



GOD'S WORDS FOR TODAY Mt. 13-47-53)

The Holy Gospel according to St. Matthew,

Again, the kingdom of heaven is like a net, thrown in the sea, which collects fish of every kind. When it is full, they haul it ashore and sit down to put what is good in to buckets. What is bad they throw away. Thus it will be at the end of the age. The angels will go out and separate the wicked from the righteous and throw them into the fiery furnace, where there will be wailing and grinding of teeth.

Do you understand all these things? They answered, "Yes." And he replied, "then every scribe, who has been instructed in the kingdom of heaven is like the head of a household who brings from his storeroom both the new and the old." When Jesus finished this parable, he went away from there."

Reflection:

Becoming true Christian is not so easy. Good works, acts of mercy and witnessing must be seen to each of us in order to become meritorious members. It is the challenge of God to make our choice according to the maxim do good and avoid evil." For at the end of our life we will be judged according to our actions.

Let us pray...

Almighty God, teach us the right way to follow you and secure our heart from wickedness so that we will become estimable sons of your's. Amen

St. John Baptist De La Salle... Pray for us!

Live Jesus in our hearts... Forever!

MISSION VISION

"To be a sign of faith as an excellent educational institution, sharing in the Lasallian mission of teaching minds, touching hearts and transforming lives."

FROM THE OVCAR – GRADE SCHOOL COMMUNITY:

From the Assistant Principal

- All students are again reminded to review the past lessons for the quarterly test next week. Please be guided by the schedule given last July 16.

	August 3	August 4	August 5
Nursery 1	Reading	Math	Oral Test
Nursery 2 & Kinder	Reading Language Arts	Filipino Math	Oral Test Completion
Grades 1-3	CL with CE Reading Science	Language Arts Math	Filipino Social Studies
Grades 4-6	CL with CE English	Social Studies Math	Filipino Science

- Honors' Assembly pictures will be distributed by the advisers. Concerned students, please pay Php 50.00 for each picture. Advisers, kindly forward the payments to Ms. Lorie until August 7, 2015 who in turn will remit the collections to the roving cashier. Thank you.
- Additional mission collection: Grade 4 - BB 312, Grade 5 - BB 302

From the GS- Christian Living with Character Education Department

Seven Attitudes in Prayer

—Making prayer effective

The following attitudes should be developed as conditions upon which God will hear and answer our prayers. The more we pray with these attitudes, the more effective our prayers will be.

1. Acceptance

Let us pray in acceptance that God knows better than we do what our needs are (Matthew 6:8, Romans 8:26, 2Corinthians 12:7-10). <http://www.simplybible.com/f246.htm> (to be continued...)

Thank you so much to the Mass sponsors/goers today, the following are the sponsors tomorrow:

Grade 1	BB 111	Ms. Daniella Gutierrez
Grade 6	BB 404	Ms. Leonie Landicho
Grade 3	*BB 204	Ms. Ehden Petalio
Grade 4	BB 211	Ms. Elma Lingao

Special commendations to all classes and advisers who religiously respond to God’s daily invitation. May the Sacrament of the Holy Eucharist be the center of all our inspirations.

From the Grade School Mathematics Department

We wish the best of luck and safe trip to our La Sallian students as they leave for different International Mathematics Competition in Singapore and Hong Kong from July to August 2015.

To all of you, we enjoined once again our heartfelt prayers to bestow upon them the Spirit of knowledge and wisdom to win this event and may the Lasallian blessing be with you always. God Bless and Animo La Salle!!!

GOOD LUCK once again... GO...GO...GO...La Sallian!

TITLE/ CONTESTS	PARTICIPANTS	VENUE and DATE
2015 International Mathematics Competition (IMC)	Gerard Elmer Ilagan GRADE 6	July 31-August 3, 2015 SINGAPORE
2015 International Mathematics Competition (IMC)	Grace Dela Cruz GRADE 5	July 31-August 3, 2015 SINGAPORE
2015 International Mathematics Competition (IMC)	Alex Anthony Andal GRADE 4	July 31-August 3, 2015 SINGAPORE
2015 International Mathematics Competition (IMC)	Alexander Benedict Bulloso GRADE 4	July 31-August 3, 2015 SINGAPORE
2015 International Mathematics Wizard Challenge (IMWIC)	Reuben Joseph Felix GRADE 2	August 9-12, 2015 HONGKONG
2015 International Mathematics Wizard Challenge (IMWIC)	Andre Jerahmy Amante GRADE 5	August 9-12, 2015 HONGKONG
2015 Singapore International Mathematical Olympiad Challenge (SIMOC)	Paolo Miguel Torres GRADE 6	August 14-17, 2015 SINGAPORE
2015 Singapore International Mathematical Olympiad Challenge (SIMOC)	Ashley Naomi Uy GRADE 3	August 14-17, 2015 SINGAPORE
2015 Singapore International Mathematical Olympiad Challenge (SIMOC)	Gabriel Briones GRADE 3	August 14-17, 2015 SINGAPORE

From the Grade Moderators:

- Thanks and congratulations to the following teachers for submitting the list of model students:
Ahead of time - Ms. Ruth Tapalla, Ms. Lein Saculo and Ms. Regina Arada
On time - Ms. Liezel Magnaye, Ms. Leonie Landicho, Ms. Toots Mayuga, Ms. Elma Lingao, Ms. Elma Langamon, Ms. Margie Magnaye, Ms. Lorna Bagares, Ms. Verna Dimaala and Ms. Leah Sebuc.
- Grades 4 – 6 advisers, kindly submit the list of key monitors at the GMs’ office tomorrow.
- All students are reminded of the proper use of the comfort rooms. Let us maintain the cleanliness at all times.
- Thanks and Congratulations also to BB 308 of Ms. Ruth Tapalla and BB 312 of Ms. KC Abante for submitting the LOG IN – OUT FOLDER, CLEANLINESS DRIVE FOLDER and INCIDENT REPORT FOLDER last July 24, 2015.

CLEANLINESS FOLDER

Grade 4

- | | |
|--------------------------------|-----------------------------|
| BB 309 of Ms. Liezel Magnaye | BB 210 of Ms. Elma Langamon |
| BB 310 of Ms. Raquel Maralit | BB 211 of Ms. Elma Lingao |
| BB 311 of Ms. Evelyn De Castro | BB 212 of Ms. Regine Arada |
| BB 312 of Ms. KC Abante | |

Grade 5

- | | |
|------------------------------|----------------------------|
| BB 301 of Ms. Toots Mayuga | BB 304 of Mr. Maximo Bueno |
| BB 302 of Ms. Daycel Martija | BB 306 of Ms. MC Briguela |
| BB 303 of Ms. Jem Landicho | BB 308 of Ms. Ruth Tapalla |

Grade 6

BB 41 of Ms. Verna Dimaala
 BB 401 of Ms. Lein Saculo
 BB 402 of Ms. Margie Magnaye

BB 403 of Ms. Leah Sebu
 BB 405 of Ms. Leonie Landicho
 BB 406 of Ms. Lorna Bagares

INCIDENT REPORT FOLDER**Grade 4**

BB 309 of Ms. Liezel Magnaye
 BB 310 of Ms. Raquel Maralit
 BB 312 of Ms. KC Abante

BB 210 of Ms. Elma Langamon
 BB 211 of Ms. Elma Lingao
 BB 212 of Ms. Regine Arada

Grade 5

BB 301 of Ms. Toots Mayuga
 BB 303 of Ms. Jem Landicho
 BB 308 of Ms. Ruth Tapalla

BB 304 of Mr. Maximo Bueno
 BB 306 of Ms. MC Briguela

Grade 6

BB 401 of Ms. Lein Saculo
 BB 403 of Ms. Leah Sebu

LOG-IN/OUT FOLDER**Grade 4**

BB 309 of Ms. Liezel Magnaye
 BB 310 of Ms. Raquel Maralit
 BB 312 of Ms. KC Abante

BB 210 of Ms. Elma Langamon
 BB 211 of Ms. Elma Lingao
 BB 212 of Ms. Regine Arada

Grade 5

BB 304 of Mr. Maximo Bueno
 BB 303 of Ms. Jem Landicho

BB 308 of Ms. Ruth Tapalla
 BB 306 of Ms. MC Briguela

Grade 6

BB 401 of Ms. Lein Saculo
 BB 402 of Ms. Margie Magnaye
 BB 403 of Ms. Leah Sebu

BB 404 of Ms. Cecele Masilungan
 BB 405 of Ms. Leonie Landicho

5. Thanks and Congratulations also to BB 308 of Ms. Ruth Tapalla and BB 312 of Ms. KC Abante for submitting the LOG IN – OUT FOLDER, CLEANLINESS DRIVE FOLDER and INCIDENT REPORT FOLDER last July 24, 2015
6. **RESULT OF THE CLEANLINESS DRIVE (July 20-24, 2015)**

Grades 4- 6

Grade and Section	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	VC	C	D	VC	C	D	VC	C	D	VC	C	D	VC	C	D
Grade 4															
BB 210	KAPATIRAN			3			9						8	1	
BB 211	7			7			9						5		
BB 212	8	1		7	1		10						8		
BB 309	10			10			9						9		
BB 310	10			10			10						8		
BB 311	9			8			7	1							
BB 312	8	1		6	3		10						7		
Grade 5															
BB 301	10			10			8	2					8	1	
BB 302	6			6	1		10						9		
BB 303	10			10			10						9		
BB 304	10			10			10						9		
BB 305	10			10			7						6		
BB 306	10			7	1		10						7		
BB 308	9	1		10			10						9		

Grade 6														
BB 401	11			10			8						9	
BB 402	11			9			10						9	
BB 403	11			10			10						8	
BB 404														
BB 405	11			9			8						9	
BB 406	11			10			9						9	
BB 41	10			10			8						10	

LOOKING AHEAD: August 3 – Haircut Inspection
August 7 – GS Assembly

FROM THE OVCAR –JUNIOR HIGH SCHOOL COMMUNITY:

From the JHS Assistant Principal

- All concerned students are advised to get their pictures of the 2015 Honors Assembly upon payment of Php 50/picture at the AP office. Deadline of payment is on August 7.
- Please be guided by our 1st Quarterly Assessment Schedule:

Time	August 3	August 4	August 5
7:40-8:40 8:40-9:40	Math	English	C. Living
9:40-10:00	Recess		
8:40-9:40 10:00-11:00	Filipino	Social Studies	Science

- Please check with your homeroom adviser if you already have exam permit; otherwise, inform your parents about it.
- Additional Mission Collection: LS103, BM102, CMR202, LS 109

To JHS faculty:

- Today, the JHS faculty shall attend the meeting with the Senior High School (SHS) Head and MCD staff at 3:15 pm in MMR 7&8 for presentation of the SHS curriculum and other matters pertinent to SHS offering next school year. Your attendance to this meeting is expected. Thank you.

From the JHS Christian Living Department

Day to day with St. La Salle

“Take care not to remain in a sterility that is able to rob you of a taste for prayer and an attraction for God.” (Med 146.1)

Suggestions for living in God’s Presence:

- Use your imagination to give form to the experience of God/Jesus expressing his love for you (through an embrace, a loving gaze, a touch, etc.) and bask in his love for several minutes each day. Find time to do this in the free spaces you have between your daily activities.*

Source: Br. Mike Valenzuela, *Living the Lasallian Spirit*

- Thank you very much to all classes who sponsored the Holy Mass.
Here is the schedule of the succeeding Mass sponsors. May we request that the Mass sponsors of the day be permitted to go to the Capilla at 11:55 am so that they won’t be late in the Mass.

Grade	July 30	Advisers	July 31	Advisers
Grade 7	LS 105	Ms. Celestie Quinto	LS 106	Ms. Embel Racal
Grade 8	LS 305	Ms. Gigi Calingasan	LS 306	Mr. Val Bautista
Grade 9	BM 100	Ms. Teng Marquez	BM 101	Ms. Tintin Dimaculangan
Grade 10	CMR 204	Mr. Allan Cadeliña	CMR 205	Ms. Golda Obeña
<i>Every Wednesday Commitment of Class LS 303 of Mr. Gerald Latayan</i>				
<i>Every Thursday Commitment of Class LS 307 of Ms. Lala Faeldonia</i>				
<i>Every Friday Commitment of Class LS 409 of Ms. Edith Africa</i>				

Homeroom Advisers and CL Teachers of the said classes are also expected to accompany them in partaking the Eucharistic celebration.

From the JHS English Department

From a number of commonly confused words, this week we’re giving you a number of new words that have entered the Oxford English Dictionary (OED). The OED is updated four times a year, every March, June, September, and December.

sext (2001) /sɛkst/

noun

- A service forming part of the Divine Office of the Western Christian Church, traditionally said (or chanted) at the sixth hour of the day (i.e. noon).

Origin: Late Middle English: from Latin sexta (hora) 'sixth (hour)', from sextus 'sixth'.

Sources: <http://public.oed.com/the-oed-today/recent-updates-to-the-oed/june-2015-update/new-words-notes-june-2015/> <http://www.oxforddictionaries.com/definition/english/sext>

FROM THE OVCAD – INSTITUTIONAL HEALTH SERVICES:

Schedule of Medical and Dental Examination

Date	Time	Medical	Dental
July 30	02:00pm- 03:00pm		G7 LS 109
	10:00am- 11:00am	G7 LS 107	
July 31	08:40- 09:40am		G9 BM 102
	10:00am- 11:00am	G7 LS 205	G7 LS 205

NATIONAL DIABETES AWARENESS WEEK

Diabetes Symptoms - What You Need to Know

Diabetes is not something that you want to miss, as kids with type 1 diabetes can end up in a diabetic coma if the diagnosis is delayed too long. That makes it important to know how to recognize diabetes symptoms, especially since some of them, like being thirsty and urinating a lot, are very non-specific symptoms that many children normally have.

In addition to knowing the classic symptoms of diabetes, parents should know that:

- About 10% of children with diabetes have type 1 diabetes.
- The peak ages to be diagnosed with type 1 diabetes are between ages 5 and 7 years and then again at the start of puberty.
- Although genetics is a risk factor for developing type 1 diabetes, as the risk is about 2% if a child's mother has type 1 diabetes and 7% if his father has diabetes, 85% of kids with type 1 diabetes have no family history of diabetes.
- The weight loss in children with type 1 diabetes can occur because of dehydration (water loss from urinating a lot) or from a loss of body fat (calorie loss from increased sugar in the child's urine) or from both.
- Most children with type 2 diabetes have a family history of type 2 diabetes.
- Craving sugar is not typically a symptom of diabetes. In fact, children with diabetes have too much sugar in their blood.
- Frequent infections and having cuts and bruises that heal slowly are not usually early symptoms of type 1 diabetes.

FROM THE OVCM – GUIDANCE OFFICE:

1. **For G9 Old Students and Homeroom Advisers:** Please be informed that there will be a Parents’ Assembly for G9 Old Students tomorrow, **July 31, 2015**, 8:00am – 11:00am at the BHV Gymnasium. Thank you.
2. **For G10 Students and Homeroom Advisers:** Please be informed that there will be a Parents’ Assembly for G10 Students on Wednesday, August 05, 2015, 1:00pm – 4:00pm at the BHV Gymnasium. Letter to the parents will be distributed today. Kindly submit the reply slip until Monday, August 03, 2015. **Advisers are requested to encourage their students to tell their parents to attend the said meeting.** Thank you.
3. **For G10 Transferees and Returnees:** There will be a short meeting with Mr. Jervy Delgado at the Guidance Office today, 12:30pm at the Guidance Office. **Attendance is a must.** Please be punctual. Thank you.
4. **Looking Ahead:**

August 05	Parents’ Assembly of G10 Students
August 10	Drug Awareness Talk for G7 & G8 Students
August 10 & 17	Structured Homeroom for G7 – G10
August 10-14	HSPQ Administration for G7 Students
August 11 & 18	Structured Homeroom for G4 – G6
August 11	Activity for SDOs of G7 & G8
August 14	Activity for SDOs of G9 & G10
August 18 – 20	OLSAT Administration for G6 Students
August 25	Activity for SDOs of G4 – G6
August 26	NCAE Administration

FROM THE OVCM - STUDENT ACTIVITIES OFFICE:

1. **On Taekwondo Reply Slip.** Please submit the Parent's Reply Slip on Taekwondo Club to finalize the members until tomorrow. Non submission of the reply slip would mean non participation in the Taekwondo Club which will start after the first Quarter Exams. Thank you very much.
2. There will be no club meeting for Grade School tomorrow.

FROM THE OVCM – INSTITUTIONAL LASALLIAN FORMATION OFFICE:

Schedule of Recollection

Aug 11 G9 LS 301, LS 302, LS 403	Aug 26 G8 LS312, LS 410, LS 405
Aug 12 G8 LS 211, LS 212, LS 409	Sept 1 G8 LS 311, LS 407, LS 408
Aug 19 G8 LS 305, LS 306, LS 310	Sept 2 G8 LS 411, LS 412, LS 406
Aug 25 G8 LS 309. LS 307, LS 308	

FROM THE OVCM – COMMUNITY INVOLVEMENT OFFICE:

The Grade 5 students will be having their orientation for the Grade 5 KAPALIGIRAN at their respective classrooms on the following dates:

DATE	TIME	SECTION
July 30	7:30 – 8:00	BB 303
August 6	7:30 – 8:00	BB 304
August 7	7:30 – 8:00	BB 305
August 11	7:30 – 8:00	BB 306
August 13	7:30 – 8:00	BB 308