



GOD’S WORDS FOR TODAY (Jn 8:12-20)

The Holy Gospel according to St. John,

Jesus spoke to them again, saying, “I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.” So the Pharisees said to him, “You testify on your own behalf, so your testimony cannot be verified.” Jesus answered and said to them, “Even if I do testify on my own behalf, my testimony can be verified, because I know where I came from and where I am going. But you do not know where come from or where I am going. You judge by appearances, but I do not judge anyone. And even if I should judge, my judgment is valid, because I am not alone, but it is I and the Father who sent me. Even in your law it is written that the testimony of two men can be verified. I testify on my behalf and so does the Father who sent me.” So they said to him, “Where is your father?” Jesus answered, “You know neither me nor my Father. If you knew me, you would know my Father also.” He spoke these words while teaching in the treasury in the temple area. But no one arrested him, because his hour had not yet come.

MISSION VISION

“To be a sign of faith as an excellent educational institution, sharing in the Lasallian mission of teaching minds, touching hearts and transforming lives.”

FROM THE OVCAR – OFFICE OF THE INTEGRATED SCHOOL PRINCIPAL:

1. We wish all our students good luck as they take their 4th Quarterly Assessment today until Wednesday. Do your best!
2. Homeroom advisers are requested to motivate the students to enroll in the different Performance Enhancement Program (PEP) courses offered this Summer 2016. For inquiries, please contact Ms. Annie Embalsado, our PEP Coordinator.
3. Complete set of reply slips of the ISP’s letter to the parents must be submitted to the Principal’s Office starting today, March 14 until Wednesday. Homeroom advisers, please attend to this request. Thank you so much.

FROM THE OVCAR – GRADE SCHOOL COMMUNITY:

From the Assistant Principal

1. Today is the first day of our fourth quarterly assessment for Nursery 1, Nursery 2 and Grades 1 to 5. Everyone is reminded to read and answer the test items carefully. Good Luck to all of you dear students!

Nursery 1	March 14		March 15	March 16
7:00-8:40 (1 st)	Assembly/ Homeroom	7:00-7:40(1 st)	Assembly/ Homeroom	Assembly/ Homeroom
10:30-11:00 (2 nd)		10:30-10:50(2 nd)		
8:40-9:40(1 st)	Reading	7:40-8:40 (1 st)	Math	Oral Test
11:00-12:00 (2 nd)		10:50-11:50 (2 nd)		
Nursery 2				
7:00-8:40 (1 st)	Assembly/ Homeroom	7:00-7:40(1 st)	Assembly/ Homeroom	Assembly/ Homeroom
11:40-12:10 (2 nd)		11:40-12:00 (2 nd)		
8:40-9:40 (1 st)	Language Arts	7:40-8:40 (1 st)	Filipino	Oral Test
12:10-1:10 (2 nd)		12:00-1:00 (2 nd)		
9:40-10:00 (1 st)	Recess	8:40-9:40 (1 st)	Math	Completion
		1:00-2:00 (2 nd)		
10:00-11:00 (1 st)	Reading			
1:10-2:10 (2 nd)				
Grades 1-3				
7:00-8:40	Assembly/ Homeroom	7:00-7:40	Assembly/ Homeroom	Assembly/ Homeroom
8:40-9:40	Filipino	7:40-8:40	CLCE	Reading
9:40-10:00	Recess	8:40-9:40	Language Arts	Social Studies
10:00-11:00	Science	9:40-10:00	Recess	
		10:00-11:00	Math	
Grades 4-5				
7:10-8:40	Assembly/ Homeroom	7:10-7:40	Assembly/ Homeroom	Assembly/ Homeroom
8:40-9:40	Filipino	7:40-8:40	English	CLCE
9:40-10:00	Recess	8:40-9:40	Math	Soc. Studies
10:00-11:00	Science			

- Only the following Grade 6 classes will report to school this week from 7:00 to 12:00 nn for their Placement Test. Concerned classes are reminded to take the test seriously. Dismissal Time is at 12:00 nn. Good Luck Grade 6!

March 14 – BB 405 March 15 - BB 406 March 16 – BB 41

- Kinder classes will have their Recognition Rites practices in the BHV gym this week.
- Grades 4 to 6 students are reminded to clean their respective lockers. Nothing should be left inside the lockers. Please bring home materials that can still be used and throw those ones which are not needed anymore. Thank you.
- Looking Ahead:
 - March 17 – GS Faculty & Staff Recollection
 - March 18 – Kinder Final Practice for the Recognition Rites (7:40-11am)
 - Grade 6 Assembly 8:00 am – MMR 7 & 8
 - Grade 6 Recognition Rites Practice – 1 pm - SENTRUM
 - March 21 – Grade 6 Recognition Rites Practice – 7:40 -12:00nn – BHV Gym
 - March 22 - Kinder Recognition Rites – 8:00 am - BHV Gym
 - March 28 – Grade 6 Final Recognition Rites Practice – 1 pm- SENTRUM
 - March 31 – Grade 6 Recognition Rites – 1 pm - SENTRUM

From the Christian Living Department

Thank you so much to class sponsors today. The following are the sponsors tomorrow:

Grade 1	*BB 105	Ms. Cris Del Mundo
Grade 6	BB 401	Ms. Lein Saculo
Grade 2	BG 113	Ms. Verna Cuevas
Grade 5	BB 305	Ms. Maricel Comia

FROM THE OVCAR –JUNIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal

- Exams today:
 - 8:40 – 9:40 – SOCIAL STUDIES
 - 10:00 – 11:00 – MATH
- All STCAA athletes shall proceed to the BHV gym at 8:40am today.
- STCAA athletes need not come tomorrow March 15 except if you are required by your subject teacher/s to report to school; please come in school uniform. On one hand, STCAA athletes are required to attend the last Grade Assembly.
- Grade 9 classes are advised to properly dispose the props they have used in PTs.
- There will be community meeting tomorrow, March 15 at 2pm in MMR2. Attendance is highly expected.
- Dates to Remember:
 - March 15 – Community meeting
 - March 18 – Recollection of Grade 9 and 10 faculty
 - March 21 – Recollection of Grade 7 and 8 faculty

FROM THE OVCAD – INSTITUTIONAL HEALTH SERVICES:

cont...Burn

First-Degree Burn

First-degree burns cause minimal skin damage. They are also called “superficial burns” because they affect the outermost layer of skin. Signs of a first-degree burn include:

- redness
- minor inflammation (swelling)
- pain
- dry, peeling skin (occurs as the burn heals)

Since this burn affects the top layer of skin, the signs and symptoms disappear once the skin cells shed. First-degree burns usually heal within three to six days. Still, you should see your doctor if the burn affects a large area of skin (more than three inches), and if it’s on your face or a major joint.

First-degree burns are mostly treated with home care. Healing time may be quicker if you treat the burn sooner. To treat this type, you can:

- soak the wound in cool water for five minutes or longer
- take acetaminophen or ibuprofen for pain relief

- apply aloe vera gel or cream to soothe the skin
- use an antibiotic ointment and loose gauze to protect the affected area

Make sure you don't use ice, as this may make the damage worse. Never apply cotton balls to a burn because the small fibers can stick to the injury and increase the risk of infection. Also, avoid home remedies like butter and eggs as these are not proven to be effective.

to be cont...

FROM THE OVCM- GUIDANCE OFFICE:

1. **For N1 to G10 Homeroom Advisers:** Please be reminded of the submission of the Anecdotal Records of your students and Compilation of Homeroom Modules on or before **Friday, March 18, 2016 (for Trial Teachers)** and on or before **April 6, 2016 (for Permanent Teachers)**. Kindly coordinate with your respective counselors. Thank you.
2. **For Nursery 1 & 2 Advisers and Students:** Big thanks for accommodating Ms. Love Navarro and Ms. Kristine Mendoza during the facilitation of the Guidance Services Evaluation held last March 9-11, 2016.
3. **For Grades 1- 6 Homeroom Advisers, Subject Teachers and Students:** Big thanks for the success of the **Diagnostic/Achievement Test** held last Friday. **For the absentees**, please be informed that the test will be administered on **Wednesday, March 16 at 10:00 am, MMR 3**. The duration of the test is indicated in the letter to parents which will be distributed today. Kindly submit the reply slip to the Guidance Office until tomorrow. The list of absentees will be posted tomorrow.
4. **For Grades 1 - 5 & 7 - 9 Advisers and Students:** The Guidance/Counseling Services Evaluation forms will be distributed today during Homeroom period. Kindly submit the **accomplished forms** to the Guidance Office **until tomorrow**. Thank you.
5. **For G7 – 9 Diagnostic/Achievement Test and G8 PACT- POIS Absentees:** Please be informed that the Diagnostic/Achievement Test and PACT-POIS will be administered on **Wednesday, March 16 at 10:00 am**. The duration of the test is indicated in the letter to parents distributed last Friday. Kindly submit the reply slip to the Guidance Office until tomorrow. Below are the list of absentees and room assignment:

Junior High School DT Absentees – MMR 1

Grade 7

- LS 101- Laiño, Keila Anzel A. (English & Math Only)
- LS 102- Guia, Demetrius Gazelem B.
- LS 103- Lescano, Gian Francis S.
- LS 104- Deliña, Kamilla Terese C., Fernandez, Arian Ashanti L., Mendoza, Jexxine B.
- LS 111- Isaga, Isabel G.
- LS 206- Recio, Darlene Quisha Morales
- LS 208- De Castro, Aira Nicole A.

Grade 8

- LS 211- Carganilla, Marie Jeanelle T. (Math & Science Only), De Jesus, Christienne Simone F.
- LS 212- Laresma, Gabriel Antonio S.
- LS 305- Elzingre, Audrey Christia A.
- LS 308- Munap, Frances Jehan C.
- LS 311- Bagulbagul, Mary Grace M.
- LS 312- Cruz, Kyle Gabriel A., Tolentino, Robin Luise A.
- LS 406- Bonus, Andre Jonathan Dave C.
- LS 409- Frago, Jamie Margaret G.
- LS 412- Lumbera, Ma. Veronica P. (Math & Science Only)

Grade 9

- BM 101- Gonzalvo, Gabrielle Paredes
- LS 201- Abu Alhalawa, Niveen R.
- LS 202- Encarnacion, Jewel Hannah M., Jazareno, Ylizeyeth Justine, Lumbera, Reign S.
- LS 301- Pamintuan, John Rupert S., Punzalan, Martin Rojin K.
- LS 402- Barde, Carl Christian

G8 PACT-POIS Absentees – MMR 1

- LS 409- Frago, Jamie Margaret G.

6. **From ANAK LASALYANO:** There will be a “TAKBO PARA SA PAGBABALIK MO”, a fundraising project for OFW, on March 23, 2016 at De La Salle Lipa Oval. The registration period is until March 22, 2016 and the registration fee should be paid at the Cashier’s Office. Please be guided by the following details:

Call Time: 4:45am

Run Starts: 5:00am

Registration Fee and Freebies:

- **3K Kiddie Run-** 12 years old and below (P175) with baller and race no. (bring a photocopy of NSO birth certificate)
- **5K Fun Run-** 13 years old and above (P250) with baller and race no.
For further details, you may contact Ms. Mercy Malabanan of the College Guidance Office at local 251/ (043) 981- 2904 or Faith Malaluan at 0916- 406- 4574

FROM THE OVCM - STUDENT SERVICES OFFICE:

1. The following elected JHS SCB Officers shall have a meeting with Sir Hiro today at the SCB office after exams. Please don’t fail to attend this important meeting.

President: Chantal Therese Laude

Vice President: Bea Francine Luna

Grade 8 Representatives: Clarisse Abegail Avila
Jubel Jasmin Coronel
Izabelle Pasano

Grade 9 Representatives: Aaliyah Beatriz Caig
Aimee Kristine Aquino
Alliyah Mae Gutierrez

Grade 10 Representatives: Anthony Cedric Mandado
Benedict Sumague
Sophia Isobel Papa

FROM THE OVCM - LASALLIAN ASSISTANCE MANAGEMENT PROGRAM:

Announcement

All Integrated School scholars namely MA, Br. President, Expanded, Free school, Star and Privately Funded are required to submit photocopy of their final report card at the LAMP Office on APRIL 6 & 7, 2016 to facilitate the scholarship tagging for SY2016-2017.