



**GOD’S WORDS FOR TODAY (Mk. 10:28-31)**

**The Holy Gospel according to St. Mark**

Peter began to say to Jesus, "We have given up everything and followed you." Jesus said, "Amen, I say to you, there is no one who has given up house or brothers or sisters or mother or father or children or lands for my sake and for the sake of the Gospel who will not receive a hundred times more now in this present age: houses and brothers and sisters and mothers and children and lands, with persecutions, and eternal life in the age to come. But many that are first will be last, and the last will be first."

**Reflection:**

What's the best investment you can make with your life? The gospel presents us with a paradox: we lose what we keep, and we gain what we give away. When we lose our lives for Jesus Christ, we gain a priceless treasure and an inheritance which lasts forever. Whatever we give to God comes back a hundredfold. Generosity flows from a heart full of gratitude for the abundant mercy and grace which God grants. Do you give freely and generously? And why do you give, for reward or for love?

**Prayer:**

Lord Jesus, fill my heart with faith, hope, and love that I may always find peace and joy in your presence. Amen.

**MISSION VISION**  
 "To be a sign of faith as an excellent educational institution, sharing in the Lasallian mission of teaching minds, touching hearts and transforming lives."

**FROM THE OVCAR – GRADE SCHOOL COMMUNITY:**

*From the Assistant Principal for Administration*

**1. THIRD QUARTERLY ASSESSMENT SCHEDULE**

**Nursery 1**

	<b>March 13</b>		<b>March 14</b>	<b>March 15</b>
7:50 – 8:40 (1 <sup>ST</sup> session)	Assembly/ Homeroom	7:50 – 8:10 (1 <sup>ST</sup> session)	Assembly/ Homeroom	Assembly/Homeroom
10:50 – 11:10 (2 <sup>nd</sup> session)		10:50 – 11:10 (2 <sup>nd</sup> session)		
8:40 – 9:40 (1 <sup>st</sup> session)	Reading	8:10 – 9:10 (1 <sup>ST</sup> session)	Math	Oral Test/ Penmanship
11:10-12:10 (2 <sup>nd</sup> session)		11:10 – 12:10 (2 <sup>nd</sup> session)		

**Nursery 2 & Kinder**

	<b>March 13</b>		<b>March 14</b>	<b>March 15</b>
7:00 – 8:40 (1 <sup>ST</sup> session)	Assembly/ Homeroom	7:00 – 7:40 (1 <sup>ST</sup> session)	Assembly/ Homeroom	Assembly/Homeroom
11:40 – 12::00 (2 <sup>nd</sup> session)		11:40 – 12:00 (2 <sup>nd</sup> session)		
8:40 – 9:40 (1 <sup>st</sup> session)	Reading	7:40 – 8:40 (1 <sup>ST</sup> session)	Filipino	Oral Test / Penmanship
12:00-1:00 (2 <sup>nd</sup> session)		12:00-1:00 (2 <sup>nd</sup> session)		
9:40-10:00 (1 <sup>st</sup> session)	Recess	8:40 -9:40 (1 <sup>st</sup> session)	Math	Completion
1:00- 1:20 (2 <sup>nd</sup> session)		1:00-2:00 (2 <sup>nd</sup> session)		
10:00 – 11:00 (1 <sup>st</sup> session)	Language			
1:20 – 2:20 (2 <sup>nd</sup> session)				



**Grades 1- 3**

	<b>March 13</b>		<b>March 14</b>	<b>March 15</b>
7:00 - 8:40	Assembly/ Homeroom	7:00 – 7:40	Assembly/ Homeroom	Assembly/Homeroom
8:40 – 9:40	Language	7:40 – 8:40	Filipino	Social Studies
9:40-10:00	Recess	8:40 – 9:40	CLCE	Math
10:00 – 11:00	Science	9:40 – 10:00	Recess	
		10:00 –11:00	Reading	

**Grades 4 - 6**

	<b>March 13</b>		<b>March 14</b>	<b>March 15</b>
7:10 - 8:40	Assembly/ Homeroom	7:10 – 7:40	Assembly/ Homeroom	Assembly/Homeroom
8:40 – 9:40	English	7:40 – 8:40	Filipino	Social Studies
9:40-10:00	Recess	8:40 – 9:40	Science	Math
10:00 – 11:00	CLCE			

2. Lunch break proctoring schedule for today:

<b>AREA</b>	<b>TIME</b>	<b>TUESDAY</b>
BB 108-112	11:20-11:50	Ms. Dang
	11:50-12:20	Ms. Cecele
BG 108-114	11:20-11:50	Ms. Verna
	11:50-12:20	Ms. MC
Grade 3 Area	11:30 -12:00	Ms. Tina

**From the GS CLCE Department**

Thank you so much to the class sponsors today for participating in the Eucharistic celebration. The following classes and advisers are requested to attend tomorrow Ash Wednesday:

Grade 6	BB 41 *	Ms. Mona Liza de Villa
Grade 1	BG 108 *	Ms. Crisvelyn Del Mundo
Grade 5	BB 302	Ms. Marychrist Briguela
Grade 2	BG 110	Ms. Rowena Marquez

Tomorrow is **Ash Wednesday**. Imposition of ashes will be done during the scheduled Masses, hence, those who cannot attend may have it during the ILFO personnel and CL teacher’s room to room schedule.

**Continuation about Lent**

In basic terms, Lent is the season before Easter, in the West lasting liturgically from Ash Wednesday until the Mass of Holy Thursday exclusive (see General Norms for the Liturgical Year and Calendar). The evening of Holy Thursday begins the *The Easter Triduum*, which lasts from Holy Thursday to the Evening Prayer of Easter Day. However, Lenten fasting and penance continue until the end of Holy Week, and all of Holy Week is included in the traditional 40 day Lenten fast, despite Lent ending *liturgically* on Holy Thursday. We should note that in many Protestant churches, the liturgical season of Lent continues through Holy Saturday, although in current Catholic discipline, Lent ends liturgically before Holy Thursday. While Sundays are typically excluded from fasting and abstinence restrictions, and are not numbered in the traditional "40 Days" of Lent, they are still part of the **Lenten season**, as can be seen from their Lenten themes. Thus, the way Lent is observed in the Catholic Church can be a bit tricky, because the actual modern liturgical season (lasting 44 days, including Sundays) is numbered slightly differently than the traditional 40 day Lenten fast , which excludes Sundays.

[www.catholiceducation.org/articles/religion/re0527.html](http://www.catholiceducation.org/articles/religion/re0527.html)

**FROM THE OVCAR –JUNIOR HIGH SCHOOL COMMUNITY:**

***From the Assistant Principal for Administration***

1. Lunch Break Proctoring schedule for today:

Teacher	Time	Place of Proctoring
Ms. Malu Navales Mr. Reinard Anog Ms. Jonalyn Aguda	12:00- 1:00	Fine Dining BB canteen Greenspoon Café
Ms. Edna Policarpio Ms. Diana Litan Ms. Joana Alarcon	1:00- 2:00	Fine Dining BB canteen Greenspoon Café

2. For Grades 7 and 8: letter to parents regarding cancellation of classes for the NCAE will be distributed during homeroom period today. Advisers are requested to make sure that students will receive the letter. Thank you!
3. There are still a number of students who are not yet paid for the FFI, despite the constant reminder thru the daily bulletin. Please be advised that students who still have unsettled FFI account will not have their clearance signed for enrolment next school year.
4. Thank you very much to the Guidance Office, Grade 9 advisers, subject teachers, Moderator, Guidance counselor and students for the conduct of NCAE orientation yesterday. I hope that you will follow all the reminders given to you especially about the proper behavior in taking NCAE.

***From the Christian Living with Character Education Department***

1. **On Confirmation:** Please be reminded that the deadline of submission of requirements will be on March 3, 2017. There will be no more extension for this due to the preparations that the CLCE Department will do. Administration of sacrament of confirmation is now open for Grade 8 to Grade 10 students only.
2. **On Lenten Season:** Please be informed that on March 1, there will be an imposition of ashes during the 6:30 am Holy Mass and homeroom period. Liturgy of the Word will be prayed over the public address system. Imposition of ashes will follow right after this prayer for Grade 9 and Grade 10 students.
3. **On Pondong Batangan.** Let us continue to support the Pondong Batangan project by sharing a small amount.

**FROM THE OVCAR- GUIDANCE OFFICE:**

1. **For Nursery 1, Nursery 2, Kinder and Grade 1 Advisers / Subject Teachers and Students:** Below is the schedule of the 3<sup>rd</sup> Counselor's Time for March 1 (Wednesday) and 2 (Thursday). Thank you.

DATE	SECTION	TIME	SUBJECT	ADVISER / TEACHER	
<b>NURSERY 1</b>					
March 1, 2017 (Wednesday)	BB 102 AM	8:30 – 9:00	Reading with Penmanship	Ms. V. Dimaculangan	
	BB 103 AM	9:00 – 9:30	Reading with Penmanship	Ms. M. Lalamunan	
	BB 102 PM	11:40 – 12:10	Reading with Penmanship	Ms. V. Dimaculangan	
	BB 103 PM	12:10 – 12:40	Reading with Penmanship	Ms. M. Lalamunan	
<b>NURSERY 2 AM SESSION</b>					
March 2, 2017 (Thursday)	BB 101 AM	8:10 – 8:40	Reading with Penmanship	Ms. G. Aguilera	
	BB 105 AM	8:40 – 9:10	Filipino	Ms. G. Garay	
	BB 106 AM	9:30 – 10:00	Reading with Penmanship	Ms. T. Chavez	
	<b>NURSERY 2 PM SESSION</b>				
	BB 101 PM	12:50 – 1:20	Reading with Penmanship	Ms. G. Aguilera	
	BB 105 PM	1:20 – 1:50	Filipino	Ms. G. Garay	
	BB 106 PM	2:10 – 2:40	Reading with Penmanship	Ms. T. Chavez	

*Note: Advisers are requested to remind the students to bring 3R size picture, glue, coloring materials and 1 piece bond paper.*

2. **On National Career Assessment Examination:**

- a. Commendation to Grade 9 students for their active participation during the NCAE re-orientation yesterday. Big thanks also to Mr. Noriel Navita, Ms. Kristine Dimaculangan, advisers and subject teachers for their support on the activity.
- b. Good luck to all Grade 9 students on your NCAE tomorrow and on Thursday. May God guide you as this test will be of great assistance to you in choosing the right strand for you when you go to SHS. God bless you all.
- c. Important Reminders for NCAE:
  - Wear complete uniform.
  - Be at the classroom before 6:30am.
  - Eat heavy breakfast and don't forget to bring snacks and water.
  - Bring sharpener.
  - Bring scratch papers.
  - Observe proper behavior.

3. **For Grade 10 Homeroom Advisers and Students:** Kindly forward the homeroom evaluation sheets to the Guidance Office Friday, March 3, 2017. Thank you.

**FROM THE OVCAR – STUDENT ACTIVITIES OFFICE:**

- 1. **On Club Meeting.** We shall have our regular club meeting in Junior High School and Grade School this week. All Club Members are reminded to wear Club Shirt during Club Meeting. Non compliance in wearing club shirt shall be dealt with accordingly in proper coordination with the Grade Moderators. Thank you for your cooperation.
- 2. **On Club Grades.** Club Moderators are reminded of the submission of Club Grades on or before February 10. Please follow the following format in submitting the on line club grade:

**PLEASE USE EXCEL FORMAT**

NAME	GRADE AND SECTION	CLUB GRADE
De La Cruz, Juan A.	G9 – LS201	5

**Note:**

- 1. Type the Name beginning with the Family Name followed by a comma then First Name and Middle Initial.
  - 2. Type capital G then level without space (G9). The dash should be typed with a space as illustrated. Finally, type the section without space (LS201). Please follow the example for easy sorting of names and section by class.
  - 3. Type the club grade based on rubrics assessment.
3. **From the SCB:** Please visit the SCB Office to avail of the B.Y.O.U. merchandise at a very affordable price i.e. stainless spoon and fork with chopsticks and case for P80 only and B.Y.O.U. tumbler for P120. Heads Up caps are also available for P150. **#BYOUAdvocate.**

**FROM THE OVCM – INSTITUTIONAL LASALLIAN FORMATION OFFICE:**

**On imposition of ashes (Ash Wednesday)**

On March 1, 2017 is Ash Wednesday please be guided by the following instructions:

- 1.) There will be two masses 6:30 am and 12:10 noon. Imposition of ashes will be done after the homily of the priest celebrant.
- 2.) Rel- Ed teachers and Eucharistic Ministers will impose ashes after the 7:10 am and 1 pm liturgy of the Word over P.A.
- 3.) Please be reminded of our Christian obligations of Fasting, Abstinence and works of charity.

Have a blessed Lent Lasallians!

**FROM THE OVCAD – INSTITUTIONAL HEALTH SERVICES:**

***What you need to do - Heart attack***

Call for medical help and say you think someone is having a heart attack.

Then, help move them into the most comfortable position. The best position is on the floor leaning against a wall with knees bent and head and shoulders supported. This should ease the pressure on their heart and stop them hurting themselves if they collapse.

Give them a 300mg aspirin, if available and they're not allergic, and tell them to chew it slowly.

Be aware that they may develop shock. Shock does not mean emotional shock, but is a life-threatening condition, which can be brought on by a heart attack.

Keep checking their breathing, pulse and level of response.

If they lose responsiveness at any point, open their airway, check their breathing, and prepare to treat someone who has become unresponsive. You may need to do CPR.

### **Tooth Brushing Demo Schedule**

<b>Date</b>	<b>Time</b>	<b>Section</b>	<b>Venue</b>
February 28, 2017	01:00 pm – 02:00 pm	Nursery 2 (pm session)	MMR 7
March 01, 2017	09:30 am – 10:30 am	Nursery 2 (am session)	MMR 7

### **Schedule of Medical Check-up**

<b>Date</b>	<b>Time</b>	<b>Section</b>
February 28, 2017	09:40 am – 10:40 am	G9 – LS 204
	02: 00 pm – 03:00 pm	G9 – LS 302
March 01, 2017	10:00 am – 11:00 am	G6 – BB 404
	01: 40 pm – 02:40 pm	G5 – BB 301
March 02, 2017	10:00 am – 11:00 am	G5 – BB 302
	01: 40 pm – 02:40 pm	G5 – BB 303
March 03, 2017	09:40 am – 10:40 am	G9 – LS 404
	02: 00 pm – 03:00 pm	G9 – LS 401

### **Schedule of Dental Check-up**

<b>Date</b>	<b>Time</b>	<b>Section</b>
February 27, 2017	08:40 am – 09:40 am	G8 –LS 407
March 02, 2017	01:00 pm – 02:00 pm	G3 – BB 104
March 03, 2017	08:40 am – 09:40 am	G8 – LS 412