



GOD’S WORDS FOR TODAY (LK. 21:29-33)

The Holy Gospel according to St. Luke

Jesus told his disciples a parable. "Consider the fig tree and all the other trees. When their buds burst open, you see for yourselves and know that summer is now near; in the same way, when you see these things happening, know that the Kingdom of God is near. Amen, I say to you, this generation will not pass away until all these things have taken place. Heaven and earth will pass away, but my words will not pass away."

MISSION VISION

"Inspired by our faith in God, by our Catholic traditions and by the charism of St. John Baptist de La Salle educational innovator par excellence, we together and by association are committed to give quality human and Christian education to all building a society founded on equity and justice and on sustainable and inclusive development. ."

OFFICE FOR STRATEGY AND ADVANCEMENT:

The Advancement Office would like to thank the Integrated School and College students and College Stallion Drive for making the first wave of NEXT Star Project a success. Thank you also to the Offices of IS Principal and Asst. Principal (JHS), and College Student Activities Office for the assistance. A total of PhP 108,100.00 (as of Nov 29, 2017, 1:30pm) donation was received. The aforementioned amount can send two (2) Junior High School Hilarians to DLSL from Grade 7 to 10 next school year.

Specials thanks to:

Grade 7 - LS 106, LS 107, LS 108, LS 205, LS 206, LS 207, LS 303, LS 305, LS 306, LS 406 and LS 407

Grade 8 - LS 109, LS 210, LS 211, LS 309, LS 310, LS 311, LS 312, LS 411 and LS 412

Grade 9 - BM 100, LS 101, LS 102, LS 103, LS 104, LS 201, LS 301, LS 302, LS 304, LS 401, LS 402, LS 403 and LS 404

Grade 10 - BM 103, BM 104, BM 105, BM 201, BM 202, BM 203, BM 204, BM 205, BM 206, CMR 202, CMR 204, CMR 205 and CMR 207

Colleges - Student Tourism Society, Gourmet Club Avenir, Association of Computer Engineering Students, Youth for Christ, Bridje, Young Entrepreneurs' Society, W4AB, W3AB, Sociedad Matematicas and Les Lasallian Lumieres

The Advancement Office will still welcome gifts for the NEXT Star Project until December 7, 2017.

FROM THE OVCAR – GRADE SCHOOL COMMUNITY:

From the Assistant Principal

1. Today, we observe the Lasallian Earth Day (LED) in our campus. Everyone is enjoined to support this noble project. Homeroom Advisers, kindly explain this further to our students.
2. 2nd Qtr exam permits are now with the Homeroom Advisers for checking and necessary follow-ups.
3. 2nd QA schedule:

Nursery 1

	DECEMBER 11		DECEMBER 12	DECEMBER 13
7:00 – 8:40 (1 ST session)	Assembly/Homeroom	7:00 – 8:10 (1 ST session)	Assembly/Homeroom	Assembly/Homeroom
10:30 – 11:10 (2 nd session)		10:30 – 11:10 (2 nd session)		
8:40 – 9:40 (1 st session)	Math	8:10 – 9:10 (1 ST session)	Reading	Oral Test/ Penmanship
11:10-12:10 (2 nd session)		11:10 – 12:10 (2 nd session)		



Nursery 2 & Kinder

	DECEMBER 11		DECEMBER 12	DECEMBER 13
7:00 – 8:40 (1 ST session) 11:40 – 12::00 (2 nd session)	Assembly/Homeroom	7:00 – 7:40 (1 ST session) 11:40 – 12:00 (2 nd session)	Assembly/Homeroom	Assembly/Homeroom
8:40 – 9:40 (1 st session) 12:00-1:00 (2 nd session)	Filipino	7:40 – 8:40 (1 ST session) 12:00-1:00 (2 nd session)	Reading	Oral Test / Penmanship
9:40-10:00 (1 st session) 1:00- 1:20 (2 nd session)	Recess	8:40 -9:40 (1 st session) 1:00-2:00 (2 nd session)	Language Arts	Completion
10:00 – 11:00 (1 st session) 1:20 – 2:20 (2 nd session)	Math			

Grades 1- 3

	DECEMBER 11		DECEMBER 12	DECEMBER 13
7:00 - 8:40	Assembly/Homeroom	7:00 – 7:40	Assembly/Homeroom	Assembly/Homeroom
8:40 – 9:40	Reading	7:40 – 8:40	Social Studies	Language Arts
9:40-10:00	Recess	8:40 – 9:40	Filipino	Science
10:00 – 11:00	Math			

Grades 4 - 6

	DECEMBER 11		DECEMBER 12	DECEMBER 13
7:10 - 8:40	Assembly/Homeroom	7:00 – 7:40	Assembly/Homeroom	Assembly/Homeroom
8:40 – 9:40	English	7:40 – 8:40	Social Studies	Science
9:40-10:00	Recess	8:40 – 9:40	Filipino	Completion
10:00 – 11:00	Math			

In case of typhoon signal and there is a declaration of no classes, we will follow the sequence of test as it appears in our schedule.

4. Lunch break-proctoring schedule for today:

AREA	TIME	FRIDAY
BG 113	11:20 - 12:20	Ms. Jem
BG 114	11:20 - 12:20	Sir Dennis
BB 111	11:20 - 12:20	Ms. Rose
BB 110	11:20 - 12:20	Ms. Haicee
BB 104	11:20 - 12:20	Ms. Love

5. Additional mission collection: Grade 3: BB 204, Grade 6: BB 306, BB 404

6. Looking Ahead:

- Dec. 6 – Posting of Honors list
- Dec. 11-13 – Second Quarterly Assessment
- Dec. 14 – Christmas Party
- January 8-12 - Intramurals

From the GS CLCE Department

Let us thank the Lord for the classes and their advisers who continuously support the “Daily Meal with God” project (Daily Mass Participation).

May you continue to be good examples to other Christian Lasallians. God bless you!

Sponsors for today:

Grade 3	BB 205	Ms. Daycel Alon
Grade 5	BB 308	Ms. Maricel Comia
Grade 2	BG 108	Ms. Grace Robles

Sponsors for Monday, December 4, 2017:

Grade 6	BB 406	Ms. Leah Sebuc
Grade 3	BB 206	Ms. Lea Camacho
Grade 5	BB 305	Mr. Max Bueno
Grade 1	BG 113	Ms. Ruby Garing

From the Grade School Mathematics Department

1. Congratulations to the following students for bagging the **CHAMPIONSHIP** trophy in the **2017 Malaysia International Mathematics Olympiad Competition (MIMO)** last November 25-29, 2017 in Kuala, Lumpur Malaysia. This is really an impressive and excellent accomplishment. Thank you also to their teachers, coaches, parents, and to the whole community for being with us in praying and igniting our positive minds and hopeful hearts for their success.

1. Reuben Joseph Felix – **GOLD Medalist (Individual)**
2. Maru Adrian Robles – **GOLD Medalist (Individual)**
3. Aiden Jomeil Bercilla – **SILVER Medalist (Individual)**
4. Alonzo Alvarez – **SILVER Medalist (Individual)**

Team Category – CHAMPION – De La Salle Lipa, Philippines
Overall Group – 2nd Runner Up – De La Salle Lipa, Philippines

Again, to our great winners, continue to boost the Mathematics brilliance in you. ANIMO LA SALLE!!!

2. **AMSLI – AMEP Training – Last Day (December 2, 2017)**

Please be informed that we will have our last day of AMSLI- AMEP training this coming Dec. 2, 2017 (Saturday). Session 8 and FINAL Exam will be given so we will extend until 4:30 pm. The tentative schedule of awarding ceremony will be on Jan. 13, 2018 and the venue will be announced soon. All students and Math mentors should wear their AMSLI’s shirt. Thank you so much for all the support and cooperation. God bless us all!

3. **MTAP TALENTED GROUP- ANNOUNCEMENT**

Grade 1- 6

Please be informed that the MTAP Talented Group will have a whole day session on Dec. 2, 9 and 16 (Saturday). Kindly bring packed lunch. Those students who will take the AMSLI-AMEP Final Exam on Saturday (Dec. 2) will be excused in the afternoon session of MTAP. Please be guided. Thank you so much for all the support and cooperation. **God bless MATH WIZARD KIDS!**

From the Grade Moderators

Room to Room Orientation Schedule

Grade 1

	Dec 1	Dec 4	Dec 5	Dec 6
8:20 – 9:00		BG 113		
9:20 - 10:00			BG 111	BG 112
10:40 - 11:20		BG 109		
1:00 - 1:40	BG 114	BG 110		

Grades 4 -6

	Dec 1
8:20 – 9:00	BB 311
9:00 – 9:40	BB 209
10:40 -11:20	BB 308
12:20 – 1:00	BB 302

FROM THE OVCAR –JUNIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal

1. Second Notice: Grade 7 classes are reminded not to lock the front and back door during classes. Doors should only be locked during recess, lunch break, or if the class will use or proceed to other learning areas. Furthermore, please make sure to clean your corridors and remove the backdoor design once the contest is over.
2. Thank you very much to the following classes for their donation to the NEXT Christmas Star Project initiated by the Office of the CSAO:
 - a. LS 205 of Ms. Rosemarie Rosima
 - b. BM 100 of Caryll Aisa Maranan
 - c. LS 306 of Mr. Alan Henry Cadeliña
 - d. LS 305 of Ms. Ellen Tapalla
 - e. LS 407 of Ms. Glydeline Ona
 - f. LS 310 of Ms. Adora Fermin
 - g. BM 104 of Ms. Rosalie Fortus
 - h. BM 201 of Ms. Eva Jonson
3. Today is the deadline of submission of your CAPSTONE Initiatives. By 4:30 pm, all CAPSTONE Initiatives for the second quarter should have all been submitted. After 4:30 pm, the online system will be locked and you will not be able to submit it online. We have reminded you several times regarding this matter and there are no other reasons for you to be late.
4. To our JHS Partners, if you are experiencing wifi disconnection in your classroom, you may call local 246 to address the concerns. There might be some problems with the access point in your classroom. Thank you!
5. Dates to Remember:
 - a. December 1- First Friday of the Month / Lasallian Earth Day
Online Submission of CAPSTONE Initiatives until 4:30 pm only+
 - b. December 6- Free Structured Wednesday / Review and Completion Day
 - c. December 7- Junior High School Community Meeting
 - d. December 8- Batangas Day (wait for further announcement if there will be no classes)
 - e. December 11- First day of 2nd QA
 - f. December 12- Second Day of 2nd QA
 - g. December 13- Completion Day
 - h. December 14- Students' Christmas Party
 - i. December 15- Lasallian Partners' Christmas Party
 - j. January 8- Classes resume
 - k. January 15- 19- Grades 9 and 10 Intramurals (updated)
 - l. January 22- 26- Grades 7 and 8 Intramurals (updated)
Schedule of class picture taking
6. Reminders for the Students' Christmas Party:
 - a. Christmas party will be held on the morning of December 14, 2017. It will end at 12:00 noon. Students are expected to clean the mess in the classroom after the party. They should see to it the chairs are properly arranged and Christmas decorations are removed and brought home.
 - b. Plastic spoon and fork should not be used. Follow the BYOU.
 - c. Proper attire should be observed. The following are not allowed:
 - c.1. Shorts (for male) and short shorts / mini skirts (for females)
 - c.2. Plunging necklines
 - c.3. Slippers
 - c.4 See through dress / spaghetti strap / tube
 - d. Students should not lavishly celebrate the Christmas party. Contribution for the food should not exceed PhP 300.00. If you have to avail catering services, do not be extravagant. Limit your budget to the specified amount. If the class decides to have pot luck, make sure to bring just enough food for the class.
 - e. Videokes are not allowed. However, you can bring your speakers / MP3 players / sound systems.
 - f. Amount for exchange gift should be PhP 250.00- PhP 500.00 only.
 - g. Do not bring large amount of money or extra gadgets during the party. The school will not be liable for any lost valuables.
7. Additional Mission Collection: LS 306, LS 209

From the JHS- CLCE Department

Let us thank the Lord for the classes and their advisers who religiously support the “Daily Meal with God” project, (Daily Mass Participation). May you continue to be living examples to other Christian Lasallians. God bless you!

Please be reminded of the proper behavior while attending the Holy Mass. Remember that Jesus is truly present in the Holy Eucharist so, savor the moment and focus on Him.

Sponsors for today:

6:30 A.M.

Grade 9	BM 101	Ms. Rina Uy
Grade 10	BM 103	Ms. Marian Leslie Atienza

12:10 P.M.

Grade 7	LS 106	Mr. Jayson Baet
Grade 8	LS 110	Ms. Anna Lyn Lacerna

Sponsors for Monday, December 4, 2017:

6:30 A.M.

Grade 9	LS 101	Ms. Ruth Manalo
Grade 10	BM 104	Ms. Rosalie Fortus

12:10 P.M.

Grade 7	LS 107	Ms. Rodelia Beltran
Grade 8	LS 111	Mr. Jose Lirio

From the JHS Math Department

1. Please be informed that we will have a whole day MTAP Training on December 2, 9 and 16. Those students who will take the AMSLI – AMEP final exam on Saturday will be excused in the afternoon session of MTAP. Please be guided. Thank you very much.
2. The last day of MTAP Saturday Training is on January 6, 2018.
3. MTAP participants who registered directly in Lipa City National High School last Saturday are advised to report to Ms. Caya. Please bring the reply slip of the letter sent to the parents and the acknowledgment receipt given by the MTAP Coordinator. Thank you.

From the JHS Science Department

To All Science Academic Varsity Members: We will resume our training and other related activities on January 9, 2018, 3:00 P.M. at BM 201.

From the JHS Social Studies Department

Congratulations to Justin Patrick de Grano, Jose Miguel Villegas, Heart Valdez and Mikaela Malinis for winning Third Place in Quiz Bee and to Renz Sapitanan for bagging Third Place in Poster Making Contest in the recently concluded PED XING IX held in UP Diliman last November 25-26, 2017.

Kudos to the following participants:

Grade 7

Jose Miguel Villegas- LS 405

Grade 8

Justin Patrick de Grano – LS 212

Frederich Galen Angeles – LS 110

Mikaela Gabrielle Malinis – LS 210

Grade 9

Daniel Joash Cerrado – LS 101

Jose Emmanuel Mendoza – LS 101

Jon Zedrick Macahia – LS 103

Joshua Allen Tan – LS 301
 Hans Jordan Enriquez – LS 402
 Frederich Macalintal – LS 304
 Jean Paul Mendoza – LS 302

Grade 10

Rysel Dominic Evangelista - BM 103
 Luis Limbo – BM 201
 Heart Darlene Valdez – BM 203
 Renz Sapitanan – BM 104

Thank you to Ms. Monique Rivera and Ms. Mae Bernadette Bautista who served as their coaches and to Ms. Haicee Angeles and Sir Philip Anthony Rivera for accompanying our students.

FROM THE OVCAR – SENIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal

1. **On Second Quarterly Assessment:** The Second Quarterly Assessment will be held on December 4-6, 2017. Please be guided by the Second Quarterly Assessment Schedule and Room Assignment below:

Schedule of Second Quarter Assessment of Grade 11

December 4	ABM	HUMSS	STEM
08:00-09:00	READWRI	READWRI	READWRI
09:30-10:30	KOMFILI	KOMFILI	KOMFILI
11:00-12:00	BUSIMATH	WORLDREL	PRECALC

December 5	ABM	HUMSS	STEM
08:00-09:00	PERDEVT	PERDEVT	GENCHEM1
09:30-10:30	SCIPHY	SCIPHY	DISREADI
11:00-12:00	SOCCULT	WRICREA	

December 6	ABM	HUMSS	STEM
08:00-09:00	GENMATH	GENMATH	GENMATH
09:30-10:30	ORGMNGT	IDEASOC	GENBIOL1

Room Assignment

SECTION	ROOM
A11-01	JRN 103
A11-02	JRN 104
A11-03	JRN 201
A11-04	JRN 202
A11-05	JRN 203
A11-06	JRN 204
A11-07	JRN 301
A11-08	JRN 302
H11-01	JRN 102
H11-02	JRN 303
H11-03	JRN 304
H11-04	JRN 401
S11-01	JRN 402
S11-02	JRN 403
S11-03	JRN 404

SECTION	ROOM
S11-04	JRF 101
S11-05	JRF 102
S11-06	JRF 104
S11-07	JRF 201
S11-08	JRF 202
S11-09	JRF 203
S11-10	JRF 204
S11-11	JRF 301
S11-12	JRF 302
S11-13	JRF 303
S11-14	JRF 304
S11-15	JRF 401
S11-16	JRF 402
S11-17	JRF 403
S11-18	JRF 404

Schedule of Second Quarter Assessment of Grade 12

December 4	ABM	HUMSS	STEM	GA
1:00-2:00	ACOUNBM2	ENGACAD	GENPHY1	ENGACAD
2:30-3:30	INTROPI	PHILGOV	INTROPI	NONFICT

December 5	ABM	HUMSS	STEM	GA
1:00-2:00	PAGSULAT	PAGSULAT	PAGSULAT	PAGSULAT
2:30-3:30	COMMORAL	LIFESCI	INFOMED	INFOMED

December 6	ABM	HUMSS	STEM	GA
1:00-2:00	LIT21ST	LIT21ST	LIT21ST	LIT21ST
2:30-3:30		IDEAPSOC		IDEASOC

Room Assignment

SECTION	ROOM
A12-01	JRN 102
A12-02	JRN 103
A12-03	JRN 104
A12-04	JRN 201
A12-05	JRN 202
A12-06	JRN 203
A12-07	JRN 204
A12-08	JRN 301
A12-09	JRN 302
A12-10	JRN 303
G12-01	JRN 304
H12-01	JRN 401
H12-02	JRN 402
H12-03	JRN 403
H12-04	JRN 404

SECTION	ROOM
S12-01	JRF 101
S12-02	JRF 102
S12-03	JRF 104
S12-04	JRF 201
S12-05	JRF 202
S12-06	JRF 203
S12-07	JRF 204
S12-08	JRF 301
S12-09	JRF 302
S12-10	JRF 303
S12-11	JRF 304
S12-12	JRF 401
S12-13	JRF 402
S12-14	JRF 403
S12-15	JRF 404

Please be guided also by this information:

- December 7, 2017 is a regular school day, submission of CAPSTONE requirements
- December 11-13 are end-term requirement/academic completion days.

2. **On Statement of Account:** All students are reminded to check their Statement of Account. Students who cannot pay the dues on time may see the FRD Manager for special arrangement at the 2nd Floor of CMR Hall. Those students who paid their dues to any accredited bank should secure an exam permit from the FRD Office. Official Receipt will not be accepted as a substitute for an Examination Permit.

From the Registrar's Office

To All SHS Students (Grades 11 & 12):

Deadline of submission of the **PRE-ENROLLMENT FORM** to the Office of the IS Registrar thru your **Class Presidents** will be on or before **December 4, 2017 until 5:00 pm only**. Make sure to properly accomplish the form and have it signed by your respective Academic Adviser. Class Presidents are reminded to have it submitted with class list. The said form will be one of your requirements for the 2nd Semester Enrollment.

FROM THE OVCAR – GUIDANCE OFFICE:

1. **For G10 Advisers and Students:**

- a. The following students are requested to see Ms. Minnie for their Career Assessment during their free time:
 1. Michael Karl M. Bitong, BM204
 2. Lloyd Allen A. Bergonio, BM205
 3. Kobee Emmanuel Cheng, BM205
 4. Cyrus Justine B. Perez, CMR 205
 5. Blytes L. Albeza, CMR205
 6. Altheja Lee L. Culla, CMR206
 7. Ralph Christian O. Macatangay, CMR207
 8. Axel Alec Louis O. Morris, CMR 207
 9. Maridelle B. Alcantara, CMR207
 10. Merryl Kianne R. Rosales, CMR207

- b. Transferees / Returnees are encouraged to get their NCAE result from their former school. They will not be allowed to reserve for SHS if they did not undergo Career Assessment with Ms. Minnie. Thank you.
- c. Please be informed that that there will be a Career Talk on **December 4, 2017, Monday, 7:40am-8:40am** at **BHV Gym**. Movement to the venue will be right after the Morning Prayer.
- d. Reservation for SHS will start on **December 5, 2017**. Details / procedures will be discussed during Career Talk. Thank you.

2. **Looking Ahead:**

December 4 Seminar of Mary Brennan on “The Link Between Drug Abuse and Suicide Incidents”

FROM THE OVCAR – STUDENT ACTIVITIES OFFICE:

1. **On Block Screening of Daddy’s Home 2.** Once again, congratulations to our Cinema Board Club and ISFSA for the success of the Block Screening of Daddy’s Home 2. We remind those who have tickets with them and weren’t able to watch the movie to get in touch with the SAO until 12 nn today. Failure to do so would mean payment of the ticket.
2. **On Club Meeting of JHS.** The JHS shall have their regular club meeting today. We request the Club Moderators to please prepare and submit the Club Activity Plan for monitoring of activities. Students who were not accepted in different clubs are now reporting to SAO under Club Movers. They are reminded to proceed at room BM 203 to BM 205. Leaders of Club Movers are requested to see Sir Justice for further instructions. Please be guided accordingly.
3. **On LTS of Grade 4 – 6 Class Presidents and SCB Officers.** Congratulations to our Student Leaders in Grade School for successfully completed the training for Class Officers. Thank you to Ms. Kristine Merdoza and Cheryl G. Grajo of GS Guidance for facilitating the activity. Special commendation also to Bea Francine Luna, our JHS SCB President for being the resource speaker of the activity. Thank you very much.

FROM THE OVCM – LASALLIAN ASSISTANCE MANAGEMENT PROGRAM:

The following Grade 10 scholars are not required to pay the confirmation fee. Please secure the endorsement slip at the LAMP Office to process your Senior High School slot reservation.

	STUDENT #	NAME	CATEGORY
1	811941	Adajar, Wilmer Kyle	bgrsgp
2	510103	Arada, Angel Margaret	bgrsgp
3	610774	Arellano, Jose Mari	bgrsgp
4	1400015769	Bagulbagul, Mary Grace M.	expanded 1
5	510035	Balane, Louise Antoinette	bgrsgp
6	711373	Berana, Lorenz Miguel	bgrsgp
7	1400015966	Bibal, Eric Adrian M.	ma
8	510143	Bleza, Gazielle Gwyneth Aletha D.	bgrsgp
9	1400015928	Bonus, Andre Jonathan Dave C.	bgrsgp
10	811953	Cabungcal, Eric Joshua	bgrsgp
11	610607	Caibigan, Bryon Lanz	bgrsgp
12	610694	Camacho, Carl Joseph	bgrsgp
13	509682	Casas, Kathleen	bgrsgp
14	1200014682	Cruz, Frances Joyce Z.	star@50
15	1400015861	De Jesus, Christienne Simone	bgrsgp
16	1400015636	Delica, Marcielo Angell R.	bgrsgp
17	610389	Dimaano, Khriztabel Angeli	bgrsgp
18	610421	Diokno, Erol Angelo	bgrsgp
19	1400015542	Domingo, Jose Luis Paolo S.	expanded 1
20	509760	Dueñas, Penelope Anne M.	star@50
21	1500017223	Estrera, Wayne A.	bgrsgp
22	509684	Ferrer, Marc Christopher E.	star@50
23	10007160	Jonson, Ma. Vea Amor G.	bgrsgp
24	912576	Katigbac, Kaitlyn Y.	star@50
25	1400015716	Katigbak, George Anne Loise L.	freeschool
26	1400015956	Kho, Elizabeth C.	expanded 1

27	1400015881	Layasan, Krianne Leslie A.	expanded 1
28	610670	Llanes, Ma. Vettina	bgrsgp
29	610450	Lucero, James Harvey	bgrsgp
30	610415	Lumbera, Ma. Veronica	bgrsgp
31	1400015612	Luna, Bea Francine C.	expanded 1
32	1400015929	Macuha, Lanz William A.	expanded 1
33	610420	Malabanan, Matthew	bgrsgp
34	610447	Martinez, Vincent Kyle	bgrsgp
35	1400015797	Medrano, Shekinah P.	freeschool
36	1400015614	Mendoza, Lance Carlo J.	expanded 1
37	610414	Morada, Kurt Bryan	bgrsgp
38	1400015965	Mosca, Jan Rhyllbert R.	ma
39	812217	Navarro, Edlyn Krissel	bgrsgp
40	509977	Ng, Daphne Angelique R.	star@50
41	610446	Palestina, Reigne Kim	bgrsgp
42	610520	Panaligan, Ariane Sara	bgrsgp
43	1400015566	Pasia, Janelle M.	bgrsgp
44	1400015789	Perez, Elah Sarelle L.	expanded 1
45	1400015548	Quinto, Howard Aaron R.	bgrsgp
46	610654	Rabino, Janielle	bgrsgp
47	711244	Ramirez, Carlos Miguel	bgrsgp
48	610658	Reyes, Angel Marie Gwyneth	bgrsgp
49	610580	Reyes, Jose Alfonso	bgrsgp
50	812158	Santos, Jasmine Maurice	bgrsgp
51	711085	Sebuc, Meliah Isabel	bgrsgp

FROM THE OVCAD – INSTITUTIONAL HEALTH SERVICES:

Firecrackers Injury Prevention Month

Burns: Safety Tips: Preventing Fire Cracker Injury

Magnitude of the problem

Firecracker-related injuries have been identified as one of the more important causes of burns. Around Christmas and New Year, these types of blast injuries result in hundreds to thousands of damages annually. Most of the victims are children aged 14 and below, who suffer from burns on the face, arms, and hands. Medical attention is most often needed; from simple cleaning of the wound to suturing and even to surgery. In some cases, amputation is warranted. Deaths have also been reported. Graphic images of the consequences of careless enjoyment always flood the airwaves during the holiday season to remind everyone to be extra careful when handling firecrackers and fireworks.

According to the Department of Health, treatment for an ordinary blast injury ranges from PhP 1000 to 5000. Naturally, severe cases need more expensive treatment. But money is not the main concern here. Losing a finger, a hand, or an arm can never be undone. In addition, damage to structures secondary to fires may mean loss of money and even lives.

Facing the problem

The Philippine Pediatric Society recommends a holistic approach in its policy statement on burn injury prevention and firecracker-related injuries. The roles of the health care professional, the caregivers, the government, the mass media and community leaders are the following:

Health care professionals have the main role of educating parents about the risks, causes, prevention and first aid of burn injuries. Caregivers and parents are responsible for strictly prohibiting children from picking up failed firecrackers. They are also discouraged from buying firecrackers and encouraged to report illegal selling of pyrotechnic devices.

The local government is encouraged to come up with alternative merry-making activities like organized fireworks displays or concerts, and encourage people in the neighborhood to use other noisemakers like vehicle horns and even the dependable kitchen “kawali” during New Year’s Eve. In the past few years, some cities and municipalities have already been practicing these safe options, and have proven that these activities are a lot better and merrier than the traditional “putukan.”

Mass media and community leaders are urged to intensify information dissemination via informational campaigns about the dangers of firecracker use.

As the years go by, these sectors have proven that they are doing their part in addressing the problem, as evidenced by the decline in the incidence of firecracker-related injuries. Truly, everyone’s contributions are starting to pay off. In addition to the PPS recommendations above, the Philippine National Police and the Department of Health have released the following **do’s and don’ts**.

Do light firecrackers outdoors, as they are potential fire hazards.

Do light one firecracker at a time.

Do not hold a firecracker while lighting it.

Do not pick up failed firecrackers, they can still explode.

When lighting fireworks like a fountain, do not bend directly over the pyrotechnic devices.

Do not throw firecrackers at passing people or vehicles.

Do not allow children to hold firecrackers, especially the watusi and the piccolo.

But accidents do happen and sometimes, an injury still occurs despite all your care.

Here are some things you can do if it happens:

For minor burns caused by firecrackers, let cool water run over the affected area. Do not apply ointments or creams, since these may hold in heat and cause further damage. Cover the injured area with a clean, dry cloth or bandage. Seek medical attention immediately when an area larger than the size of the palm is affected, when the burn extends beyond the skin, or when the eyes are involved.

If a body part like a finger or a hand is directly hit by an exploding firecracker, cover the affected part with a clean cloth, try to stop the bleeding by putting pressure on it, and immediately bring the patient to the Emergency Room.

Ingestion of firecrackers like watusi warrants immediate medical attention.

The holiday season can only be sincerely merry when it is accident free. Each of us can do something to avoid experiencing tragic moments especially during the most wonderful time of the year. Let us not give in to the temptation and potential hazards of the bright lights and frightening sounds of these pyrotechnic devices. Let us all enjoy a truly merry and blessed Christmas and a wonderful, promising New Year.

<http://www.asianhospital.com/health-digest/burns-safety-tips-preventing-fire-cracker-injury/>

Medical and Dental Check-up

Date	Time	Medical	Dental
December 1, 2017	09:20 am - 10:20 am	1 BG 113	1 BG 113
	02:00 pm - 03:00 pm	4 BB 212	-----
December 4, 2017	09:00 am - 10:00 am	N2 BB 105 am	N2 BB 105 am
	02:00 pm - 03:00 pm	3 BB 109	-----
December 5, 2017	09:20 am - 10:20 am	3 BB 205	-----
	01:50 pm - 02:50 pm	N2 BB 105 pm	N2 BB 105 pm
December 6, 2017	09:00 am - 10:00 am	N2 BB 101 am	N2 BB 101 am
	10:00 am - 11:00 am	3 BB 208	-----
	02:00 pm - 03:00 pm	8 LS 109	-----
December 7, 2017	10:00 am - 11:00 am	5 BB 304	-----
	01:50 pm - 02:50 pm	N2 BB 101 pm	N2 BB 101 pm

The Golden Rule

by Dave Johnson

“Do unto others as you would have them do unto you.” Does following this Golden Rule affect our relationship with God and His answers to our prayers?

The Golden Rule can be found in Matthew 7:12. This famous quote by Jesus Christ actually begins in the context of verse 7, which says we can go to God for our needs and receive help from Him: “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.” The next few verses elaborate on this thought. Just as a caring human father gives good gifts to his children, so, too, God gives good things to those who ask Him (verses 9-11).

Verse 12 then concludes the thought: “*Therefore*, whatever you want men to do to you, do also to them, for this is the Law and the Prophets” (emphasis added throughout). The word *therefore* connects the Golden Rule verse to the preceding assurances that we can ask God for help in our lives and receive it.

God’s desire is to help us

Matthew 7:8 assures us that it is God’s desire to help us: “For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.”

The book of James also tells us the source of everything good in our lives: “Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning” (James 1:17).

What is our part?

Do we have a part to play in how God answers our prayers?

There are many passages in the Bible that make a connection between how we live our lives—specifically, how we deal with others—and how God deals with us. Two such verses can be found in the Sermon on the Mount.

Among the “Beatitudes” in Matthew 5, we find this: “Blessed are the merciful, for they shall obtain mercy” (Matthew 5:7). We all want to receive mercy when we need it, but we may not always be so eager to extend it to others! God clearly expects us to be merciful if we expect to receive the same from Him.

In the model prayer in Matthew 6, we notice the same principle being applied to forgiveness and forgiving: “And forgive us our debts, as we forgive our debtors” (Matthew 6:12). Again, a clear connection is made—this time between being forgiving toward others and receiving God’s forgiveness for ourselves.

In the area of judging others, Jesus made it quite clear that we will receive judgment from Him in the same manner we judge others. “Judge not, that you be not judged. For with what judgment you judge, you will be judged; and with the measure you use, it will be measured back to you” (Matthew 7:1-2). Jesus Christ Himself is our judge (2 Timothy 4:8), so this passage tells us that when we judge others, we are setting the standard He will use in judging us!

With these examples in mind, let’s be reminded again what Jesus said in Matthew 7:7: “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.” These are wonderful assurances. Verse 8 tells us everyone who asks will receive, all who seek will find, and the door will be opened to those who knock.

However, God always has perfect understanding and flawless judgment to determine what gifts are best for us and when it’s best for us to receive them.

Does God always help us when we ask?

Earlier, we saw in James 1:17 that “every *good* gift and every *perfect* gift is from above.” If a 10-year-old child asked for a powerful motorcycle to drive to school, would a loving parent give it to him? No, in reality it would be harmful to give a motorcycle to a 10-year-old. In a similar way, God may not give us a gift that could be to our detriment, but He would instead give us something helpful.

“You ask and do not receive, because you ask amiss, that you may spend it on your pleasures” (James 4:3). The word translated “amiss” in this passage is from the Greek word *kakos*, and it carries the connotation of asking “improperly, wrongly” (*Thayer’s Greek-English Lexicon of the New Testament*). God will not grant a request that would carry us away from our relationship with Him.

God’s long-term plan for us may not be something we can see, at least in the short term. (Please refer to the article “God’s Plan” on this website.) Though we can be assured that He has our best interest in mind and greatly desires to give us good gifts, we may not always receive the gift we expect—but the gift God gives will be one that is better for us.

Notice the experience that the apostle Paul encountered when faced with a physical ailment: “Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, ‘My grace is sufficient for you, for My strength is made perfect in weakness.’ Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me” (2 Corinthians 12:8-9).

Whether or not we apply the Golden Rule in our life will have a direct impact on how God deals with us! Paul chose to move forward, knowing that God’s will for him was still being done.

In other cases, God allows us to wait to receive an answer in order for us to develop patience and character. Probably the most outstanding example of this is Abraham, who waited 25 years to receive his promised son Isaac, who was born when Abraham was 100 years old (Genesis 21:2-5).

How does the Golden Rule play a part?

The most common phrasing of the Golden Rule is “do unto others as you would have them do unto you.” The *Merriam-Webster Dictionary* defines the Golden Rule as: “A general rule for how to behave that says that you should treat people the way you would like other people to treat you.”

The statement made by Jesus in Matthew 7 mirrors the same concept expressed in the Old Testament, in Leviticus 19:18: “You shall not take vengeance, nor bear any grudge against the children of your people, but you shall love your neighbor as yourself: I am the LORD.” God’s instruction is the same in both the Old and New Testaments.

Whether or not we apply the Golden Rule in our life will have a direct impact on how God deals with us!

The parallel Gospel account in Luke makes a statement not found in Matthew 7. Notice how God expects us to be acting toward others if we expect to receive blessings and gifts from Him: “Judge not, and you shall not be judged. Condemn not, and you shall not be condemned. Forgive, and you will be forgiven. Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you” (Luke 6:37-38).

Once again, the way we treat others sets the standard of how we will be treated by God. And this includes receiving God’s gifts!

Many in our modern society espouse a general philosophy of looking out for the self—first taking what you want and need, and considering others later. Let’s look again at the Golden Rule as stated in Matthew 7:12: “Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets.” The word *therefore* connects us directly back to the promises about asking, seeking and knocking in verses 7-11.

Which path will you choose to pursue in your life? How do you want to be received by God when you are asking, seeking and knocking? Bear in mind that how you treat others sets the tone for how God will treat you!

Source: <https://lifehopeandtruth.com/change/christian-conversion/the-sermon-on-the-mount/the-golden-rule/>

