



GOD’S WORDS FOR TODAY (Lk. 9:46-50)

The Holy Gospel according to St. Luke

And an argument arose among them as to which of them was the greatest. But when Jesus perceived the thought of their hearts, he took a child and put him by his side, and said to them, "Whoever receives this child in my name receives me, and whoever receives me receives him who sent me; for he who is least among you all is the one who is great." John answered, "Master, we saw a man casting out demons in your name, and we forbade him, because he does not follow with us." But Jesus said to him, "Do not forbid him; for he that is not against you is for you."

REFLECTION:

Are you surprised to see the disciples of Jesus arguing about who is the greatest among them? Don't we do the same thing? The appetite for glory and greatness seems to be inbred in us. Who doesn't cherish the ambition to be "somebody" whom others admire rather than a "nobody"? Jesus made a dramatic gesture by placing a child next to himself to show his disciples who really is the greatest in the kingdom of God.

PRAYER:

Lord Jesus, may my love for you express itself in an eagerness to do good for others. Amen.

MISSION VISION

“Inspired by our faith in God, by our Catholic traditions and by the charism of St. John Baptist de La Salle educational innovator par excellence, we together and by association are committed to give quality human and Christian education to all building a society founded on equity and justice and on sustainable and inclusive development.”

FROM THE OVCAR – OFFICE OF THE INTEGRATED SCHOOL PRINCIPAL:

1. On IS Officer-In-Charge: The Integrated School Principal is attending the DLSP Planning on Principal Academy and the CEAP National Convention this week. Mr. Fred Amul is the Officer –in-Charge of the Integrated School. Please extend to him your support. Thank you.
2. To celebrate the World Teachers’ Day, October 5 has been declared as a no class day. Students are enjoined to spend the day wisely to prepare for the first quarterly assessment.
3. Our 1st Quarterly Assessment is scheduled next week. Kindly refer to the entries of your respective APs for the specific details. Meanwhile, students are advised to settle their accounts before the first quarter assessment. Students with payment done before October 2 can secure their permit from their homeroom advisers. Those who will pay on October 3 onwards will be given permit upon payment.

FROM THE OVCAR – GRADE SCHOOL COMMUNITY:

From the Assistant Principal

1. 1st QA Schedule was already given to all concerned. Please be guided accordingly.
2. Submission of pre-enrolment forms is due today.
3. To the Subject Teachers: When the class needs to transfer to another learning venue, kindly indicate its whereabouts in the mini-bulletin board near the front door.
4. As part of the implementation of the Student Discipline Program please be guided by the following:
 - a. Preschool to Grade 3 students should stay inside the classroom during the recitation of the Angelus. Grades 1-3 students should be advised to stop eating for a while to give attention to the prayer.
 - b. Since the sound of the PA system is not that audible, the Advisers are requested to lead the kids in praying.
 - c. Grades 4-6 students are reminded to pay attention to the prayer wherever they are and whatever they are doing. Homeroom Advisers may assign class monitors for this purpose.
 - d. The GMs may also award trump cards to those who constantly follow the lunch break and prayer rules.
5. Looking Ahead:
 - Oct. 5 – World Teachers’ Day
 - Oct. 15-19 - Intramurals

From the GS CLCE Department

The Tremendous Blessings and Benefits of the Mass as Told by Popes and Saints

St. John Vianney Patron Saint of Parish Priests	"There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us."
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Let us thank the Lord for the classes and their advisers who supported the “Daily Meal with God” project, (Daily Mass Participation). Commendation is given also to those students who served as choir, lectors & servers. May you continue to be living examples to other Christian Lasallians. God bless you!

Sponsors for Today,

Grade 6	BB 403	Ms. Leonie Landicho
Grade 5	BB 305	Ms. Edna Yanga
Grade 2	BB 112	Ms. Nerissa Hernandez
Grade 1	BG 109	Ms. Elizabeth Paglulayan

Sponsors for Tuesday, October 2, 2018

Grade 6	BB 404	Ms. Leah P. Sebug
Grade 5	BB 308	Ms. Evelyn de Castro
Grade 3	BB 204	Ms. Lea Camacho
Grade 1	BG 110	Ms. Crisvelyn Del Mundo

Please be reminded of the proper behavior while attending the Holy Mass. Remember that Jesus is truly present in the Holy Eucharist so, savor the moment and focus on Him.

On Recollection:

Congratulations G6 BB406 class for a successful Recollection last Friday. Commendation also to the Facilitator, Ms. Monetter de Villa. God bless and may you continue bringing Christ to others.

ON MONTH OF THE HOLY ROSARY:

Today, we officially start the Month of the Holy Rosary. As our support to this celebration, we encourage every Catholic Lasallians to participate in the praying of the Holy Rosary (over the P.A. or in the classrooms) and don't forget to bring their Rosary everyday. Remember our tag line: “I am a Lasallian, I always have a Rosary in my pocket.”

TEN REASONS TO PRAY THE ROSARY

[FR. ED BROOM, OMV](#)

#2. The Rosary is a Biblical prayer.

The Rosary is a prayer that almost totally has its origins in the Word of God itself! For example, the first series of Mysteries that we call the *Joyful Mysteries* are all of them found in the Gospel of Saint Luke, Chapters One and Two! This being said, we can get to know and love the Word of God by meditating upon the Mysteries of the Holy Rosary!

<https://catholicexchange.com/ten-reasons-pray-rosary-3>

From the Grade Moderators

- Grade school students are reminded to get an admit pass after an absence, when tardy and when you are not wearing complete uniform.
- Please be informed that lost and found items are now on display at the GMs' office. Please take time to visit and claim your lost item.
- All students are once again reminded of our LUNCHBREAK POLICY. Playing and loitering around after having lunch are strictly prohibited. Pray the rosary during assembly time after lunch.
- ON HAIRCUT: **Today** is our haircut inspection day.
- All students who already have their new ID lace with whistle and flashlight are reminded to use them only during emergency. Violation of such falls under misbehavior- Category I for N1-Grade 3 and Category II for Grades 4-6 of our Student Handbook.
- Please take note that policies stipulated in the Student Handbook 17-18 are still in effect. In case of offenses, both the respondents and the complainants are required to write narrative reports in the presence of the guidance counselor as part of our due process.**
- ON OFFENSES and CORRESPONDING REFORMATIVE MEASURES:

Category I
(for Nursery to Grade 3)

1 st offense	Oral Reminder and Issuance of Reminder Slip
2 nd offense	Issuance of Reminder Slip and referral to the Guidance Counselor
3 rd offense	Written Reminder/ Parental Notification
4 th offense	Conference with parents

- 1.1 Tardiness
- 1.2 Misbehavior (during classes, recess, assemblies, programs, change of periods and other related school activities)
- 1.3 Littering
- 1.4 Failure to present a letter for his/her absence
- 1.5 Failure to submit/return slips of official correspondence and other school paraphernalia on time
- 1.6 Failure to comply with Admit Pass Policy
- 1.7 Failure to comply with Uniform Policy
- 1.8 Failure to comply with ID Policy
- 1.9 Coloring of hair
- 1.10 Not sporting proper haircut
- 1.11 Wearing of make-up and nail polish
- 1.12 Leaving scheduled activities without permission

**Category I
(For Grade 4 to Grade 12)**

1 st offense	Oral Reminder
2 nd offense	Issuance of the written reminder signed by the parents to be returned to the Grade Moderator
3 rd offense	Conference with parents, one step demerit on the department grade in a particular quarter, referral to the Guidance Counselor
4 th offense	One step demerit on the department in a particular quarter, conference with parents, referral to the Guidance Counselor and community service
5 th offense	One step demerit on the department in a particular quarter, referral to the Guidance Counselor and 1-2 day suspension

- 1.1 Failure to comply with Admit Pass Policy
- 1.2 Failure to bring a letter after an absence duly signed by parent or guardian
- 1.3 Failure to submit/return assignment, classroom requirement, reply slip, official correspondence, school equipment on a given time
- 1.4 Failure to comply with Uniform Policy
- 1.5 Failure to comply with ID Policy
- 1.6 Wearing of printed undershirt
- 1.7 Wearing of earrings and other unnecessary ornaments for male
- 1.8 Wearing of more than one pair of earrings, dangling earrings and other unnecessary ornaments for females
- 1.9 Wearing of make-up and nail polish and colored contact lenses
- 1.10 Wearing of indecent attire during fair, intramurals, recollections and other school activities
- 1.11 Climbing/passing over restricted areas
- 1.12 Tardiness

FROM THE OVCA – JUNIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal

1. **On Grade 7 NAT:** Big thanks to the Administrators, Guidance personnel headed by Mr. Jojo Berana, Grade 7 – 9 teachers who acted as proctors and advisers, Ms. Myra Manguiat, and Grade 7 students for the success of the NAT Administration held last Thursday, September 27, 2018. Masbuhay kayo!
2. On Haircut Inspection Day – Today is first Monday of the month; hence, our Grade Moderators will conduct the regular haircut inspection.
3. On October 3 Schedule – Please be informed that the schedule to be followed on October 03, Wednesday will be FRIDAY schedule.
4. On World Teachers’ Day Celebration – Please be informed that in line with the celebration of the World Teachers’ Day on October 5, classes will be called off.

5. On October 8 Schedule – Please be informed that two (2) periods/hours on October 8, Monday will be devoted to writing the drafts of the CAPSTONE Initiatives of our students from Grade 7 to Grade 10. The subject teachers concerned will be announcing before October 8 the specific periods that will be used for this purpose.
6. On Schedule of Quarterly Assessments – Below is the schedule of the First Quarterly Assessment:

Time	October 9, Tuesday	October 10, Wednesday
8:20 – 8:40	Homeroom	Homeroom
8:40 – 9:40	Science	Mathematics
9:40 – 10:00	Recess	Recess
10:00 – 11:00	Social Studies	Filipino

Please take note that we will no longer have one hour provision for the processing of exam permits before the first exam on the first day of assessment as previously practiced.

7. On October 11 Schedule – Please be informed that since the JHS will only have two days of scheduled Quarterly Assessment, October 11, Thursday will be devoted to the accomplishment and submission of the CAPSTONE Initiatives output. If students are already done with it, CAPSTONE SIA or other CAPSTONE-related activities may be done by the students. Dismissal time of students will be 12:00 noon.

From the JHS CLCE Department

The Tremendous Blessings and Benefits of the Mass as Told by Popes and Saints

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Let us thank the Lord for the classes and their advisers who supported the “Daily Meal with God” project, (Daily Mass Participation). May you continue to be living examples to other Christian Lasallians. God bless you!

Sponsors for Today:

7:30 a.m.

Grade 9	LS 306	Mr. James Earl Pasia
Grade 10	CMR 205	Ms. Jeraldyn Licaros

12:10 p.m.

Grade 7	LS 211	Ms. Jamailah Umilda
Grade 8	LS 411	Ms. Maria Teresa Villaruel

Sponsors for Tuesday, October 2, 2018

7:30 a.m.

Grade 9	LS 307	Ms. Hedeliza Matibag
Grade 10	CMR 206	Ms. Rosalie Fortus

12:10 p.m.

Grade 7	LS 101	Ms. Jelyn Bril
Grade 8	LS 412	Ms. Eloisa Pagcaliwangan

Please be reminded of the proper behavior while attending the Holy Mass. Remember that Jesus is truly present in the Holy Eucharist so, savor the moment and focus on Him.

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<https://catholicexchange.com/ten-reasons-pray-rosary-3>

From the JHS MAPEH Department

Advisers are requested to share their comments and suggestions to the prepared activities for INTRAMURALS 2019. A document was shared to your respective dsls gmail account. Let us continue to work together and by association to serve the learners under our care. Thank you!

FROM THE OVCAR – SENIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal

1. For All Students

- a. Please be reminded to maximize the use of your time in preparation for the First Quarterly Assessment on October 10-12, 2018.
- b. All students are expected to fill out the Pre-enrollment form for the Second Semester which will be distributed by your respective Academic Advisers. Submission is extended until today, Monday.
- c. Please be informed that students are not allowed to use the FACULTY COMFORT ROOMS both Male and Female. Kindly use the other comfort rooms designated for students in JRN, JRF, MB, CBEAM buildings.
- d. This is to inform all of you about the online viewing of the student’s Statement of Accounts (SOA) in the website of De La Salle Lipa – MyDCampus. You are expected to view this so that you will know your balance account since we will have the First Quarterly Assessment on October 10-12, 2018.

2. Looking Ahead

- a. October 3 – AP Council Meeting, 9:00AM at JRN 22
- b. October 5 – World Teacher’s Day
- c. October 10-12 – First Quarterly Assessment

From SHS Science Department

The Research Fair 2019 Case Study Competition aims to foster ingenuity and creativity by allowing the participants to provide their own solutions to real world problems. Highlighting both teamwork and the ability to think of unique solutions, the Case Study Competition is a stepping stone for the participants as they look towards the future. In connection to this, we would like to invite Gr. 11 STEM students to enlist for the qualifying exam by accessing the link http://gg.gg//Research_Fair_2019. Today is the deadline of enlistment.

From SHS- ADLAW

The following students will be joining the 2018 Division Festival of Talents sponsored by DepEd at Bolbok Integrated National High School. Please excuse them from their classes on October 1, Monday (general training and workshop) and on October 2, Tuesday (contest day).

- | | |
|-----------------------|------------------------------------|
| 1. Dagliang Talumpati | Andrae Jamal Tecson (A12-02) |
| 2. Sulatanghal | Clarence Andrew Mendoza (S12-02) |
| 3. Pintahusay | Jan Leonard Faraon (H12-02) |
| 4. Direk Ko, Ganap Mo | Romana Veronica Balmes (S12-02) |
| | Janna Kristine Chua (S11-07) |
| 5. Sineliksik | Patrick Renz Tibayan (S12-12) |
| | Lorenzo Miguel Villapando (S12-05) |

Thank you very much.

FROM OVCAR LEARNING RESOURCE CENTER:

Announcement:

Please be reminded that there will be no borrowing of books from October 1-11, 2018 because of First Quarterly Examination. Only textbooks to be used for study and review can be borrowed. Thank you.

FROM THE OVCAR - INSTITUTIONAL ADMISSIONS AND TESTING OFFICE:

- 1. Application for SY 2019-2020 has already started. Every year we are receiving a huge number of applications from different schools. To assure the slots of our homegrown students for Senior High School, we scheduled their pre-enrollment from **September 24 to October 26, 2018**. To avail of the slots, a pre-enrollment fee amounting to P 6,000 shall be paid to the cashier on the said dates. Please be guided of the pre-enrollment procedure below:

STEP 1	Secure Guidance Assessment Form from the IS Guidance Office
STEP 2	Present the Guidance Assessment Form to Cashier and

	pay the pre-enrollment fee amounting to Php 6,000.00
STEP 3	Present the Official Receipt to Institutional Admissions and Testing Office (IATO) for recording
STEP 4	Submit the Guidance Assessment Form to Registrar's Office for reservation of slot.

Should you have clarifications, proceed to Admissions office.

- All grade 12 students are required to take the Placement Test that will be administered by the Institutional Admissions and Testing Office. Please take note of the schedule below.

Placement Test for Grade 12 Schedule		
Venue: Sen. Diokno Auditorium		
Date	Section (8:00am-12:00nn)	Section (1:00pm-5:00pm)
October 15, 2018	S12-03	S12-12
	S12-06	A12-01
	H12-03	A12-08
October 16, 2018	A12-03	A12-06
	A12-04	A12-07
	H12-01	A12-02
October 18, 2018	S12-01	S12-04
	S12-02	S12-07
	A12-05	H12-02
October 19, 2018	S12-13	S12-10
	S12-08	S12-11
	S12-09	H12-04
October 22, 2018	S12-05	S12-16
	S12-14	S12-17
	S12-15	S12-18

Reminders:

- Report at the Sen. Diokno Auditorium 10 to 15 minutes before the scheduled testing time. Late examinees will be rescheduled.
- Examinees are advised to eat heavy breakfast or lunch before the testing
- Bring pencil (Mongol 1 or 2), eraser and scratch paper.
- Bring snacks and bottled water to be eaten during the break.
- Using of phones, gadgets, calculators and other electronic devices during the test is not allowed.

FROM THE OVCAR – IS REGISTRAR'S OFFICE:

Please be reminded that today is the deadline for submission of the **PRE-ENROLLMENT FORM**. Homeroom Advisers are requested of the following:

- Collect and check if the forms are fully accomplished.
- Submit it to the IS Registrar's Office with an Official Class List that will serve as checklist on or before the scheduled deadline.

NOTE: IS Registrar's Office will not accept improperly accomplished forms.

FROM THE OVCM- GUIDANCE OFFICE:

1. For Grade 10 Homeroom Advisers and Students:

- Students who have already undergone career assessment may get their SHS Reservation Form starting today, **October 1, 2018**. Please be reminded of the procedures for the reservation.
- Transferees / Returnees are encouraged to get their NCAE result from their former school. They will not be allowed to reserve for SHS if they did not undergo Career Assessment with Ms. Renie. Thank you
- Those students who did not reach the required cut-off score for STEM (**NCAE Score below 85**) but are interested to reserve for the said strand are advised to go first to the Admissions Office to inquire about the qualifying exam. Thank you.
- Career Assessment is on going. Students can come during their lunch break (Boys) and dismissal time (Girls). Please bring ball pen. Below is the schedule of assessment:

September 28, 2018 – CMR 201

October 1, 2018 – CMR 202

October 2, 2018 – CMR 204

October 5, 2018 – CMR 205

2. Looking Ahead for the month of October:

1- 31	Processing of Senior High School and College Application Forms
15-19	G7 CFIT Administration
17	G4 – 10 Structured Homeroom
22-26	G4 CFIT Administration
17, 24 & 31	Career 101 & Room-to- Room Guidance Re- Orientation for G12 STEM students

FROM THE OVCM – STUDENT ACTIVITIES OFFICE:

1. **On LEAD Program.** Congratulations to our Class Officers who participated in the recently concluded LEAD Program for Grade 7 and 8 last Saturday. Kudos also to our SCB Officers and SG Leaders for facilitating the activity. May you be an inspiration to all Lasallians from now on! ANIMO!! Meanwhile, please note that our SHS Class Officers shall have their turn on October 13, 2018 from 8:00 -12:00nn. Letter to the parents shall be distributed this week.
2. **On #ThankYouTeacherPH.** As part of our National Teachers' Month celebration, we are continuously inviting our students to share your thank you message to our teachers using **#ThankYouTeacherPH** in all our social media posts. You may tag the SCB Twitter Account or National Teachers' Month page in your Facebook post.
3. **On Club Grades.** As per consultation with the I.S. Team, there will be NO Club Grades this first quarter due to lack of club meetings and club activities. Moreover, please note that there will be no CLUB Meetings this week in consideration of the moratorium on school activities a week before Quarter Exams. Thank you.

FROM THE OVCM – SPORTS DIRECTORATE:

1. Our school will host the Rebisco Volleyball Girls 18 and under Batangas Qualifying Leg starting today until Wednesday (October 1 to 3) at the Sports Center. We are one of the member schools of this league since 2006 wherein the former name of this League is the Shakeys V-League. We are fielding 2 teams in this tournament and whoever excel in this league will represent the province of Batangas in the Regional League which is set on October 4-7, 2018 at IMUS CAVITE. This is as short notice because the original schedule which was set last August 11-13, 2018 was moved due to the availability of the facilities and the game commissioner. The following are the athletes involved:

High School Volleyball Girls

Coach: Ms. Imelda A. Mendoza

Assistant Coach: Ms. Aric Uzzaiah M. Aguila

	NAME	GRADE	SECTION				
1	Adajar, Kimberly D.	10	BM202	13	Lique, Yannah Ysabel U.	9	LS207
2	Angeles, Ma. Kristina Cassandra P.	9	LS205	14	Lumbera, Reign S.	12	S12-05
3	Atienza, Ayeeshah Sandrine B.	8	LS407	15	Maglinao, Majella Mari R.	9	BM101
4	Carandang, Lara Justine H.	11	S11-08	16	Magnayi, Ashley Nicole Jeremy N.	7	LS210
5	Colendra, Verenicce D.	7	LS104	17	Magsombol, Mikaela Alexa I.	9	LS306
6	Cubilla, Adriane Jarie L.	10	CMR201	18	Mercado, Gabrielle Therese D.	12	S12-10
7	De Chavez, Sophia R.	9	LS302	19	Peteza, Alliah R.	12	A12-08
8	Dimaano, Shane Andrei J.	7	LS209	20	Regalado, Tracy Elisse T.	9	LS302
9	Gonzalbo Emmanuela Rain D.	9	BM101	21	Reyes, Gabriel Therese B.	8	LS404
10	Hernandez, Krystal Lyka D.	10	BM206	22	Rocafort Alyanna Margueritte M.	8	LS404
11	Humarang, Yvonne Cyrah R.	12	S12-10	23	Rueca, Maria Jinky P.	8	LS312

FROM THE INSTITUTIONAL HEALTH SERVICES:

FILIPINO ELDERLY WEEK

Aging Gracefully: Caring for Muscles, Joints and Bones

As we age, our bones lose density, this affects mobility and balance, making us more at risk for falling and fracturing bones.

Muscles, joints, and bones are vital to movement. Bones provide our basic body structure, joints allow flexibility of movement, and muscles hold them together to make it all possible. It is important to pay attention to these body parts all the time, not just when they hurt, and to care for them as we age. Proper care of muscles, joints, and bones now helps ensure strength and mobility as we age, and it may mean the difference in growing old gracefully, or not.

As we age, our bones lose density, muscles lose flexibility and joints become worn. This affects mobility and balance, making us more at risk for falling and fracturing bones. Seniors are especially prone both to falling and to diseases such as osteoporosis and arthritis, which can impose limitations on the most basic activities of life.

Even if they are not afflicted with a disease, the older our joints, bones, and muscles become, the more important it is to know how to maintain these parts in order to preserve our basic mobility. Experts say healthy eating habits and moderate exercise can improve and maintain joint mobility, muscle mass, and bone strength. *to be cont...*

SCHEDULE OF MEDICAL AND DENTAL

DATE	TIME	MEDICAL	DENTAL
Thursday October 4, 2018	9:40 AM - 10:40 AM	Gr. 10 CMR 201	-----
	2:00 PM - 3:00 PM	Gr. 10 CMR 202	-----