

**GOD'S WORDS FOR TODAY (Lk. 5:1-11)****The Holy Gospel according to St. Luke**

1 While the people pressed upon him to hear the word of God, he was standing by the lake of Gennesaret. 2 And he saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. 3 Getting into one of the boats, which was Simon's, he asked him to put out a little from the land. And he sat down and taught the people from the boat. 4 And when he had ceased speaking, he said to Simon, "Put out into the deep and let down your nets for a catch." 5 And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." 6 And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, 7 they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. 8 But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." 9 For he was astonished, and all that were with him, at the catch of fish which they had taken; 10 and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." 11 And when they had brought their boats to land, they left everything and followed him.

**REFLECTION:**

Why did Jesus perform the miracle of the great catch of fish? No doubt the great crowd of people who had pressed upon Jesus had something to do with this miracle. They were very hungry for God and were eager to hear his word. Jesus wanted to use this occasion to teach his disciples an important lesson. Although Simon was wearied from a night of fruitless toil, he nonetheless did what the Lord Jesus told him to do: At your word I will let down the nets. When you meet disappointment and failure, do you press upon the Lord, like Simon, to hear his word and to receive his command?

**PRAYER:**

Lord Jesus, may I be a good witness of your truth and salvation to my family, friends, and co-workers. Amen.

**MISSION VISION**

"Inspired by our faith in God, by our Catholic traditions and by the charism of St. John Baptist de La Salle educational innovator par excellence, we together and by association are committed to give quality human and Christian education to all building a society founded on equity and justice and on sustainable and inclusive development. ."

**FROM THE OVCAR – OFFICE OF THE INTEGRATED SCHOOL PRINCIPAL:**

1. Please be informed that our Agnostic Fabric Network Provider has been installing our Wi-Fi Access Points devices in the Integrated School since yesterday, Sept. 6. We commit the WIFI availability in our campus on Sept. 15 starting from the Grade School to Junior High School.
2. As a heads up to all our Partners, please know that time will come when we will no longer print our Daily Bulletin since it will be made available in our website that can be accessed in every classroom.

**FROM THE OVCAR – GRADE SCHOOL COMMUNITY:*****From the Assistant Principal for Administration***

1. Thanks and congratulations to the SAO headed by Ms. Jo Rosos as well as to the GS SCB and moderator, Ms. Sam Sarmiento for the success of the Grades 4-6 Club Day yesterday. Special thanks also to the Homeroom Advisers and Club Moderators for supervising our students.
2. Kudos to the Grades 2-3 Club Moderators for the success of the first club meeting yesterday.
3. Additional Mission Collection: G6 BB 406

***From the Grade School Mathematics Department*****1. MTAP TALENTED SATURDAY CLASS**

Attention MTAPers! Please be informed that on Saturday, September 9, 2017 will be whole day session from 7:30 am- 3:30 pm. All participants are requested to bring packed lunch and snacks. Please be guided accordingly. Thank you so much and God Bless!

**2. 2017 Math International Winners**

Kudos to a group of young Lasallian Mathletes for bringing honor and pride to our school after representing our country in different international Mathematics competitions which were held in Singapore, China, Cambodia and Vietnam. They have shown once again a remarkable and excellent performance in the field of Mathematics. Surely, the Lasallian family salutes all the winners from the different math International contests. The same appreciation is given to the ever supportive parents who were with us all the way. May God multiply your blessings. To God be the Glory!



<b>TITLE/ CONTESTS</b>	<b>PARTICIPANTS</b>	<b>AWARDS</b>	<b>VENUE and DATE</b>
2017 International Mathematics Wizards Competition Xiamen, China	Perez, Harry Gerard L. Grade 2	<b>SILVER MEDALIST</b>	Xiamen, China May 21-25, 2017
2017 International Mathematics Wizards Competition Xiamen, China	Quinto, Immanuel Gerard S. Grade 3	<b>SILVER MEDALIST</b>	Xiamen, China May 21-25, 2017
2017 International Mathematics Wizards Competition Xiamen, China	Urrea, Gillienne Nicole C. Grade 3	<b>GOLD MEDALIST</b>	Xiamen, China May 21-25, 2017
20 17 Singapore International Math Olympiad Challenge (SIMOC) SINGAPORE	Eman Ferdinand Perez Grade 3	<b>MERIT AWARDEE</b>	SINGAPORE July 14-17, 2017
2017 CHINA Primary Math Olympiad	Maru Adrian D. Robles Grade 4	Individual Problem Solving <b>BRONZE MEDALIST</b> Individual Calculation <b>SILVER MEDALIST</b> Math Team Category <b>GOLD MEDALIST</b>	Zhejiang, China July 26-31, 2017
2017 CHINA Primary Math Olympiad	Lorenz Gabriel Briones Grade 5	Individual Problem Solving <b>SILVER MEDALIST</b> Individual Calculation <b>BRONZE MEDALIST</b> Math Team Category <b>SILVER MEDALIST</b>	
13 <sup>th</sup> International Mathematicians Competition - SINGAPORE Singapore	Aedin Jomeil Bercilla Grade 4	<b>SILVER MEDALIST</b>	Singapore August 4-7, 2017
13 <sup>th</sup> International Mathematicians Competition - SINGAPORE Singapore	Reuben Joseph Felix Grade 4	<b>MERIT AWARDEE</b>	Singapore August 4-7, 2017
13 <sup>th</sup> International Mathematicians Competition - SINGAPORE Singapore	Alex Anthony Andal Grade 6	<b>SILVER MEDALIST</b>	Singapore August 4-7, 2017
2017 International Junior Math Olympiad (IJMO)	Quinto, Immanuel Gerard S. Grade 2	<b>SILVER MEDALIST</b>	Phnom Penh Cambodia August 11-15, 2017

**From the GS Grade Moderators**

1. Congratulations to all our elected class officers. Animo La Salle!
2. Commendation to all classes who fervently pray the rosary during 12:00-12:20 noon. *Remember that praying the rosary gives us a lot of benefits like purifying our souls thereby, washing away our sins; enriching us with graces and merits; giving us a perfect knowledge of Jesus Christ; and setting us on fire with love of our Lord. Let us all continue to pray the Holy Rosary and obtain all kinds of graces for us from our Almighty God.*
3. Grades 4-6 class secretaries are requested to write the complete name of classmates who are absent or tardy on the attendance slip. Likewise, please fill-up the information completely in the afternoon attendance slip. For example, if a student was absent in the morning and he/ she was also absent in the afternoon, kindly indicate his/her name again in the afternoon attendance slip. Thank you.
4. There are already reported incidents of losses. Everyone is advised to be responsible and take good care of his/ her belongings.

**FROM THE OVCAR – JUNIOR HIGH SCHOOL COMMUNITY:**

**From the Assistant Principal for Administration**

1. Thank you to the Junior High School Community for the active participation in the orientation yesterday. It is our hope that everything about Free Structured Wednesday is already clear to all of you.
2. Students are advised not to engage in fights or even in provocation of fights. There were already several reports of DLSL students who engaged in fights outside the school. This will be dealt with accordingly.
3. We shall have regular classes tomorrow, September 8, 2017 as per advisory of the Provincial Governor’s Office.

**From the JHS Academic Council**

**First Quarter Theme: Respecting the Dignity of Human Life**

- Human dignity originates from God and is of God because we are made in God’s own image and likeness (Gn 1:26-27).
- Whatever insults human dignity, such as subhuman living conditions, poverty, hunger, arbitrary imprisonment, deportation, slavery, prostitution, the selling of women and children; as well as disgraceful working conditions, where humans are treated as mere tools for profit, rather than as free and responsible persons; all these things are poison to human society. These make it impossible to live a life with dignity. (The Church and the Modern World, #27)

**From the JHS Science Department**

The Science Department is looking for science enthusiasts who will comprise the Science Academic Varsity from Grades 7 – 10. For those who are interested to be part, you are required to take the qualifying test scheduled on September 14, 2017, 2:10 pm at LS 101. The test consists of topics on General Science, Biology, Chemistry and Physics. Kindly bring pad paper and calculator.

**From the JHS Social Studies Department**

On Social Studies' Academic Varsity. For Grade 7-10 students who are interested to join the academic varsity in Social Studies, please be informed that there will be a qualifying exam tomorrow at LS105, 2-3pm. Kindly look for Miss Monique Rivera. Thank you and God bless!

**From the JHS Mathematics Department**

1. We would like to acknowledge the achievement of our other Grade 7 mathletes who have shown exemplary performance in the field of Mathematics. Congratulations! Animo La Salle!

CONTESTS	PARTICIPANTS	AWARDS	VENUE and DATE
2017 International Mathematics Wizards Competition  Xiamen, China	Perez, Andrea Margaret H.  Grade 7	<b>BRONZE MEDALIST</b>	Xiamen, China  May 21-25, 2017
2017 World Mathematics Invitation	Ashley Julie Marie De Leon  Grade 7	<b>SILVER MEDALIST</b>	VIETNAM  July 14-18, 2017
2017 World Mathematics Invitation	John Paul Titular  Grade 7	<b>MERIT AWARDEE</b>	VIETNAM  July 14-18, 2017

2017 CHINA Primary Math Olympiad	John Paul Titular  Grade 7	Individual Problem Solving <b>BRONZE MEDALIST</b> Individual Calculation <b>BRONZE MEDALIST</b> Math Team Category <b>SILVER MEDALIST</b>	Zhejiang, China  July 26-31, 2017
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- We congratulate Jason M. Ramos of Grade 10 who also passed the AMEP Qualifying Exam. Kudos!
- We would like to call the attention of our Grade 7 Math enthusiasts. There will be a **Math Varsity Qualifying Exam** on Monday, September 11, 2017; 3:00pm in LS 405. If you are interested, kindly immediately inform your Math teacher for enlistment.
- SECOND CALL: Mathematics Trainers' Guild( MTG ) shall administer Qualifying Examination hoping to recruit students who will represent our country in international math competitions. Those who are interested to take the Qualifying Exam may see Ms. Caya **before September 8, 2017** for more information and registration. Thank you very much.
- Please be informed that the MTAP Session on Saturday, September 9, will be a whole day training. All participants are required to bring packed lunch. They will not be allowed to go out during lunch break unless they will present a parental consent. Please be guided. Thank you.

**FROM THE OVCAR –SENIOR HIGH SCHOOL COMMUNITY:**

*From the Assistant Principal for Administration*

**On Curfew Time:** Beginning Monday, September 11, 2017, curfew time in the classroom is at 5:00 pm while curfew time in the campus is at 5:30 pm. Please be guided accordingly.

**On Quarterly Assessment:** Quarterly Assessment will be on October 11-13, 2017. All students are reminded to settle their accounts as early as possible in order to avoid the long queue a week before the assessment week. October 9-10, 2017 are regular school days.

**On No Permit, No Exam Policy:** This policy does not mean no payment, no exam. Students who cannot pay their account on time may see the FRD Manager for the settlement of an unpaid account. Students may also apply for a student loan just in case he/she cannot pay the account payable in order to secure an exam permit.

*From the CLCE and Philosophy Area*

**SCHEDULE OF CLASS MASS SPONSORSHIP EVERY 12:00NN AT THE CAPILLA**

“The Eucharist is the ‘source and summit of the Christian life’. By the Eucharistic celebration we already unite ourselves with the heavenly liturgy and anticipate eternal life, when God will be all in all. In brief, the Eucharist is the sum and summary of our faith: Our way of thinking is attuned to the Eucharist, and the Eucharist in turn confirms our way of thinking.” – CCC,1326-1327

Let us offer this time of giving thanks and praise to God and unite ourselves with one another in the spirit of faith and love. Kindly be in the Capilla on your respective schedule of mass sponsorship. Class President and Vice-President are requested to facilitate and monitor the movement of the class to the Capilla. Class Advisers are also expected to monitor the students and join with them in attending the Holy Mass.

Date	Time	Class Mass Sponsors	
		Grade 11	Grade 12
September 7	12:10 – 12:45	A11-01	A12-01
September 8	12:10 – 12:45	A11-02	A12-02
September 11	12:10 – 12:45	A11-03	A12-03
September 12	12:10 – 12:45	A11-04	A12-04
September 14	12:10 – 12:45	A11-05	A12-05

**FROM THE OVCAR – GUIDANCE OFFICE:**

- For G10 Advisers and Students:** All Class Presidents are requested to see Ms. Minnie Mallari during your lunch break tomorrow, September 8, 2017. Attendance is a must. Thank you.

2. **For G11 ABM and HUMSS Students:** For those who are not yet submitting their accomplished Student's Personal Record (SPR) form, please be reminded that the extended deadline of submission is today. Submit your form to Ms. Che Grajo at the Grade School Guidance Office.
3. **For Grade 12 Students:**
  - a. **To DLSU applicants:** DLSU Admissions Test in De La Salle Lipa will be on September 24. Those who have been issued with the online test permits but won't be able to take it in their assigned schedule are instructed to follow this process in rescheduling:
    1. Send an email request to [admission.requirements@dlsu.edu.ph](mailto:admission.requirements@dlsu.edu.ph) with Subject Heading: DCAT Rescheduling
    2. Indicate in the request the following:
      - 2.1. reason for the Request for Rescheduling
      - 2.2. test venue/date where they want to be rescheduled to
  - b. **On DLSU DCAT:** Those who were not able to apply online for DLSU and are still interested to apply and take the exam at DLSL on Sept 24, manual application is now open. Please go to the IS Guidance office, get application form and submit other requirements. Here are the other requirements:
    1. 2 pcs 2 x 2 Photos
    2. Photocopy of the Student ID of the Applicant
    3. Payment for the Application - P 600.00 for Filipinos and P 2,500.00 for Non-Filipinos
  - c. **To UP Applicants:** The following students submitted their UPCAT Form 2 but did not submit their Form 1. They are requested to get their Form 2 from the Guidance Office to personally complete their application at UP.

1. Arada, Diane Margaret Chavez	10. Inandan, Herlyn Enriquez
2. Arada, Francis Benedict Ulob	11. Lajara, Cholo Matulac
3. Balan, Lois Lane Puyod	12. Mendoza, Victor Audric Dimaculangan
4. Bataan, Sam Coleene Valdez	13. Mercado, Kim Harold Magdaug
4. Bueno, Samantha Ayessa Pielago	14. Ramos, Andreeanne Sarah Magadia
6. Calingasan, Maria Ysabelle De Leon	15. Roces, Chezka Mae Dimaculangan
7. Daquil, Efren Christopher Umali	16. Roxas, Alexandria Donna Josefa Andal
8. Eugenio, Julianne Mary Grace Torres	17. Roman, Bianca Ysabel Doble
9. Iagan, Sophia Lee Ann	

4. **For G12 ABM and HUMSS Class Mayors:** Please be informed that you will have a short meeting with Ms. Che Grajo today, 8:00 am at JRF 103. Attendance is a must. Thank you.
5. **Looking Ahead:**

September 18 - 22	N1- G1 Counselors' Time
September 25 - 29	G2 - G3 Counselors' Time

**FROM THE OVCAR – STUDENT ACTIVITIES OFFICE:**

1. **On I.D. Capturing Schedule.** (Kindly bring the I.D. Form during the scheduled I.D. Capturing)

TIME	THURSDAY	FRIDAY
7:30 – 8:30	LS 309	LS 104
	LS 310	LS 201
8:30 – 9:30	LS 311	LS 202
	LS 312	LS 301
9:30 – 10:30	LS 409	LS 302
	LS 410	LS 303
10:30 – 11:30	LS 411	LS 304
	BM 100	LS 401
11:30 – 1:00	OPEN	OPEN
1:00 – 2:00	BM 101	LS 402
	LS 101	LS 403
2:00 – 3:00	LS 102	LS 404
	LS 103	BM 102

2. **On Peace Poster Making Contest.** We are inviting our talented students in JHS and SHS to join the Peace Poster Making Contest with the theme “Together for Peace Respect, Safety and Dignity for All” on September 13 at the HASYENDA from 7:40 to 12:00nn. Interested students may enlist at the Student Activities Office until September 11, 2017 only. May we request our Homeroom Advisers to please identify one class representative to join this activity. Thank you.
3. **On Club Day of Grade School.** Congratulations to our Club Moderators in Grade School for taking time to prepare for the presentations of club offerings for this SY. We shall have more time to prepare for our next activity i.e. Club Enlistment which is set on September 20. Thank you.
4. **On Official Grade 7 SCB Candidates.** The following are the official Grade 7 SCB Rep candidates:
  - a. Jerick Matthew Palo of LS 408
  - b. Kobe Andre Yllad Robles of LS 107
  - c. John Mar Gavriel Manalo of LS 106
  - d. Joeimyr Magdalene Caraos of LS 206
  - e. Ahyen Franzyn Petalio of LS 108
  - f. Edward Augustine Tullao of LS 206
  - g. Sophia Pantaleon of LS 106
  - h. Christine Joy Montoya of LS 108
  - i. Reece Alastair Montalbo of LS 308

We request the Grade 7 community to support the students and accommodate them in your class for a brief room to room campaign today and tomorrow only. The election shall be held on Monday, September 11 during Homeroom Period. Goodluck to our Grade 7 Reps!!

**Note: All Grade 7 SCB Rep Candidates are requested to attend a brief meeting at 12:40PM today at the SAO.**

5. **On Students who Enlisted at Shidokan Club.** The following students are reminded to attend the Shidokan meeting with Br. Mario Dacanay FSC this coming Saturday, September 9 at the at the Mabini Roofdeck from 1:00 to 5:00PM or visit the SAO for updates on their membership at Shidokan Club.

Name	Section	Name	Section
Ysabella Francheska Luna	LS 207	Ivan Joshua Cortez	H11 - 04
Gwyneth Valencia	LS 306	Kathleen Bienne Dimaculangan	LS 206
Marc Gerard Caraig	LS 408	Daniel Louis Cuenca	LS 205
Kyle Caraig	LS 409	Royen Cutanda	S12-15
Joram Virrey	S12 - 15	Riley Javier	S12 - 15
Honie Dimaandal	H12 - 02	Daney Quizon	H12 - 04
Rap-rap Dimayuga	S12 - 15	Kenneth Larosa	S12 - 15
Earl Emmanuel Garcia	LS - 410	Lyrh Reiana Dinglasan	LS- 409
Lael Daniel Grace Visaya	A12 - 08	Michelle Anne De Villa	LS - 104

6. **On Audition for Modern Dance Club.** We would like to invite our dancers who would like to develop further their skills in dancing to join the audition for Modern Dance Club on the following dates:
  - Sept. 11 and 12 – 3PM onwards at BHV Gym
  - Sept. 13 – 4 PM onwards at BHV Gym
 Interested students may please enlist at the SAO today and tomorrow only. Only 20 slots shall be allotted per day for the audition to fully screen the applicants. Thank you.
7. **On Audition for Vox Fusion.** Calling the attention of our talented students who would like to develop further their prowess in singing to join the audition for Vox Fusion on September 14, Thursday at LS 203 from 2:00PM onwards. Please prepare a 1 minute song of your choice and look for Darius Miguel Matibag of CMR 205 for enlistment. Good luck!!

#### **FROM THE OVCAD – INSTITUTIONAL HEALTH SERVICES:**

Cont...STRESS: How to Cope Better with Life’s Challenges

*Why is exercise useful?*

Exercise is a good way to deal with stress because it's a healthy way to relieve your pent-up energy and tension. Exercise is known to release feel-good brain chemicals. It also helps you get in better shape, which makes you feel better overall.

*Steps to deep breathing*

- Lie down on a flat surface.
- Place a hand on your stomach, just above your navel. Place the other hand on your chest.
- Breathe in slowly and try to make your stomach rise a little.

- Hold your breath for a second.
- Breathe out slowly and let your stomach go back down.

Deep, relaxed breathing by itself may help relieve stress. This helps you get plenty of oxygen and activates the relaxation response, the body's antidote to stress.

<http://familydoctor.org/familydoctor/en/prevention-wellness/emotional-wellbeing/mental-health/stress-how-to-cope-better-with-lifes-challenges.html>

*to be cont...*

**FROM THE OVCM – SPORTS OFFICE:**

1. The Lipa City DepEd Office thru Dr. Ludy Pasagui (OIC-Superintendent) requests our HS Volleyball Girls Team, being the representative of the Philippines in the recent Asian Schools Games, to participate in the culmination of the annual Division Schools Press Conference on September 8 (Friday). They are requested to be part of the exhibition match which will be the subject of coverage for the sports writers during the said activity. Subject teachers are requested to excuse the following student-athletes in their morning classes on September 8. Thank you very much.

**Coach: Mr. Ronwald Kris Dimaculangan**

**Assistant Coach: Mr. Jerome Guhit**

	NAME	Grade	Section		Name	Grade	Section
1	Adajar, Kimberly D.	9	LS402	13	Malaluan, Alleiah Jan L.	9	LS102
2	Atienza, Ayeeshah Sandrine B.	7	LS306	14	Mercado, Gabrielle Therese	11	S11-10
3	Carandang, Lara Justine H.	10	BM203	15	Mina, Kristina Andrea G.	7	LS108
4	Cubilla, Adriane Jarie L.	9	LS302	16	Pasano, Izabella Mae A.	9	LS401
5	Frago, Jamie Margaret G.	10	CMR204	17	Peteza, Alliah R.	11	A11-08
6	Gonzalbo Emmanuela Rain D.	8	LS309	18	Regalado, Tracy Elisse T.	8	LS109
7	Hernandez, Krystal Lyka D.	9	LS102	19	Reyes, Gabriel Therese B.	7	LS406
8	Humarang, Yvonne Cyrah R.	11	S11-10	20	Rocafort Alyanna Margueritte M.	7	LS205
9	Lumbera, Reign S.	11	S11-05	21	Rueca, Maria Jinky P.	7	LS207
10	Magaling, Lira Angela R.	7	LS205	22	Suan, Mary Juliana Lauren N	9	LS301
11	Maglinao, Majella Mari R.	8	LS310	23	Villa, Pia Antonette R.	8	LS110
12	Magsombol, Mikaela Alexa I.	8	LS411				

2. Coaches and Student-Athletes are reminded that the submission of the requirements (PSA Birth Certificate, Pictures, Reply Slip and Student's Agreement Form) is extended until Friday September 8. All teams are expected to comply. Thank you
3. Team Captains of the sports who have not received the copy of the parents' waiver for area meet and division meet are requested to proceed to the sports office today to get the form. Thank you.
4. Concerned teams are requested to refer to the previous bulletin entry for the medical check up.
5. Below is the additional schedule of the athletes' medical checkup:

Date	Time	Team
September 7, 2017 (Thursday)	10:00 – 11:00	HS Baseball Boys (22) HS Taekwondo Boys (11)
	2:00 – 3:00	HS Swimming Boys (16) and Girls (15) GS Lawn Tennis Girls (2)
September 8, 2017 (Friday)	10:00 – 11:00	GS Baseball Boys (15) GS Football Boys (17) GS Taekwondo Boy (1) and Girl (1)
	2:00 – 3:00	HS Football Girls (22) HS Taekwondo Girls (7) GS Chess Boys (3) and Girls (2)

List of athletes were already submitted to the APAds, APAc and LACs for your reference. Once we have finalized the list, hard copy will be provided per faculty room. Thank you very much.