



**GOD’S WORDS FOR TODAY (Lk. 4:24-30)**

**The Holy Gospel according to St. Luke,**

Jesus said to the people in the synagogue at Nazareth: “Amen, I say to you, no prophet is accepted in his own native place. Indeed, I tell you, there were many widows in Israel in the days of Elijah when the sky was closed for three and a half years and a severe famine spread over the entire land. It was to none of these that Elijah was sent, but only to a widow in Zarephath in the land of Sidon. Again, there were many lepers in Israel during the time of Elisha the prophet; yet not one of them was cleansed, but only Naaman the Syrian.” When the people in the synagogue heard this, they were all filled with fury. They rose up, drove him out of the town, and led him to the brow of the hill on which their town had been built, to hurl him down headlong. But he passed through the midst of them and went away.

**MISSION VISION**

“To be a sign of faith as an excellent educational institution, sharing in the Lasallian mission of teaching minds, touching hearts and transforming lives.”

**FROM THE OVCAR – OFFICE OF THE INTEGRATED SCHOOL PRINCIPAL:**

- Please be informed of the scheduled meetings this week:  
 Classroom Evaluation Instrument Committee - Feb. 29; 2:00pm at MMR 1  
 Principal’s Council- March 1; 1:00pm at the Principal’s Conference Rm.  
 Principal’s Extended Council- March 8; 9:00am at the Principal’s Conference Rm.
- The enrolment dates for SY 2016- 2017 have been communicated to the parents including the SHS’s enrolment schedule. Grade 10 homeroom advisers are requested to remind the students.

**FROM THE OVCAR – GRADE SCHOOL COMMUNITY:**

*From the Assistant Principal*

- Kinder and Grade 6 students are now having their 4<sup>th</sup> Quarterly Assessment. Please be guided by the schedule.

Kinder	Feb. 29	March 1	March 2
7:00-7:40 (1 <sup>st</sup> ) 11:40-12:00 (2 <sup>nd</sup> )	Assembly/ Homeroom	Assembly/ Homeroom	Assembly/ Homeroom
7:40-8:40 (1 <sup>st</sup> ) 12:00-1:00 (2 <sup>nd</sup> )	Language Arts	Filipino	Oral Test
8:40-9:40 (1 <sup>st</sup> ) 1:00-2:00 (2 <sup>nd</sup> )	Reading	Math	Completion

Grade 6	Feb. 29	March 1	March 2
7:10-7:40	Assembly/ Homeroom	Assembly/ Homeroom	Assembly/ Homeroom
7:40-8:40	Filipino	English	CLCE
8:40-9:40	Science	Math	Soc. Studies

- Outstanding Club Member/s in Grade 6: Concerned club moderators are requested to submit their Outstanding Club Member to the Student Activity Office staff until Friday, March 4. Thank you.
- Thanks to those advisers who have forwarded the payment for the class pictures to the AP office. Others are requested to do so on or before March 10.

*From the Christian Living Department*

**Thank you so much to class sponsors today. The following are the sponsors tomorrow:**

Grade 1	*BB 105	Ms. Cris Del Mundo
Grade 6	BB 401	Ms. Lein Saculo
Grade 2	BG 113	Ms. Verna Cuevas
Grade 5	BB 305	Ms. Maricel Comia



### **FROM THE OVCAR –JUNIOR HIGH SCHOOL COMMUNITY:**

#### *From the Assistant Principal*

1. We thank and congratulate the Science, Math and Computer departments headed by Mr. Nonoy Orozco, Ms Tere Caya, and Ms. Minerva Fanoga respectively for the undertakings this January and February. We likewise thank the entire community for the support rendered to the activities of the departments.
2. Grade 10 exams today: 7:40 – 8:40 – CLCE  
8:40 – 9:40 – ENGLISH
3. Grade 10 students who need to come to school (for official business only) after the test are reminded to be in school uniform and to secure the parent's waiver. Please ask the teacher/moderator who requires you to report to sign first the waiver, and then the concerned CC/AP and the Principal. Please be guided accordingly.
4. Please be guided by the other instructions that are provided in the letter to parents regarding the Recognition preparation.
5. On Thursday March 3, the JHS shall attend the Community Thanksgiving Mass at the SENTRUM at 8:30 AM. This is an opportune time for all of us to thank the good Lord for all the blessings that we have received this school year. And we continue to pray for His blessing and guidance in the coming school years. Movement to the venue will be at 7:40 AM.
6. All Grade 10 students are required to come back on March 3 for the Community Thanksgiving Mass followed by the Grade 10 Assembly. Please follow the regular time you report to school. Attendance will be checked by the homeroom adviser.

#### *From the JHS Christian Living Department*

ON CONFIRMATION Matters - To All Students who received the Sacrament of Confirmation but with incomplete documents – Please be reminded to submit the complete documents of your Godparents to Mr. Fred Amul at Academic Council office until March 2, 2016 for the release of the *Partida ng Kumpil*. Thank you.

### **FROM THE OVCAD – INSTITUTIONAL HEALTH SERVICES:**

#### *Cont... Heart-healthy diet*

**Heart attack complications** are often related to the damage done to your heart during a heart attack. This damage can lead to the following conditions:

- Abnormal heart rhythms (arrhythmias). If your heart muscle is damaged from a heart attack, electrical "short circuits" can develop, resulting in abnormal heart rhythms, some of which can be serious, even fatal.
- Heart failure. The amount of damaged tissue in your heart may be so great that the remaining heart muscle can't do an adequate job of pumping blood out of your heart. Heart failure may be a temporary problem that goes away after your heart, which has been stunned by a heart attack, recovers. However, it can also be a chronic condition resulting from extensive and permanent damage to your heart following your heart attack.
- Heart rupture. Areas of heart muscle weakened by a heart attack can rupture, leaving a hole in part of the heart. This rupture is often fatal.
- Valve problems. Heart valves damaged during a heart attack may develop severe, life-threatening leakage problems. A heart attack usually is diagnosed in an emergency setting. However, if you're concerned about your risk of heart attack, see your doctor to check your risk factors and talk about prevention. If your risk is high, you may be referred to a heart specialist (cardiologist).

**FROM THE OVCM- GUIDANCE OFFICE:**

1. **For Grades 2 & 3 Advisers, Subject Teachers and Students:** Below is the schedule of the Counselor’s Time:  
Pre-assigned materials **For Grades 2-3 students:** coloring materials & 1x1 picture

Date	Time	Section	Subject	Teacher
<b>GRADE 2</b>				
Feb. 29, 2016 (Monday)	8:20AM – 9:00AM	BG 113	Reading	Ms. V. Cuevas
	1:00PM – 1:40PM	BG 110	Math	Ms. R. Pecayo
Mar. 1, 2016 (Tuesday)	1:00PM – 1:40PM	BG 111	Math	Ms. R. Pecayo
<b>GRADE 3</b>				
Feb. 29, 2016 (Monday)	10:40AM – 11:20AM	BB 209	Science	Ms. L. Camacho
	2:20PM – 3:00PM	BB 205	Filipino	Ms. C. Aguila
Mar. 1, 2016 (Tuesday)	12:20PM – 1:00PM	BB 208	Language	Ms. A. Embalsado

2. **For Grade 5 Advisers, Subject teachers & Students:** Thank you so much for allowing Ms. Maicon Katigbak to interpret the results of the Children’s Personality Questionnaire.
3. **For Grade 6 Advisers and Students:** Please fill up the Counseling Services Evaluation Sheets during Homeroom period today and submit them immediately at the Guidance Office. Thank you.
4. **For Grade 10 Advisers and Subject Teachers:**
- a. Tomorrow, March 1, 2016, a talk about Senior High School will immediately follow after the practice for recognition rites is done. Grade 10 students please inform your parents that you will stay in school until 12:00nn after the quarterly test to attend the practice and the said activity sponsored by the Guidance Office.

**5. Looking ahead:**

March 1-4	G2-3 Counselor’s Time
March 5-11	N1- Kinder Evaluation of Guidance Services
March 14-16	G1-5 Evaluation of Guidance Services
March 10	G7-9 Diagnostic/ Achievement Test
March 11	G1-6 Diagnostic/ Achievement Test
March 14	G7-9 Evaluation of Counseling Services

**FROM THE OVCM - STUDENT SERVICES OFFICE:**

1. **On Official SCB Candidates for SY 2016-2017.**

Congratulations to the following SCB candidates:

**GRADE SCHOOL**

<b>Best Foot Forward (BFF) Party</b>	<b>Lingkod ng Mag-aaral (LM) Party</b>
<b>President:</b> Ahyen Franzyn Petalio – BB303	<b>President:</b> Jose Miguel S. Villegas – BB304
<b>Vice-President:</b> Alex Anthony L. Andal – BB309	<b>Vice-President:</b> Mary Annika Ysabelle N. Suan - BB311
<b>Grade 4 Representatives:</b> Chino R. Laluces - BB209 Luis Patrick Tupas – BB204	<b>Grade 4 Representatives:</b> Arvinn John Magnaye – BB209 John August Leonides D. Mercado – BB206
<b>Grade 5 Representatives:</b> Jet Marcus D. Marasigan – BB309 Divine Grace G. Yabut – BB309	<b>Grade 5 Representatives:</b> Mariya Althea A. Conti BB311 Verenicce D. Colendra – BB311
<b>Grade 6 Representatives:</b> Yanna Therese R. Torre - BB303 Kobe Andre Yllad L. Robles – BB304	<b>Grade 6 Representative:</b> Eliann Joell R. Atienza - BB304

<p><b>The Best Dream</b></p> <p><b>President:</b> Edyn Valentini Varona – BB306</p> <p><b>Grade 5 Representatives:</b> Jericho Aedis U. Dimatatac – BB212</p>	<p><b>Superior, Understandable, Respectful, Friendly (SURF) Party List</b></p> <p><b>President:</b> Gem Margareth G. de Claro – BB305</p> <p><b>Grade 4 Representatives:</b> Mikaela Eunice Guerra – BB 204</p> <p><b>Grade 6 Representatives:</b> Ma. Veronica M. Caranza – BB305 Antoine Jared Hernandez – BB305</p>
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**Attention: For JHS, we shall be extending the filing of candidacy until TODAY, 4:00PM to encourage more students in JHS to participate. Should there be lack of additional party or independent candidates, the election will still push through. However; 50% plus 1 of the total population of Grades 7 to 9 students should vote for the solo candidates.**

**The Campaign period shall start in Grade School today while our JHS may start tomorrow. Please take note of the following guidelines during the campaign period which will last until March 8. Meeting de Avance is set on March 9 while the election proper is on March 10.**

**GUIDELINES IN THE SCB ELECTION CAMPAIGN:**

1. All campaign materials has to be checked by the SCB Moderator, (Ms. Toots Mayuga in Grade School and Mr. Hiro Baon in JHS) and duly approved by the SAO Head.
  2. Tarpaulin, flyers or posters are allowed for posting in the designated areas only. Tarpaulin as much as possible should be limited to: 2pcs for group or party with a maximum size of 4 x 3 and 3 pcs for individual candidate with a maximum size of 3 x 2.
  3. The Brother Henry Virgil Gym and the Hasyenda maybe used for posting tarpaulin and other campaign materials for Junior High School candidates while the BB Lobby and BB spiral ramp shall be used by the Grade School candidates.
  4. All candidates shall be held responsible for the posting and removing of all campaign materials in proper coordination with the SAO and Grade Moderators. Cleanliness of the area at all times has to be maintained.
  5. Vote buying or any similar action related to the election of the candidate/s or party is strictly prohibited. E.g. giving of sweets, pastries/cookies, balers, ballpen, school supplies etc with the name of the candidate or party.
  6. An activity initiated by the party to promote the candidates and provide a venue to discuss their plataforma is highly encouraged. The party has to seek approval from the SAO for the venue and other requirements for the event.
  7. The Campaign Period shall start on February 29 until March 8 for Grade School and March 1 until March 8 for JHS.
  8. Meeting de Avance in Grade School is scheduled on March 9, 11:30AM – 12:00nn at the Bro Henry Virgil Gym and 3:00PM for Junior High School.
  9. Failure to comply with the set guidelines shall be subjected to disqualification of the candidate.
  10. All concerns related to the Campaign and Election of GS and JHS has to be coordinated with the SAO.
2. **On Outstanding Club Member in Grade 10 and Grade 6.** Only the following clubs have submitted their Outstanding Club Members:
- a. Vox Fusion
  - b. High School Debate Club and Speech Bureau
  - c. Youth for Christ
  - d. Lectors and Acolytes Club

Once again, we request our Club Moderators to please submit your Outstanding Club Member/s until next week. Thank you so much for your cooperation.

3. **On Evaluation of Club.** We shall have our final Club Meeting this week. We encourage our Club Moderators to please prepare a culminating activity during your club meeting. Likewise, may we request our Club Moderators to

please facilitate the evaluation of our Club this SY. The evaluation instrument shall be distributed by the SAO staff for your reference. Thank you very much.

4. **From the SCB.** Congratulations to the following winners of UNLEASH Grand Finals held last Wednesday, February 24, 2016:

1<sup>st</sup> Place: Bianca Dimaculangan

2<sup>nd</sup> Place: Beat DUO

3<sup>rd</sup> Place: Czarina Barquilla

**FROM THE OVCM – COMMUNITY INVOLVEMENT OFFICE:**

For the Grade 9 KAPUSO-B Exposure & Outreach Activity, please refer to the schedule posted in the previous bulletin. Thank you.

**FROM THE DE LA SALLE LIPA MULTI PURPOSE COOPERATIVE:**

To all the DLSLMPC members, please be informed that the filing of candidacy for the following positions is now on-going:

6 Board of Directors

3 Officers Committee on Audit

3 Officers Committee on Election

You may get your application form from DLSLMPC store at the Sentrum. Look for Ms. Rose, the DLSLMPC Manager.