



**GOD’S WORDS FOR TODAY (Jn 4:43-54)**

*The Holy Gospel according to St. John*

After the two days he departed to Galilee. For Jesus himself testified that a prophet has no honor in his own country. So when he came to Galilee, the Galileans welcomed him, having seen all that he had done in Jerusalem at the feast, for they too had gone to the feast. So he came again to Cana in Galilee, where he had made the water wine. And at Capernaum there was an official whose son was ill. When he heard that Jesus had come from Judea to Galilee, he went and begged him to come down and heal his son, for he was at the point of death. Jesus therefore said to him, "Unless you see signs and wonders you will not believe." The official said to him, "Sir, come down before my child dies." Jesus said to him, "Go; your son will live." The man believed the word that Jesus spoke to him and went his way. As he was going down, his servants met him and told him that his son was living. So he asked them the hour when he began to mend, and they said to him, "Yesterday at the seventh hour the fever left him." The father knew that was the hour when Jesus had said to him, "Your son will live"; and he himself believed, and all his household. This was now the second sign that Jesus did when he had come from Judea to Galilee.

**REFLECTION:**

Jesus' miraculous healings show his generous kindness and extravagant love - a love that bends down in response to our misery and wretched condition. Is there any area in your life where you need healing, pardon, change, and restoration? If you seek the Lord with trust and expectant faith, he will not disappoint you. He will meet you more than half way and give you what you need. The Lord Jesus never refused anyone who put their trust in him. Surrender your doubts and fears, your pride and guilt at his feet, and trust in his saving word and healing love.

**PRAYER:**

Lord Jesus, give me the courage to surrender my stubborn pride, fear and doubts to your surpassing love, wisdom and knowledge. Amen.

**MISSIONVISION**

“Inspired by our faith in God, by our Catholic traditions and by the charism of St. John Baptist de La Salle educational innovator par excellence, we together and by association are committed to give quality human and Christian education to all building a society founded on equity and justice and on sustainable and inclusive development.”

**FROM THE INTEGRATED DIGITAL AND INNOVATIVE INSTRUCTION OFFICE:**

To all Lasallian Partners, Students, Student Digital Officers  
 Kindly continue monitoring our WiFi Connectivity and Reliability in your respective area. Procedures of monitoring is uploaded in our Canvas. We can perform the Speed Test in a period to period basis until April 7, 2019. Click this link for our survey questionnaire: <http://gg.gg/IDII-WiFi-MonitoringForm>. Thank you very much

**FROM THE OVCAR –OFFICE OF THE INTEGRATED SCHOOL PRINCIPAL:**

Please take note of the following important dates to remember and be guided accordingly.  
 April 5 – Viewing of Grades for Preschool to Grade 10  
 April 12 – Parent Teacher Consultation for Preschool to Grade 10 (1:30 pm onwards)

**FROM THE OVCAR – GRADE SCHOOL COMMUNITY:**

*From the Grade School Assistant Principal*

1. Lunch Break Proctoring:

AREA	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BB Canteen	11:40-12:10	Ms. Marge	Sir Dennis,	Ms. Wena	Ms. Verna C.	Ms. Ellen
BB 301-312 Corridors	12:10-12:40	Ms. Leonie			Ms. Verna C.	Ms. Liezel
Fine Dining	11:40-12:10	Ms. Ehden	Ms. Marian, Ms. Mayo	Ms. Pines and Ms. Mayo	Ms. Toots,	Ms. Lein, Ms. Rose
Food Palace	11:40-12:10	Ms. Tin/ Ms. Leonie	Ms. Norz, Ms. Verna C. and Ms. Jem	Ms. Lisa, Sir Joseph	Ms. Lorie	Ms. Me Anne

**From GS MAPEH Department**

Our IHS and ISSESO staff will have a short talk with some of our Grades School classes. Please see schedule below:

**Institutional Health Services Talk with the Grade School Students**

Date	Time	Grade & Section	Topic	Venue
April 1, 2019	10:20 – 11:40	2 BB 108, BB109 & BB110	Health Habits and Hygiene	BHVG
April 2 2019	10:20 – 11:40	2 BB 111, BB112, & BB104	Health Habits and Hygiene	BHVG
April 4, 2019	12:40 – 2:00	4 BB 310, BB 311 & BB 312	Nature and Prevention of Food-borne Diseases	BHVG
April 5, 2019	8:40 – 10:00	4 BB 211 & BB 212	Nature and Prevention of Food-borne Diseases	BHVG

**ISSESO: Talk with the Grade School Students**

Date	Time	Grade & Section	Topic	Venue
April 22, 2019	8:40-10:00	5 BB 305, BB 308 & BB 309	Basic First Aid for Common Injuries and Conditions	BHVG
	1:00-2:00	3 BB 208, BB 209 & BB 210	Road Safety	BHVG
April 23, 2019	8:40-10:00	5 BB 301, BB 302, BB 303 & BB 304	Basic First Aid for Common Injuries and Conditions	BHVG
	1:00-2:00	3 BB 204, BB 205 & BB 206	Road Safety	BHVG

**From the Grade Moderators' Office:**

1. Today, April 1, is our Haircut Inspection Day. Class secretaries are requested to check on the haircut of our male students.
2. Students are once again reminded to be mindful of their school belongings especially their gadget. The school will NOT be held liable for any damages/losses.
3. Likewise, all students are advised to be mindful of his/her and others' safety. Playing, running, and pushing one another during break periods are strictly prohibited.
4. Key monitors are reminded to always lock the door before leaving the classroom.
5. Last period teachers are requested to check on the valuables left by the students. This is to lessen the number of losses and things left after dismissal time.

**FROM THE OVCAR –JUNIOR HIGH SCHOOL COMMUNITY:**

**From the Junior High School Assistant Principal**

1. On Schedule of Students' Deliberation – All Grade 7 to 10 subject teachers are requested to be available during the schedule of the students' deliberation to be held on April 3, Wednesday at 3:00 PM, venue – TBA.

**JHS Stallion Drive (For Grade 10)**

Please excuse the following students on Wednesday, April 3, 2019, 12:00-1:00, for they will have a meeting at LSF31 for the Stallion Drive Magazine this year. Thank You and God Bless!

**Graphic Artists**

- Bernardine Magnaye (CMR 201)
- Jean-Paul Mendoza (CMR 207)

- Nichole Mauleon (BM 205)

**Layout Artists**

- Aaron Sablay (CMR 207)
- Maria Naguit (CMR 206)
- Angelo Vince Perez (CMR 207)
- Hans Enriquez (BM 205)

**Copy Readers**

- Anne Tayer (CMR 206)
- Ronn Tullao (CMR 207)
- Daniel Cerrado (CMR 206)
- Missy Carbon (BM 205)
- Emmanuel Mendoza (BM 103)

**FROM THE OVCAR –SENIOR HIGH SCHOOL COMMUNITY:**

*From the Assistant Principal*

**1. For Those Students Who STILL Failed to Take the PARALLEL TEST**

- Report to the Grade Moderator’s office and present your EXCUSE LETTER.
- Get the copy of your ADMIT pass.
- Present your EXAM PERMIT and ADMIT PASS on Monday (April 1) to the Assistant Principal’s office in order to take your Parallel Test.
- Proceed to JRN 11 on the scheduled time of your Parallel Test and present your Exam permit and admit pass to the proctor.

**2. For Lasallian Partners**

*“You have been called by God to this ministry and you have been given the grace of teaching and the gift of exhortation for the sake of those entrusted to your responsibility.” (MTR, First Mediation, 2)*

- Please be reminded of the submission and approval of Grades until April 5. Kindly take note that **eWIZ system will be deactivated already at 5:00PM.**
- Please be informed that all SHS Lasallian Partners will be having a Community Lenten Recollection on April 10, 2019, 8:00AM-12:00PM at Retreat Complex.

All SHS Part Time Teachers are also encouraged to attend the said Lenten Recollection. Please confirm your attendance with the AP office.

**3. For Grade 12 Students**

- Retreat is a time to recollect, reflect, communicate, celebrate God’s love, and be together with your class and parents. Please do not miss tis once in a life time opportunity during your high school life. This is also a time for you and your parents to have dialogue away from your home. So, please make sure that you encourage your Parents to attend your retreat as well during the given schedule. Let them sign the letter being given by the ILFO.
- Please be informed that submission of the Stallion Yearbook Solicitation to the cashier will be extended until April 12, 2019. This is now your time to still avail the copy of Stallion Yearbook SY 2018-2019 as your souvenir as Senior High School student. The amount of each Yearbook is Php 3,500.00.

**4. On Recollection of Grade 11 Students**

*Please be informed that Grade 11 students will start attending Recollection by class on March 28, 2019. In line with this, each student is encouraged to have a Confession before the day of recollection which was scheduled during CLCE classes.*

<b>Section</b>	<b>Recollection Day</b>	<b>Confession Day /Time / Venue</b>
<b>A11-03</b>	April 5, 2019	April 2 – 8:00AM, Capilla
<b>A11-04</b>	April 8, 2019	April 2 – 10:00AM, Capilla
<b>A11-05</b>	April 8, 2019	April 2 – 1:00AM, Capilla

Note: The CLCE subject Teachers will be the one to accompany their students in going to the venue of confession. Kindly prepare the class for receiving this sacrament.

Class A11-01 will be having the Confession TODAY, April 1, 10:30AM (CLCE period) in the Capilla.

5. **For Grade 11 Students**

Please be informed that the Sports Development Office in coordination with the PENCIL Inc. will hold the Friendship Solidarity Cup (FSC Season 19) Championship Games both for Basketball and Volleyball on April 10, 2019, 12:00PM-4:00PM at the SENTRUM.

In line with this, Grade 11 students were selected to watch the games with **required ticket amounting to Php40.00.**

**Letter to parents will be distributed TODAY thru the Grade Moderator's office. Class presidents are requested to get the copy.**

6. **Dates to Remember**

- a. April 4-5 – Grade 12 Retreat (A12-05 & H12-04)
- b. April 5 – Class A11-03 Recollection
- c. April 8 – Class A11-04 & A11-05 Recollection
- d. April 10 – SHS Lasallian Partners Lenten Recollection (8:00-12:00 at Retreat Complex)
- e. April 11-12 – Grade 12 Retreat (S12-11 & A12-06)
- f. April 14-19 – Observance of Holy Week

**FROM THE HUMAN RESOURCE DEPARTMENT:**

*Schedule of Evaluation*

*3<sup>rd</sup> /4<sup>th</sup> Quarter SY 2018 - 2019*

**April 1, 2019  
(Monday)**

	<b>A</b>		<b>B</b>	
<b>TIME</b>	<b>Section</b>	<b>TEACHER</b>	<b>Section</b>	<b>TEACHER</b>
8:40 - 9:40	LS305 G9	Mathematics	CMR206 G10	Filipino
9:40 - 10:40	LS201 G9	English	CMR201 G10	Filipino
11:00 - 12:00	LS301 G9	Mathematics	LS302 G9	Science
12:00 - 1:00	LS303 G9	Filipino	CMR202 G10	Mathematics
2:00 - 3:00	LS304 G9	Social Studies	CMR207 G10	Science
3:00 - 4:00	CMR204 G10	Social Studies	LS411 G8	Mathematics

**April 1, 2019 (Monday)**

	<b>C</b>		<b>D</b>		<b>E</b>		<b>F</b>	
<b>TIME</b>	<b>Section</b>	<b>TEACHER</b>	<b>Section</b>	<b>TEACHER</b>	<b>Section</b>	<b>TEACHER</b>	<b>Section</b>	<b>TEACHER</b>
8:40 - 9:40	LS106 G7	Social Studies	LS105 G7	Mathematics	LS310 G8	Filipino	LS406 G8	Mathematics
	LS104	Mathematics	LS211	Mathematics	LS402	CLCE	LS408	Filipino

10:00 – 11:00	G7		G7		G8		G8	
11:00 - 12:00	LS103 G7	Filipino	LS108 G7	Filipino	LS109 G7	MAPEH	LS110 G7	MAPEH
1:00 - 2:00	LS101 G7	Mathematics	LS102 G7	Filipino	LS111 G7	Science	LS401 G8	Filipino
2:00 - 3:00	LS112 G7	Science	LS311 G8	Filipino	LS312 G8	Mathematics	LS409 G8	Mathematics
3:00 - 4:00	LS309 G8	Science	LS403 G8	Filipino	LS404 G8	Science	LS407 G8	Mathematics

**April 2, 2019 (Tuesday)**

	A		B	
TIME	Section	TEACHER	Section	TEACHER
8:40 - 10:00	BB212 G4	Ms. D. Alon Ms. L. Magnaye	BB311 G4	Ms. L. Magnaye Ms. R. Arada
10:20 - 11:40	BB211 G4	Ms. L. Magnaye Ms. D. Alon	BB309 G5	Ms. M. Camitan Ms. M. Comia
12:40 - 2:00	BB310 G4	Ms. R. Maralit Ms. E. Langamon		
2:00 - 3:20	BB312 G4	Ms. E. Lingao Ms. M. Macaraeg		

	C		D		E		F	
TIME	Section	TEACHER	Section	TEACHER	Section	TEACHER	Section	TEACHER
7:30 - 9:30	A11-01 JRF303	Ms. Teresita Linatoc	A11-02 JRF304	Ms. Everlinda Aleta	A11-03 JRF401	Mr. Louis Alday	A11-04 JRF402	Mr. Gerald Lanip
10:00 - 12:00	A11-05 JRF403	Ms. Elsie Nina Bonito	A12-03 JRN202	Ms. Marita Quizon	A12-02 JRN201	Mr. Victor Hermoso	A12-01 JRN104	Ms. Evelyn Aguilera
1:10 - 3:10	A12-04	Mr. Teody Alday	A11-06	Mr. Gerald Lanip	A11-07	Ms. Ericka Cabrera	A11-08	Mr. Edward Gonzales

**FROM THE OVCM- GUIDANCE OFFICE:**

1. For Grade 5 Students, Advisers and Subject Teachers: Below is the schedule for the room-to-room interpretation of Children's Personality Questionnaire (CPQ):

Date	Section	Time	Subject	Adviser/Teacher
<b>April 1 (Monday)</b>	BB 305	8:40 – 9:20	CLCE	Ms. E. Yanga
	BB 303	10:20 – 11:00	Science	Ms. M. Briguella
	BB 302	2:00 – 2:40	S. Studies	Ms. M. Comia
	BB 304	2:40 – 3:20	Filipino	Ms. R. Limbo
<b>April 2 (Tuesday)</b>	BB 301	10:20 – 11:00	Filipino	Mr. M. Bueno
	BB 308	11:00 – 11:40	Math	Ms. E. De Castro
	BB 309	2:40 – 3:20	English	Ms. M. Camitan

2. For Grade 6 Students, Advisers and Subject Teachers: Below is the schedule for the room-to-room interpretation of Otis-Lennon School Ability (OLSAT):

Date	Section	Time	Subject	Adviser/Teacher
<b>April 2 (Tuesday)</b>	BB 406	4:00 – 4:40	CLCE	Ms. M. De Villa
<b>April 3 (Wednesday)</b>	BB 306	11:00 – 11:40	English	Ms. V. Cuevas
	BB 403	1:20 – 2:00	Math	Ms. L. Landicho
<b>April 4 (Thursday)</b>	BB 404	8:40 – 9:20	Filipino	Ms. L. Sebuc
	BB 405	12:40 – 1:20	HELE	Ms. A. Vallejo
<b>April 5 (Friday)</b>	BB 402	8:40 – 9:20	Science	Ms. L. Bagares
	BB 401	12:40 – 1:20	S. Studies	Ms. V. Dimaala

3. **For Grade 8 Students, Advisers and Subject Teachers:** Below is the schedule for the OLSAT (Otis-Lennon School Ability Test) Interpretation and PACT CEM Profiler orientation during their English subject:

Date	Time	Section	Teacher
April 1, 2019 Monday	10:00 – 11:00	LS 401	Ms. Golda Obeña
	11:00 – 12:00	LS 409	Ms. Joy-Ann Riata
	1:00 – 2:00	LS 410	Ms. Joy-Ann Riata
	2:00 – 3:00	LS 309	Ms. Golda Obeña
	3:00 – 4:00	LS 408	Ms. Joy-Ann Riata
April 2, 2019 Tuesday	8:40 – 9:40	LS 411	Ms. Joy-Ann Riata
	10:00 – 11:00	LS 405	Ms. Allysa Lasi
	11:00 – 12:00	LS 403	Ms. Allysa Lasi
	1:00 – 2:00	LS 402	Ms. Allysa Lasi
	2:00 – 3:00	LS 407	Ms. Joy-Ann Riata
	3:00 – 4:00	LS 311	Ms. Golda Obeña
April 4, 2019 Thursday	8:40 – 9:40	LS 310	Ms. Golda Obeña
	11:00 – 12:00	LS 412	Ms. Mayolisa Mantuano
	1:00 – 2:00	LS 406	Ms. Allysa Lasi
	3:00 – 4:00	LS 404	Ms. Allysa Lasi
April 5, 2019 Friday	10:00 – 11:00	LS 312	Ms. Golda Obeña

4. **For Grade 10 Students, Advisers and Subject Teachers:** The room – to – room interpretation of Otis-Lennon School Ability Test (OLSAT) will continue following the schedule below:

DATE	TIME	SECTION	TEACHER
April 1, 2019	8:40 – 9:40	BM 203	Ms. Breones
April 3, 2019	8:40 – 9:40	CMR 201	Ms. Beltran

5. **For Grade 12 Students:**

- The result of your College Readiness Test is now available at the SHS Guidance Office. Please proceed to **MB300** and look for your respective counselor to get your result.
- The Ateneo College Entrance Test (ACET) results of those who chose to get it from DLSL are now available at the SHS Guidance Office. Please proceed to **MB300** and look for your respective counselor.
- All Grade 12 Students are **REQUIRED** to answer the College Preference Survey **until Friday, April 5, 2019**. This short survey aims to assess the career track and preferences of Grade 12 students for our program and curriculum evaluation and development. The form can be accessed at <http://tinyurl.com/collegepreference181>

6. **Looking ahead for the month of April:**

Date	Activity
2-13, 23-30	Processing of Senior High School and College Application Forms
10	Grades 4-7 & 10 Structured Homeroom

	Grade 9 Structured Homeroom: <i>Career Talk</i>
	Grade 8 PACT- CEM Profiler Administration
10-12	Grade 4 CFIT Interpretation
12	Kinder 4 <sup>th</sup> Counselor's Time and Evaluation of Guidance Services
12	Grade 12 College Readiness Test Administration (Post- Test)
23	Grade 11 Moving Up to Grade 12 and One La Salle Career Orientation Talk
23-26	N1 – Grade 3 4 <sup>th</sup> Counselor's Time & Evaluation of Guidance Services
24	Grades 4 – 5 Evaluation of Counseling Services
25	Grade 6 & 10 Evaluation of Counseling Services Grades 7-9 Achievement Test Administration
26	Grades 1-6 Achievement Test Administration Grade 8 PACT- CEM Profiler Administration

**FROM THE OVCM- STUDENT ACTIVITIES OFFICE**

1. **On SCB Filing of Candidacy.** TODAY is the start of Filing SCB Candidacy in both Grade School and Junior High School. Please note that we strongly encouraged the candidates to form party list for an organized and smooth election campaign. The deadline of filing SCB Candidacy is on April 5, 4:00PM. The following shall be elected in Grade School and Junior High School:

A. Grade School:

- Vice – President – incoming Grade 6
- 2 Grade 6 Reps – incoming Grade 6
- 2 Grade 5 Reps – incoming Grade 5
- 2 Grade 4 Reps – incoming Grade 4

B. Junior High School:

- Vice – President – incoming Grade 10
- 3 Grade 10 Reps – incoming Grade 10
- 3 Grade 9 Reps – incoming Grade 9
- 3 Grade 8 Reps – incoming Grade 8
- 3 Grade 7 Reps – from Grade 7 (election shall be held 2 weeks after the start of classes in August SY 2019-2020)

Lasallians who have the following criteria are strongly encouraged to apply:

- a. With good leadership skills and academic standing;
- b. Never been given disciplinary action and has a deportment grade not lower than S (Satisfactory); and
- c. Has a residency of at least 2 years in De La Salle Lipa, Integrated School except in Grade 7 and Senior High School.

**2. On Schedule of Club Activities:**

CALENDAR OF CLUB ACTIVITIES FOR GRADE SCHOOL		
DATE	ACTIVITY	REMARKS
April 3	Club Evaluation Preparation for Club Culminating Activity	The Club Evaluation Form shall be distributed by the SAO Staff. The Club Moderators shall facilitate the evaluation then forward the accomplished forms at the SAO.
April 10	Club Culminating Activity at the SENTRUM from 2:00 – 4:20PM	Each club shall be required to showcase what has been accomplished through the year. Example: Dance Club shall show dance performance while others may submit a video presentation of the club output for the year. Please coordinate with Ms. Melissa. Thank you.
CALENDAR OF CLUB ACTIVITIES FOR JUNIOR HIGH SCHOOL		

April 5	Club Meeting	Preparation for Club Culminating Activity
April 12	Club Evaluation Preparation for Club Culminating Activity	The Club Evaluation Form shall be distributed by the SAO Staff. The Club Moderators shall facilitate the evaluation then forward the accomplished forms at the SAO.
April 26	Club Culminating Activity at the SENTRUM from 2:00 – 4:00PM	Each club shall be required to showcase what has been accomplished through the year. Example: Modern Dance Club shall show dance performance while others may submit a video presentation of the club output for the year. Please coordinate with Ms. Melissa. Thank you very much.

3. **On Pilgrimage and Outreach Activities.** Some of our Club Moderators and Lasallian Partners shall have their Pilgrimage and Outreach Activity at Tanay Rizal on April 6, 2019. Please refer to the details of the activities previously distributed by the SAO. Thank you.

**FROM THE INSTITUTIONAL HEALTH SERVICES:**

***Summer Diseases and How to Avoid Them***

The season for fun under the sun is here! But before you go out and enjoy the sizzling heat, take a mental note of these diseases to prevent your summer from being a bummer.

1. **FLU**

Cough and colds easily spread even during the summer months as erratic weather bring sudden downpour from time to time.

**AVOID IT!** Get vaccinated against influenza before the flu season begins in June. Advise those who are feeling sick to stay home and to always cover their nose and mouth when coughing or sneezing.

2. **SORE EYES**

Sore eyes or conjunctivitis, when mistreated, can lead to blindness. More than just eye irritation, it can easily be due to harmful bacteria or viruses that easily spread to other people.

**AVOID IT!** Consult a doctor for proper treatment and remember to always wash your hands before and after eating to prevent spread of infection.

3. **STOMACH AILMENTS**

Vomiting and diarrhea follows after consumption of contaminated food or drinks. This summer, be cautious of street foods and even those packed lunches prepared for out-of-town trips.

**AVOID IT!** Be cautious on picking food to eat as everything easily spoils during hot weather.

4. **SKIN DISEASES**

As you cool yourself from the heat by swimming, be wary of skin diseases from dirty water, whether in beaches or pools.

**AVOID IT!** Take a shower before and after taking a plunge. Remember that skin diseases abound when one swims in dirty water or unmaintained public swimming pools.

*to be cont.....*

**SCHEDULE OF MEDICAL AND DENTAL April 1-5, 2019**

DATE	TIME	MEDICAL	DENTAL
Monday, April 1, 2019	9:40 AM - 10:40 AM	-----	Gr. 10 CMR 202
	11:00 AM - 12:00 AM	-----	Gr. 7 LS 108
Tuesday, April 2, 2019	9:40 AM - 10:40 AM	-----	Gr. 9 BM 100
	11:00 AM - 12:00 AM	-----	Gr. 7 LS 106
Thursday, April 4, 2019	9:40 AM - 10:40 AM	-----	Gr. 9 BM 101
	11:00 AM - 12:00 AM	-----	Gr. 7 LS 107
Friday, April 5, 2019	9:40 AM - 10:40 AM	-----	Gr. 9 LS 202
	11:00 AM - 12:00 AM	-----	Gr. 7 LS 209



**SHS Medical Check-up**

**MB Clinic**

Monday, April 1, 2019	1:30 - 3:00 PM	A12 - 04
Tuesday, April 2, 2019	2:00 - 3:30 PM	S12 - 12
Wednesday, April 3, 2019	1:30 - 3:00 PM	S12 - 13
Friday, April 5, 2019	1:30 - 3:00 PM	S12 - 14