



**GOD’S WORDS FOR TODAY Lk 9:57-62)**

**The Holy Gospel according to St. Luke,**

As they were proceeding on their journey someone said to him, “I will follow you wherever you go.” Jesus answered him, “Foxes have dens and birds of the sky have nests, but the Son of Man has nowhere to rest his head.” And to another he said, “Follow me.” But he replied, “[Lord,] let me go first and bury the Father.” But he answered him, “Let the dead bury their kingdom of God.” And another said, “I will follow you, Lord, but first let me say farewell to my family at home.” [To him] Jesus said, “no one who sets a hand to the plow and looks to what was left behind is fit for the kingdom of God.”

**MISSION VISION**

“To be a sign of faith as an excellent educational institution, sharing in the Lasallian mission of teaching minds, touching hearts and transforming lives.”

**FROM THE OVCAR – REGIONAL CENTER FOR PEACE EDUCATION (RCPE):**

Peace is Possible. As long as we are united in common vision of promoting peace which is rooted in one’s heart then peace is really possible. Sincerest thanks to all the members of the community for taking part in the whole month’s activities for peace.

**FROM THE OVCAR – OFFICE OF THE INTEGRATED SCHOOL PRINCIPAL:**

1. Deadline of submission of Research Proposals for SY 2015-2016 today. You may submit your proposals at the Principal’s Office since Ms. Monette de Villa will be attending the CEAP Seminar from today until Friday.
2. Schedule of Meetings:
  - Oct. 5 Fire Drill Evaluation Meeting – 8:00am at LRC2 Conference Room
  - Oct. 7 53<sup>rd</sup> Foundation Committee – 1:30pm at Sen. Diokno Board Room
  - Oct. 8 Principal’s Extended Council – 1:30 pm at the Principal’s Conference Room
3. World Teachers’ Day will be celebrated on Oct. 5, Monday. The SCB has been preparing activities to give tribute to the teachers. IS afternoon classes on this day are called off; please be guided by the instructions of the Asst. Principal’s Office.
4. Applicants for MALT Batch 3 are hereby informed that your Admissions Exam will be on Oct. 8, Thursday at 1:00pm. Venue is Sen. Diokno Yellow Room. Good luck to all of you!

**FROM THE OVCAR – GRADE SCHOOL COMMUNITY:**

*From the Assistant Principal*

1. Commendation to the following classes and to their advisers for their generous donation to our mission collection.
  - Grade 1: BB 104, BB 105, BB 109, BB 110, BB 111, BB 112
  - Grade 2: BG 108, BG 109, BG 110, BG 111, BG 113, BG 114
  - Grade 3: BB 108, BB 204, BB 205, BB 206, BB 208, BB 209
  - Grade 4: BB 210, BB 211, BB 212, BB 309, BB 310, BB 311, BB 312
  - Grade 5: BB 301, BB 302, BB 303, BB 304, BB 305, BB 306, BB 308
  - Grade 6: BB 401, BB 402, BB 403, BB 404, BB 406
2. Exam permit will be given to the advisers for checking. Those who have accounts for the second quarter are reminded to settle them at the cashier’s office before the exam.
3. Parents of the communicants will have a meeting today at 1:30 pm at MMR 7 & 8.
4. October 2 is first Friday of the month. Students are required to wear their Type B uniform.

*From the GS- Christian Living with Character Education Department*

**“Daily Meal with God”**

Thank you so much to all Mass sponsors today. May we request the following classes to be the sponsors tomorrow.

Grade 2	BG 110	Ms. Fe Mando
Grade 5	BB 302	Ms. Daycel Martija
Grade 3	BB 209	Ms. Lea Camacho
Grade 4	BB 311	Ms. Evelyn de Castro



## FROM THE OVCAR –JUNIOR HIGH SCHOOL COMMUNITY:

### *From the JHS Assistant Principal*

1. Exam permits were already given yesterday. Please check with your homeroom adviser if you have one; otherwise, inform your parents about this.
2. On 1<sup>st</sup> Friday October 2, all students are required to wear the Type B uniform. Please follow the guidelines in wearing the Type B uniform.
3. Student-athletes who are participating in the Area Meet from Sept. 29 – Oct. 1 are excused from their classes. We likewise wish them good luck in all the games they would play a part.
4. There will be community meeting today September 30 at 3:10PM in MMR 2. Attendance is highly expected. Please come on time.
5. Our commendation to the following classes for their donation to the mission collection:  
Grade 7: LS103, LS104, LS105, LS106, LS107, LS108, LS111, LS205, LS206  
Grade 8: LS212, LS305, LS306, LS407, LS409, LS412  
Grade 9: LS203, LS204, LS304, LS402  
Grade 10: MM201, MM204
6. Our congratulations to the following classes for their generous donation to the mission collection:  
Grade 7: LS108      Grade 8: LS306      Grade 9: LS402      Grade 10: MM201

### *From the JHS Christian Living Department*

#### ***Lasallian Method of Interior Prayer:***

1. Third Movement: Abandoning Oneself to the Holy Spirit  
*Review what happened in your prayer period. What attitude, virtue, or spirit do you feel God is calling you to adopt? Give yourself to the Holy Spirit so you can grow in the spirit and virtues of Jesus.  
Make a concrete resolution to try and embody this virtue, spirit or attitude in some particular way.  
(Valenzuela, Living the Lasallian Spirit)*

1. We would like to thank all the classes for your attendance in the Holy Mass. Let us continue to meet God in this highest form of public prayer. Here is the schedule of class Mass sponsors:  
Homeroom Advisers are once again reminded to accompany their respective classes in attending the Holy Mass.
2. Please be informed that Mr. Fred Amul is attending the CEAP Convention today until Friday. In his absence, Mr. Joey Lirio will be the officer in charge of the Christian Living with Character Education Department.

### *From the Grade Moderator's Office*

Haircut inspection on October 5 (Monday).

## FROM THE OVCAR - LEARNING RESOURCE CENTER:

### **1. FYI**

Do you know that St. Jerome is the patron Saint of booklovers, librarians, scholars, students and abandoned children? Today is his feast day. He was born on 340 AD in Stridon, Dalmatia (on the eastern coast of the Adriatic Sea). He died on 420 AD. He was a translator of the Bible from Greek and Hebrew into Latin, known as the Latin Vulgate.

Sources:

Catholic Online. *St. Jerome*. Retrieved on September 29, 2015 from  
<http://stjeromecatholic.org/patron-saint/>

Jockle. C. (1995). *Encyclopedia of Saints*. London: Alpine Fine Arts Collection.

2. In line with the celebration of **National Book Week** on November 23-27, 2015 we will have an advanced **ESSAY WRITING CONTEST** since the winning entry (First Place) will automatically be the official entry of our school to regional level.

**Participants** : Grade 9 students  
**Submission of Entry** : October 2, 2015  
**Place** : High School Library  
(c/o Ms. Ana Frane & Ms. Emy Sagbang)

#### **Objectives:**

1. To instill in the young Filipino learners the love for books
2. To develop among the students essential reading and literacy skills

**Guidelines:**

1. Each section will have one entry.
2. The theme of the essay will be the theme of the National Book Week 2015 celebration, which is “*The Filipino Reader in the Era of ASEAN Integration*”.
3. The essay should be written in English (not more than 300 words) and handwritten.
4. The contestant’s name must be written on a separate sheet of paper and stapled or attached at the back of the entry.
5. First, Second and Third Placer will be chosen.
6. Awarding of winners will be during the Closing Ceremony on November 27, 2015. They will receive tokens of appreciation and certificates.
7. The criteria for judging will be as follows:
 

Organization	-	35%
Content-	-	35%
Mechanics	-	<u>30%</u>
		100%

**1<sup>st</sup> prize = P1,000.00**

**2<sup>nd</sup> prize = P700.00**

**3<sup>rd</sup> prize = P500.00**

**FROM THE OVCAD – INSTITUTIONAL HEALTH SERVICES:**

**WORLD RABIES DAY**

**Tips to Prevent Rabies**

- Vaccinate dogs and cats against rabies as required. All dogs and cats more than four months of age must be vaccinated against rabies. Keep vaccinations current at all times.
- Keep dogs and cats under control. Roaming pets are more likely to have been exposed to rabies than those supervised by their owners.
- Leave stray or unknown dogs and cats alone. Loose animals are more likely to have been exposed to rabies and to attack others. Keep pets away from strays, too.
- Leave wild animals alone. Avoid wild animals even if they appear friendly, and do not coax a wild animal to eat from your hand. Do not fear wild animals, just respect and stay away from them. Very young children can learn this rule.
- Do not keep wild animals as pets.
- Make your property unattractive to wild animals. Feed your pets indoors and keep trash cans tightly closed.

**If YOU are Bitten, Scratched, or have Contact with an Animal:**

- Immediately wash the wound thoroughly, cleaning and flushing with plenty of soap and water for several minutes.
- Identify and continue to observe the animal (if wild or stray) to aid its eventual capture, but do not risk exposure again.
- Get prompt medical attention. Call your family doctor or go to the nearest emergency room.

**<http://doh.dc.gov/service/rabies-prevention>**

**Schedule of Medical and Dental Check Up**

Date	Time	Medical	Dental
Sept.30	08:40am- 09:40am		G8 LS 309
	09:40am-10:40am	G10 BM 206	
	02:00pm-03:00pm	G10 BM 205	
Oct.01	09:40am- 10:40am	G10 MM 204	
	01:00pm- 02:00pm		G9 LS 304
	02:00pm- 03:00pm	G10 MM 201	G8 LS 212
Oct.02	08:00am- 09:00am		G5 BB 301
	09:20am-10:20am	G3 BB 209	G3 BB 209
	01:40pm-02:20pm	G6 BB 405	

**FROM OVCAD – GENERAL SERVICES DEPARTMENT:**

All faculty and staff are invited to a SPECIAL WHITE ELEPHANT SALE for hotel items on 02 October 2015, Friday. Among the items available for sale are:

<u>Quantity</u>	<u>Particular</u>	<u>Price (Php)</u>
21 units	Knock-down double deck bed wooden with mattress	5,500.00 each
5 units	21" Sharp Television with TV Rack	2,000.00 each
2 units	Double Size Bed with mattress (48x75)	3,800.00 each
2 units	Queen Size Bed with mattress (60x75)	4,000.00 each

The WES shall abide by the following guidelines:

1. All DLSL and agency employees are eligible to buy any of the items at quoted price.
2. Prices are fixed and non-negotiable.
3. Items for check out shall be accompanied by a check out security clearance with the official receipt of payment attached.
4. Sale shall be made thru draw lots. Each employee is only allowed one entry per line item.
5. Pre-registration and dropping of entries shall start at 7:00 AM until 12:00 NN.
6. Payments are to be made only in CASH at the Cashier/Treasury Section of the FRD not later than 9 October 2015. Sold items shall be pulled-out until 13 October 2015, Tuesday. Items sold but not pulled-out on or before the said date shall incur storage and handling fee of P200.00 per day.

For inquiries, please call CPD at local 247 or 296, IPMS at local 266 and GSD at local 226. For your information and guidance.

**FROM THE OVCM - GUIDANCE OFFICE:**

1. **For Grade 7 Teachers and Students:** Below is the schedule of the High School Personality Questionnaire (HSPQ) administration for today and tomorrow:

<u>Date</u>	<u>Section</u>	<u>Time</u>	<u>Teacher</u>
<b>September 30, 2015 (Wednesday)</b>	LS 112	2:00 pm – 3:00 pm	Ms. M. Bautista
<b>October 1, 2015 (Thursday)</b>	LS 110	10:00 am – 11:00 am	Ms. M. Bautista

2. **For Grade 10 Teachers and Students:** Below is the schedule of OLSAT administration for today:

<u>Date</u>	<u>Section</u>	<u>Time</u>	<u>Teacher</u>
<b>September 30, 2015 (Wednesday)</b>	BM 206	11:00 am – 12:00 nn	Mr. F. Angeles
	BM 105	1:00 pm – 2:00 pm	Mr. A. Cadelina

3. **Looking Ahead:**

October 19	G7-10 Structured Homeroom
October 19-23	G9 CFIT Administration
October 20	G4-6 Structured Homeroom

**FROM THE OVCM - STUDENT ACTIVITIES OFFICE:**

1. **FOR OUR HOMEROOM ADVISERS:** Please follow-up with your advisory class the Student's Record of Achievement which is to be submitted at the SAO on **Friday, October 2**. All cream classes from Grade 6 to Grade 10 were given a copy of the form in the assumption that most of the students have outstanding performance in co-curricular and curricular activities. However; should you have student/s in your class who has to fill out the form, you are most welcome to see us at the SAO or you may photocopy the attached form in the letter to Homeroom Advisers last September 25. Again, this is in compliance to our application to PAASCU Level 3 Accreditation. Thank you for your support.
2. **On World Teachers' Day Celebration.** Our Student Coordinating Board shall sponsor a simple celebration of World Teachers' Day on October 5 as mandated by DepEd. The program and invitation shall be distributed today by our SCB while the complimentary World Teachers' Day shirt shall be made available until Thursday. Concerns about the shirt should be addressed directly to the supplier. Thank you very much.
3. **From the Student Coordinating Board.** All Class Presidents will have a meeting today at the BHV Gym after the morning prayer. Please be prompt.

**FROM THE OVCM – INSTITUTIONAL LASALLIAN FORMATION OFFICE:**

***Retreat Schedule***

October 1-2 - G10 CMR204                      October 21-22 - G10 MM202  
October 19-20 - G10 CMR206                October 26-27 - G10 BM105

***Recollection Schedule***

October 16 - G8 LS312, LS410, LS405  
October 19 - G7 LS109, LS110, LS103

**FROM THE OVCM – SPORTS OFFICE:**

**NCAA South Football**

**Date: September 30, 2015**

Venue: Colegio de San Juan de Letran Calamba

Time: 7:00 am

De La Salle Lipa vs San Beda College Alabang

**High School Football Boys –A**

Head Coach: Mr. Leander Obrial

Asst. Coach: Mr. Ryan Paul Puertollano

	<b>Name</b>	<b>Grade</b>	<b>Section</b>		<b>Name</b>	<b>Grade</b>	<b>Section</b>
1	Almazan, Juan Miguel C.	10	LS 312	10	Panaligan Sean Abram S.	10	BM 407
2	Almazan, Mark Anthony C	9	LS 111	11	Parra, Elron Joseph R.	10	SBJ MM 201
3	Bautista, Neil Nathaniel L	9	LS 108	12	Pena, Gerard Carl G.	10	MM 406
4	Brioso, Paul Matrix M.	8	LS 101	13	Regalado, Simon Regs M.	10	CMR 310
5	Cadeliña, Amgad Isaiah L.	9	LS 111	14	Silang, Kristian Angelo H.	10	BM 407
6	Carandang, John Carlo F.	9	LS 106	15	Silva, Marvino A.	10	MM 410
7	Claveria, J Henric M.	10	LS 309	16	Adame, Gian Lucilo Primo R	8	LS 408
8	Comia, Duane Jules A.	10	CMR 308	17	Penix, Krysinri Alexis S.	8	LS 411
9	Macasaet, Jason Carl L.	8	BM 204	18	Torralba, Rommel Rosalio C	8	LS 410

**RIFA GAMES**

**Date: October 1, 2015**

Time: 7:00 am

Venue: Don Bosco Mandaluyong

**De La Salle Lipa vs Don Bosco Mandaluyong**

**High School Football Boys A**

**Head Coach: Mr. Leander Obrial**

**Asst. Coach: Mr. Ryan Paul Puertollano**

	<b>Name</b>	<b>Grade</b>	<b>Section</b>		<b>Name</b>	<b>Grade</b>	<b>Section</b>
1	Almazan, Juan Miguel C.	10	LS 312	9	Macasaet, Jason Carl L.	8	BM 204
2	Almazan, Mark Anthony C.	9	LS 111	10	Panaligan Sean Abram S.	10	BM 407
3	Bautista, Neil Nathaniel L.	9	LS 108	11	Parra, Elron Joseph R.	10	SBJ MM 201
4	Brioso, Paul Matrix M.	8	LS 101	12	Pena, Gerard Carl G.	10	MM 406
5	Cadeliña, Amgad Isaiah L.	9	LS 111	13	Regalado, Simon Regs M.	10	CMR 310
6	Carandang, John Carlo F.	9	LS 106	14	Silang, Kristian Angelo H.	10	BM 407
7	Claveria, J Henric M.	10	LS 309	15	Silva, Marvino A.	10	MM 410
8	Comia, Duane Jules A.	10	CMR 308				

**RIFA GAMES**

**Date: October 1, 2015**

Time: 9:00 am

Venue: Don Bosco Mandaluyong

**De La Salle Lipa vs Don Bosco Mandaluyong**

**Head Coach: Mr. Emmanuel Ian Mercado**

	Name	Grade	Section		Name	Grade	Section
1	Banay Banay, Jericho L.	6	BB 211	9	Guinto, Andre Mickel M.	5	BB 303
2	Benito, Carlos Nicolai L.	6	BB 211	10	Javier, Dehleio Dwayne G.	3	BB 108
3	Biscocho, Laurens Ivan R.	5	BB 301	11	Macasaet, Gian Ruiz M.	6	BB 310
5	Dalisay, Christian Gabriel	6	BB 211	12	McEvoy, Joseph R.	5	BB 306
6	Delos Reyes, Grant Jericho B.	6	BB 212	13	Mendoza, Angelo Joshua V.	5	BB 301
7	Gabriel, Nathaniel D.	4	BB 209	14	Mercado, John August Leonides D.	3	BG 111
8	Gonzales, Renzo Epiphany E.	5	BB 303	15	Reyes, Michael Jordson B.	6	BB 210

**Head Coach: Mr. Emmanuel Ian Mercado**

1	Altamirano, Carlos Enrique V.	7	LS 409	4	Macasaet, Garret Riley M.	7	LS 208
2	Alva, Philip Jr. A.	7	LS 207	5	Silva, Rafael A.	7	LS 111
3	Gabo, Ralph Emmanuel C.	7	LS 208	6	Tuble, Seth Raymund N.	7	LS 206

	Name	Grade	Section		Name	Grade	Section
1	Adame, Gian Lucilo Primo R,	8	LS 408	12	Frane, Howard Christian A.	9	LS 303
2	Adolfo, Christian Felix D.	8	LS 408	13	Hernandez, Jose Antonio C.	8	LS 407
3	Baes, Patrick Jerome V.	9	LS 303	14	Javier, Jason Alexander L.	8	LS 307
4	Balmes, Von Ernest Mathew H.	9	LS 204	15	Katigbak, Carl Kent J.	8	LS 406
5	Berana, Lorenz Miguel O.	8	LS 306	16	Mistas III, Reuben Albert G.	9	LS 401
6	Campos, Dhale Clifford M.	8	LS 309	17	Ocampo, John Lloyd B.	9	LS 401
7	Campos, Vaughn Sebastian S.	9	LS 204	18	Penix, Krysinri Alexis S.	8	LS 411
8	Carandang, Kenneth Robert K.	8	LS 212	19	Quizon, Zuriel John E.	8	LS 305
9	Chico, Cairo V.	9	BM 103	20	Torralba, Rommel Rosalio C.	8	LS 410
10	Cuarto, Stephen Paul H.	8	LS 409	21	Visleño, Victor Angelo P.	9	LS 203
11	Flores, Paul Michael V.	9	LS 203	22	Zara, Ralph Emerson M.	9	LS 303

**NCAA South Football**

**Date: October 6, 2015**

Venue: Colegio de San Juan de Letran Calamba

Time: 10:00 am

De La Salle Lipa vs PCU Dasma

**High School Football Boys A**

Head Coach: MR. Leander Obtial

Asst. Coach: Mr. Ryan Paul Puertollano

	Name	Grade	Section		Name	Grade	Section
1	Almazan, Juan Miguel C.	10	LS 312	10	Panaligan Sean Abram S.	10	BM 407
2	Almazan, Mark Anthony C.	9	LS 111	11	Parra, Elron Joseph R.	10	SBJ MM 201
3	Bautista, Neil Nathaniel L.	9	LS 108	12	Pena, Gerard Carl G.	10	MM 406
4	Brioso, Paul Matrix M.	8	LS 101	13	Regalado, Simon Regs M.	10	CMR 310
5	Cadelina, Amgad Isaiah L.	9	LS 111	14	Silang, Kristian Angelo H.	10	BM 407
6	Carandang, John Carlo F.	9	LS 106	15	Silva, Marvino A.	10	MM 410
7	Claveria, J Henric M.	10	LS 309	16	Adame, Gian Lucilo Primo R,	8	LS 408
8	Comia, Duane Jules A.	10	CMR 308	17	Penix, Krysinri Alexis S.	8	LS 411
9	Macasaet, Jason Carl L.	8	BM 204	18	Torralba, Rommel Rosalio C.	8	LS 410