms. Severina Tipan
LS 305	Ms. Gina Moron Ms. Merry Rose Acob Ms. Merryle Marquez
LS 208	Ms. Aurora Buquir Ms. Myracle De Torres Mr. Mark Binuya
LS 202	Ms. Edna Serrano Ms. Dannah Grace Sanchez Ms. Edlyn Ebreo
LS 206	Mr. Vic Loreto Mr. James Pasia Ms. Jenny Ronna Dimaculangan
LS 308	Ms. Hedeliza Matibag Ms. Valerie Flores Ms. Gina Calanog

***From the JHS Science Department***

The Science Academic Varsity is now looking for the new members from incoming Grade 8 and other interested Grade 9 students who would like to be a Science enthusiasts and be part of the Science Academic Varsity 2019 -2020. There will be a qualifying exam on May 3, 2019 at 3:10 PM in Science AVR 4<sup>th</sup> floor LS Building. The topics of the exam include General Science, Biology, Chemistry and Physics.

**FROM THE OVCAR –SENIOR HIGH SCHOOL COMMUNITY:**

*From the Assistant Principal*

Please be advised of the transfer of classrooms of the following Grade 12 classes due to the College Readiness test administration on May 3, Friday. Please be guided accordingly.

Section	Subject	Time	Original Room	Transfer To	Teacher
S12-12	WICAPS	10:00-12:00	MB 501	MB 611	Delos Reyes, Roldan
S12-14	CLCE	10:00-12:00	JRF 401	MB 608	De Torres, Christine

S12-15	ARTSCOM	10:00-12:00	JRF 202	JRF 302	Roldan, Crecelda
S12-16	INQUIRE	7:30-9:30	JRF 102	CB 206	Ocampo, Gina
S12-17	WICAPS	7:30-9:30	JRN 204	MB 608	Isaga, Sofio
S12-18	WICAPS	7:30-9:30	JRF 104	MB 601	Sebulino, Honorato

1. **For All Students**

- a. Please submit the special Mission Collection to the AP office which will be donated to Brigada Eskwela activity as our gift to St. John Baptist De La Salle whose mission is education.

2. **For Lasallian Partners**

- a. Please make yourselves available for the deliberation on student's academic performance TODAY (May 2) at 3:10PM in rooms JRN 103 (Grade 11) and JRN 104 (Grade 12).  
b. Grade 12 Subject Teachers will be assigned as proctors during the Grade 12 Fourth QA. Proctoring schedule was already given to your respective LACs. Kindly check your schedule and make yourself available.  
c. Grade 11 CEM College Readiness Test will be on May 3, 2019. Grade 11 Subject Teachers are requested to act as proctors. Schedule will be sent to your respective LACs. Orientation of proctors will be done in room JRN 103 at 7:15AM. Thank you.

3. **For Grade 11 Students**

- a. **All Grade 11 students are requested to answer the survey questionnaire about the proposed MUSIC and ME summer program which was uploaded in your Canvas account as soon as possible. Thank you.**  
b. College Readiness Test will be on May 3, 2019, 8:00AM-11:00AM in your respective classrooms. Please refer to the bulletin entry from Guidance Office about the details. Regular classes will resume in the afternoon, 1:00PM.  
c. Pre-enrolment forms should have been submitted already to the Registrar's office by this time in preparation for enrolment next school year. However, there were still students who did not submit the said form. Please coordinate with your respective Academic Advisers.

<i>Section</i>	<i>No. of Students</i>	<i>Section</i>	<i>No. of Students</i>	<i>Section</i>	<i>No. of Students</i>
<i>A11-01</i>	1	<i>S11-01</i>	3	<i>S11-11</i>	2
<i>A11-02</i>	1	<i>S11-02</i>	2	<i>S11-12</i>	5
<i>A11-03</i>	3	<i>S11-03</i>	1	<i>S11-15</i>	1
<i>A11-04</i>	1	<i>S11-04</i>	1		
<i>A11-05</i>	6	<i>S11-09</i>	2	<i>H11-01</i>	5
<i>A11-06</i>	3	<i>S11-10</i>	2	<i>H11-04</i>	1
<i>A11-07</i>	9			<i>H11-05</i>	4

4. **For Grade 12 Students**

- a. There were still Grade 12 students who do not submit the needed documents in the Registrar's office which are still part of your clearance. Please coordinate with your respective Academic Advisers for the list of documents.  
b. Please be informed that if you are still going to avail the Stallion Yearbook, kindly proceed to the AP office for processing of your payment to the cashier. The total amount of Yearbook is Php 3,500.00.  
c. Focus on your studies and completion of all the requirements.

**Schedule of Grade 12 Final Examinations**

<b>Day 1– MAY 7</b>	<b>ABM</b>	<b>HUMSS</b>	<b>STEM</b>
8:30-9:30	<b>APPECON</b>	<b>NETRENDS</b>	<b>GENPHY2</b>
10:00-11:00	<b>LIFESCI</b>	<i>COMPLETION</i>	<b>ENGACAD</b>
12:00-1:00	<i>COMPLETION</i>	<i>COMPLETION</i>	<b>EARTHSCI</b>

<b>Day 2– MAY 8</b>	<b>ABM</b>	<b>HUMSS</b>	<b>STEM</b>
WHOLE DAY	Final Defense/ Completion	Final Defense/ Completion	Final Defense/ Completion

Day 3– MAY 9	ABM	HUMSS	STEM
WHOLE DAY	Final Defense/ Completion	Final Defense/ Completion	Final Defense/ Completion

**Note:**

**May 10 – COMPLETION DAY FOR ALL GRADE 12 STUDENTS**

*Grade 12 students with completion requirements ONLY shall come to school wearing TYPE B uniform with ID.*

*Report to your respective GMs for proper monitoring upon coming to school.*

**5. Dates to Remember**

- a. May 2 – Deliberation On Student’s Academic Performance, 3:10PM
- b. May 3 – Grade 11 CEM College Readiness Test, 8:00-11:00AM, classrooms
- c. May 6 – Graduation Core Committee Meeting, 3:00PM, e-Library function Hall, Diokno Bldg.
- d. May 7-9 – Grade 12 Fourth Quarter Assessment

*From the Vocations Ministry Office*

**On SIKAT’s 6<sup>th</sup> Medical and Dental Mission**

A big thank you to all JHS classes, donors, sponsors who showed their unwavering support and generosity and to all the volunteers (students, teachers, alumni, doctors, nurses and medical staff) who participated in making SIKAT’s 6<sup>th</sup> Medical and Dental Mission a success.

May all of your kindness and generosity return to all of you a thousandfold. May the good Lord bless all of you and may every sunrise brings good health and success to each and every one of you.

<p><b><u>FINANCIAL ASSISTANCE</u></b></p> <ul style="list-style-type: none"> <li>• G7 LS107 of Ms. Ellen Tapalla</li> <li>• G10 BM201 of Sir Aldwin Baldovino</li> <li>• G10 CMR202 of Ms. Luisa Mayuga</li> <li>• G7 LS101 of Ms. Jelyn Brill</li> <li>• G9 LS 404 of Ms. Margie Laraya</li> <li>• G9 LS 305 of Ms. Gigi Calingasan</li> <li>• G7 LS 209 of Ms. Lhet Remo</li> <li>• G10 BM202 of Ms. Rhoda Malaiba</li> <li>• G9 LS 301 of Sir Kevin Dimaunahan</li> <li>• G9 LS 302 of Ms. Eva Jonson</li> <li>• G9 LS 206 of Sir JL De La Cruz</li> <li>• G9 BM100 of Ms. Edna Serrano</li> <li>• G8 LS312 of Ms. Annalyn Lacerna</li> <li>• G7 LS105 of Sir Alan Cadeliña</li> <li>• G7 LS406 of Ms. Fatima Rivera</li> <li>• G7 LS211 of Ms. Jamaila Umilda</li> <li>• G7 LS 112 of Ms. Sheila Manalo</li> <li>• G7 LS 102 of Ms. Liliosa Faeldonia</li> <li>• ISFSA (Integrated School Faculty and Staff Association)</li> <li>• Kit and Kut</li> <li>• Ms. Jonalyn Aguda</li> <li>• Ms. Edith Africa</li> </ul>	<p><b><u>MEDICINES/HEALTH CARE PACKAGE</u></b></p> <ul style="list-style-type: none"> <li>• Hugh Lenci Fernandez - G7 LS107</li> <li>• Paige Jastty L. Sales - Grade 10 CMR207</li> <li>• Realyne Gabuhos - Grade 9 BM101</li> <li>• Katlyn Caiga – Grade 7 LS210</li> <li>• Mary Annika Suan – Grade 7 LS211</li> <li>• Bea and Leonoro Villaruz</li> <li>• Ms. Dianne Joy Quitain</li> <li>• Euparex Pharmaceuticals Inc.</li> </ul>
<p><b><u>DOCTORS, NURSES AND MEDICAL STAFF</u></b></p> <ul style="list-style-type: none"> <li>• Rosalyn A. Casao, MD</li> <li>• Michiko S. Takemori, MD</li> <li>• Maria Krizia D. Miguel, MD</li> <li>• Kevin Braynel M. Pural, MD</li> <li>• Patricia Armay V. Arellano, MD</li> <li>• Rhea May G. Perez, MD</li> </ul>	<p><b><u>SPONSORS AND VOLUNTEERS</u></b></p> <ul style="list-style-type: none"> <li>• Monde MY San Corporation/ Ms. Arian Jobelle Arcinas</li> <li>• Ms. Tina Segismundo/ Ms. Lorna Guavez</li> <li>• Gsel’s Pharmacy</li> <li>• Batch 1994/ Ms. Taleth Villegas</li> <li>• Community Involvement Office/ Ms. Kayen Triviño</li> </ul>



<ul style="list-style-type: none"> <li>• Jillian Denise N. de Torres, MD</li> <li>• Isabel Vivien P. Guda, MD-PGI</li> <li>• Gerard D. Datinguino, MD-PGI</li> <li>• Al Joseph Marasigan, MD</li> <li>• Bryan Latayan, MD</li> <li>• Frances Ann Villapando-De Mesa, MD</li> <li>• Donnazon Reyes-Macasaet, MD</li> <li>• Corazon Mendoza-Sabile, MD</li> <li>• Toni Rose Cuevas, RN</li> <li>• Maria Teresa S. Atienza, RN</li> <li>• Lea M. Pasia, RN</li> <li>• Jennizel B. Escolano, RN</li> <li>• Micah H. Mendoza, RN</li> <li>• Ma. Antonette Castanos, MD</li> <li>• Fernando Air Base Air Education and Training Command- Maj Lamberto E. Bullan, PAF; Cpt Joseph A. Agbayani, NC; TSg Eduardo B. Tibayan, PAF; TS Jayson R. Guce, PAF; TSg Felix A. Barrion, PAF; Sgt Jerome Kasilag, PAF; Alc Tomas s. Tucaling Jr., PAF</li> </ul>	<ul style="list-style-type: none"> <li>• DLSL Brothers' Community</li> <li>• Mr. Eric Buquir</li> <li>• Ms. Lala Faeldonia</li> <li>• Edrian Laylo</li> <li>• Lasallian Partners- Ms. Aira Buquir, Ms. Angelie Rose Bautista, Ms. Edith Africa, Sir Arthur Dimaculangan, Ms. Merryle Marquez, Ms. Marilou Navalez, Ms. Baby Tipan, Ms. Celestie Quinto, Ms. Sherilyn Cuevillas, Ms. Lhet Remo, Sir Aljay Martinez, Ms. Dona Orcena, Ms. Jenilyn Silang, Ms. Haidee Angeles</li> <li>• SIKAT Members - Jose Miguel Villegas, Brianna Orcena, Pamela Bendaña, Sofhia Nicole De La Peña, Mary Therese Punzalan, CJ Medina, Alisha Dy, Aljara Denise Lina, Aui Dein Tipan, Ael Hilario, Beah Gricelle De Castro, Stan Matthew Sevillano, Euclid Yabut, Matthew Dalangin, Nico Angelo Garing, Luis Jopia, Lourize Marco, Theo Garabiles, Kyla Rica Magnaye, Joshua Bagares, David Libao, Miggy Nasayao, Lance Campos, Ashley Panopio</li> </ul>
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**FROM THE OVCM- GUIDANCE OFFICE:**

1. **For Grade 3 Students, Advisers and Subject Teachers:** Below is the schedule of the 4<sup>th</sup> Counselors' Time and Evaluation of Guidance Services:

Date	Time	Section	Subject	Teacher
<b>GRADE 3</b>				
May 2, 2019 (Thursday)	10:20 – 11:00 AM	BB 204	Science	Ms. Lea Camacho
	12:40 – 1:20 PM	BB 208	Math	Ms. Rhea Pecayo
	2:40 – 3:20 PM	BB 205	English	Ms. Sammy Citron

2. **For Grade 12 Students:** All Grade 12 Students are **REQUIRED** to answer the College Preference Survey. This short survey aims to assess the career track and preferences of Grade 12 students for our program and curriculum evaluation and development. The form can be accessed at <http://tinyurl.com/collegepreference1819>
3. **On College Readiness Test:**
  - a. For Grade 11 students: The College Readiness Test will be administered tomorrow, May 3, 2019 at 8:00 am – 11:00 am. Students are advised to bring two (2) Mongol # 2 pencils, eraser and sharpener and to eat heavy breakfast before the test.
  - b. For Grade 12 students: Those who were not able to take the CRT last April 11, 2019 will be taking the test tomorrow at 8:00 – 11:00 am.
4. **Looking Ahead:**

Date	Activity
May 3	G7-G9 Achievement Test Administration (Absentees)
	G11 College Readiness Test Administration
	G12 College Readiness Test Administration (Absentees)
	G8 PACT- CEM Profiler Administration (Absentees)
May 8	G7-G9 Evaluation of Counseling Services
May 15-17	53 <sup>rd</sup> PGCA Annual Conference
May 27	Submission of Anecdotal Records / Compilation of modules (Trial Advisers)
June 4	Submission of Anecdotal Records / Compilation of modules (Permanent Advisers)

**FROM THE OVCM- STUDENT ACTIVITIES OFFICE:**

1. **On SCB Campaign and Election.** Our SCB candidates shall only have this week to campaign. We shall have the Meeting De Avance on Monday for both Grade School and Junior High School while the on-line election is set on Tuesday, May 7 from 8:40 to 11:00AM. Please note that our Grade 3 shall have the usual ballot election. Thank you very much.
2. **On Canteen Evaluation.** We are continuously requesting our Homeroom Advisers to remind our students to answer the evaluation of our canteen services via on-line. The students are requested to follow this link and answer the questions sincerely.  
 Grade School: <https://tinyurl.com/y866f8gw>  
 Junior High School: <https://tinyurl.com/y9g9xfbv>  
 Senior High School: <https://tinyurl.com/yc4vvkl4>
3. **For Club Moderators.** This is to remind our Club Moderators to please take note of the following dates:  
 May 10 – deadline of submission of Club Grades  
 May 31 – deadline of submission of Club Portfolio (Constitution and By-Laws, Club Members, Club Officers, Minutes of Club Meetings, Calendar of Activities of Club, Activities sponsored by clubs or contest/competitions attended, Documentations of Activities etc.)
4. **From Senior High School SCB:**
  - a. We are reminding our Grade 11 that SCB Application for SY 2019-2020 is on going. Deadline of application is until May 6, 2019. Please visit the SAO to secure the application form.
  - b. **On Batch Culminating Activity of Grade 11.** What’s Poppin, Grade 11? Are you stressed out already? Let’s take a break and unwind as we bring you this year’s Batch Culminating Activity! Get your street-style outfits ready because it’s already on May 8, 2019.

**FROM THE INSTITUTIONAL HEALTH SERVICES:**

Cont... DEHYDRATION: Causes, Symptoms

**How is Dehydration Treated?**

Fluid replacement is the treatment for dehydration. This may be attempted by replacing fluid by mouth, but if this fails, intravenous fluid (IV) may be required. Should oral rehydration be attempted, frequent small amounts of clear fluids should be used.

- Clear fluids include:
  - water,
  - clear broths,
  - popsicles,
  - Jell-O, and
  - other replacement fluids that may contain electrolytes (Pedialyte, Gatorade, Powerade, etc.)

Can Dehydration Be Treated at Home?

Dehydration occurs over time. If it can be recognized in its earliest stages, and if its cause can be addressed, then home treatment may be adequate. Steps a person can take at home to prevent severe dehydration include:

- People with vomiting and diarrhea can try to alter their diet and use medications to control symptoms to minimize water loss.
- Acetaminophen or ibuprofen may be used to control fever. Ibuprofen may irritate the stomach and cause nausea and vomiting, so it should be used with caution in individuals who already have these symptoms.
- Fluid replacements may be attempted by replacing fluid by mouth with frequent small amounts of clear fluids.

If the individual becomes confused or lethargic; if there is persistent, uncontrolled fever, vomiting, or diarrhea; or if there are any other specific concerns, then medical care should be accessed. to be cont.....

**SCHEDULE OF DENTAL**

DATE	TIME	MEDICAL	DENTAL
Thursday, May 02, 2019	9:40 AM - 10:40 AM	-----	-----
	11:00 AM - 12:00 PM	-----	Gr. 9 LS 308