



GOD'S WORDS FOR TODAY (Jn.20:11-18)

The Holy Gospel according to St. John

Mary Magdalene stayed outside the tomb weeping. And as she wept, she bent over into the tomb and saw two angels in white sitting there, one at the head and one at the feet where the Body of Jesus had been. And they said to her, "Woman, why are you weeping?" She said to them, "They have taken my Lord, and I don't know where they laid him." When she had said this, she turned around and saw Jesus there, but did not know it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him."

Jesus said to her, "Mary!"

She turned and said to him in Hebrew, "Rabbouni," which means Teacher. Jesus said to her, "Stop holding on to me, for I have not yet ascended to the Father. But go to my brothers and tell them, 'I am going to my Father and your Father, to my God and your God.'" Mary went and announced to the disciples, "I have seen the Lord," and then reported what he had told her.

Reflection:

The resurrection of Jesus Christ from the dead is the foundation of our hope - the hope that we, too, who believe in him will see the living God face to face and share in his everlasting glory and joy. Do you recognize the Lord's presence with you, in his word, in the "breaking of the bread," and in his church, the body of Christ?

Prayer:

Lord Jesus, may I never fail to recognize your voice nor lose sight of your presence as you open the Scriptures for me and speak your life-giving word. Amen.

MISSION VISION

"To be a sign of faith as an excellent educational institution, sharing in the Lasallian mission of teaching minds, touching hearts and transforming lives."

FROM THE OVCAR – INTEGRATED SCHOOL COMMUNITY:

From the Integrated School Principal

1. The following Partners engaging in SBFI- De La Salle Philippines- DepEd Project: Ms. Marie Pena and Ms. Ineth Rosales will have a meeting with DLSP President, Br. Jose Mari Jimenez this afternoon at 1:30pm, Green Room.
2. The members of the IS Evacuation and Safety Committee will have a First Aid Training on Apr. 20, Thursday at 10:00am- 12:00nn, MMR 7 & 8.
3. Members of the Tripartite Academic Council (LACs from GS to SHS) will have a meeting tomorrow, April 19. Please wait for the notice of the Associate Principal for Academics.
4. Members of the Performance Evaluation Board will have a meeting on April 21, 1:30pm at the LRC 2 Conference Room.
5. **From the SIKAT Moderator**
Si Kristo At Tayo (SIKAT) is inviting students who are willing to volunteer and serve the young especially those in need. Interested students may get application form at the Vocations Ministry Office (VMO) beside the SENTRUM. Thank you very much.
6. **From the IS Evacuation and Safety Committee**
To refresh and strengthen our preparedness if an earthquake happens, we will be having an earthquake drill anytime tomorrow, **Wednesday**. Please be guided by the following:

Staying Safe Inside and Outside Your Classroom

During an Earthquake

1. Do the DUCK, COVER and HOLD. Find something that can cover you like tables and chairs.
2. Move as little as possible. Most injuries (sprains, fractures and head injuries) during earthquakes occur because of people moving around. Try to protect your head and torso.
3. If outside, find a clear spot and drop to the ground. Stay there until the shaking stops. Try to get as far away as possible from buildings, power lines, and trees.
4. Stay calm and DO NOT PANIC. Be ready to evacuate and to go to the assembly area (OVAL) if you are sure it is safe to exit/move.

After an Earthquake

1. Once the shaking stops you need to be ready to evacuate. Use the stairs and do not attempt to use the elevator.



2. Use the route designated for your class if you are inside your classroom. Class Presidents are requested to make a review of their route with their classmates.
3. If you are not inside your classroom (at the canteen, library, roof deck, court, or in any place inside the school), you should not panic. Be vigilant in checking your surroundings going to the assembly area. If your route gets crowded, do not push one another to avoid stampede and commotion.
4. Check to make sure that there is no debris from the building that could fall on you. In case there is, find a safer alternate route to go to the assembly area.
5. Expect and prepare for potential aftershocks.
6. Each time you feel an aftershock, do the DUCK, COVER and HOLD. (*Aftershocks frequently occur minutes, days, weeks and even months following an earthquake.*)

Notes:

1. Class Secretaries will help the Class Presidents in checking the attendance of the class once you reached the assembly area.
2. Flaglets are still part of the evacuation. Bring it if the earthquake/drill happens while you are inside the classroom. It will help us to easily monitor attendance.
3. For classes who are not in their classroom during the drill/earthquake, Class Presidents and Secretaries are required to check the attendance and should report it to their Adviser and GM.
4. Lasallian Partners are also requested to proceed immediately to the assembly area. If in case the drill/earthquake happens during recess or lunch break, the next subject teacher shall be in charge of confirming the attendance of the class.
5. Nowadays, it is advisable to always have a buddy. Do not go somewhere inside the school ALONE. Get a COMPANION.
6. We should all remember that “everyone’s safety is our topmost concern,” so, we need to execute the evacuation CALMLY and SERIOUSLY.

FROM THE OVCAR – GRADE SCHOOL COMMUNITY:

From the Assistant Principal for Administration

1. The statement of account for the 4th quarter will be sent to the parents today. Reply slips should be returned on or before April 24, Monday.
2. Lunch break proctoring schedule for today:

AREA	TIME	TUESDAY
BB 108-112	11:20-11:50	Ms. Dang
	11:50-12:20	Ms. Cecele
BG 108-114	11:20-11:50	Ms. Verna
	11:50-12:20	Ms. MC
Grade 3 Area	11:30 -12:00	Ms. Tina

From the GS- CLCE Department

The following classes and advisers are invited to attend the Daily Meal with God tomorrow at 6:30 AM at the Capilla.

Grade 6	BB 404	Ms. Margie Magnaye
Grade 1	BB 111	Ms. Daniella Gutierrez
Grade 5	BB 306	Ms. Magdalena Mayuga
Grade 2	BG 114	Ms. Nerissa Hernandez

From the GS Computer Department

Schedule of Fourth PT in Computer of Kindergarten

Performance Task
First Steps in Using the Keyboard, see I.T. Fun Book pages 73-78

Date	Section
April 26, 2017	BB 201 AM
April 27, 2017	BB 201 PM
April 24, 2017	BB 202 AM
April 28, 2017	BB 202 PM
April 27, 2017	BB 203 AM
April 25, 2017	BB 203 PM

Teacher Elle and Teacher Rems

Schedule of Fourth PT in Computer of Grades 1 and 3

Grade	Performance Task
1	Drawing with Sean's Magic Slate, see Handout pages 3-9
3	Slide Presentation Basics (MS PowerPoint 2003), see Handout pages 5, 8-9, 13-15, and 19-20

Date	Grade & Section	Date	Grade & Section
April 24, 2017	1 - BG 108	April 24, 2017	3 - BB 104
	1 - BB 108		3 - BB 204
May 2, 2017	1 - BB 109	May 2, 2017	3 - BB 205
	1 - BB 110	May 3, 2017	3 - BB 206
May 3, 2017	1 - BB 111	May 4, 2017	3 - BB 208
May 4, 2017	1 - BB 112	May 5, 2017	3 - BB 209
			3 - BB 210

Teacher Rems

Schedule of Fourth PT in Computer of Grades 2 and 4

Grade	Performance Task
2	Creating a Signage about Simple Classroom Guidelines through MS Paint, see Handout pages 1-7
4	Creating a Street Sign through MS Logo, see Handout pages 15-21

Date	Grade & Section	Date	Grade & Section
April 24, 2017	2 – BG 109	May 3, 2017	4 – BB 211
April 24, 2017	2 – BG 110	May 4, 2017	4 – BB 212
May 2, 2017	2 – BG 111	May 4, 2017	4 – BB 309
May 2, 2017	2 – BG 112	May 5, 2017	4 – BB 310
May 3, 2017	2 – BG 113	May 5, 2017	4 – BB 311
May 4, 2017	2 – BG 114	May 2, 2017	4 – BB 312

Teacher Elle

FROM THE OVCAR –JUNIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal for Administration Office

1. Lunch Break Proctoring schedule for today:

Teacher	Time	Place of Proctoring
Mr. Noriel Navita Ms. Haidee Angeles Mr. Bernie Jumadio	12:00- 1:00	Fine Dining BB canteen Greenspoon Café
Ms. Minnie Mallari Ms. Jo Rosos Mr. Jonas Lara	1:00- 2:00	Fine Dining BB canteen Greenspoon Café

2. Thank you very much to the Guidance Office, Grade 10 moderator, advisers and students for the success of the Moving-Up to Senior High School Orientation. Likewise, thank you to Sir Rene Villanueva (SHS APAd) and Julia Llanes (Grade 11 STEM student) for gracing the occasion.
3. We only have three (3) weeks to go before the final examination of Grades 7- 9 and two (2) weeks before the final examination of Grade 10. Please use your time wisely and consult your subject teachers regarding the requirements that you might have missed.
4. Before the end of the school year, Junior High School students must accomplish a clearance which will be a requirement for enrollment. Make sure that you have settled all your accounts (tuition fees, FFI payments, class picture payment, etc.), requirements to be submitted to your teachers (PTs, QAs, exams etc.), borrowed materials (books, athletic equipment, AV materials, etc.) and have returned all the necessary reply slips so that you will not experience the hassle of accomplishing your clearance form. The idea of requiring a clearance for the students had already been discussed to you by your GMs during the previous assemblies. Details about the processing of the clearance form will be discussed to you as soon as possible.

FROM THE OVCAR –SENIOR HIGH SCHOOL COMMUNITY:

From the Assistant Principal for Administration

1. All students who are required to attend the tutorial and special classes are requested to attend a meeting with Mr. Villanueva today, April 18, 2017, 7:30 am at the North Lounge Area (near IT Domain/Gregorio Zara Hall). Attendance is a must.
2. All students are encouraged to support the mission collection every Tuesday. Kindly remit the mission collection to the APAd Office.
3. **For Grade 12 Students:** There are barely 10 regular school days left before the 4th quarterly assessment week on May 2-5, 2017. Please make sure you settle your financial obligations on or before the quarterly assessment week.

FROM THE OVCAR- GUIDANCE OFFICE:

1. Commendation to Ms. Mae Bautista and Mr. Jayson Baet for the early submission of the Anecdotal Records and Compilation of the Homeroom Modules.
2. **For Grade 1 Students, Advisers and Subject Teachers:** Below is the schedule of the 4th Counselor’s Time for today:

DATE	SECTION	TIME	Subject	Adviser/Teacher*
April 18, 2017 (Tuesday)	BB 110	7:40 – 8:20	Soc. Studies	Ms. Pagulayan
	BB 109	9:20 – 10:00	Math	Ms. Garing
	BG 108	10:40 – 11:20	Language	Ms. Del Mundo

3. **For Grades 2 Students, Advisers and Subject Teachers:** Please be informed that the 4th Counselor’s Time for Grade 2 students will be on April 20- 26, 2017 following the schedule below:

GRADE 2				
Date	Section	Time	Subject	Adviser/Teacher
April 20 (Thursday)	BG 110	10:40–11:20	Science	Ms. R. Marquez
April 21 (Friday)	BG 109	10:00–10:40	Reading	Ms. V. Cuevas
	BG 114	12:20–1:00	Christian Living	Ms. N. Hernandez
April 24 (Monday)	BG 111	1:40–2:20	Math	Ms. R. Pecayo
April 26 (Wednesday)	BG 113	12:20–1:00	Language	Ms. F. Lajara
	BG 112	1:00–1:40	Filipino	Ms. G. Robles

4. **For Grade 3 Students, Advisers and Subject Teachers:** Please be informed that the 4th Counselor’s Time for Grade 3 students will start tomorrow following the schedule below:

GRADE 3				
Date	Section	Time	Subject	Adviser/Teacher
April 19 (Wednesday)	BB 210	9:20–10:00	Social Studies	Ms. G. Vergara
	BB 204	10:00–10:40	Filipino	Ms. C. Aguila
	BB 205	10:40–11:20	Reading	Ms. D. Arellano
April 20 (Thursday)	BB 104	7:40–8:20	Language	Ms. A. Embalsado
	BB 206	1:40–2:20	Christian Living	Ms. M. Peña
April 21 (Friday)	BB 208	9:20-10:00	Science	Ms. L. Camacho
April 24 (Monday)	BB 209	7:40 – 8:20	Math	Ms. M. Camitan

5. **For Grades 4-6 Students and Advisers:** Today is Structured Homeroom Guidance with the following modules:

Grade 4 & 5–“My Year in a Nutshell”

Grade 6- “Wrapping up My Year”

6. **For Grade 7 Students, Advisers and English Teachers:** Today is the start of the Room – to – Room Interpretation of Culture Fair Intelligence Test (CFIT) and High School Personality Questionnaire (HSPQ). Below is the schedule for today and tomorrow:

DATE	TIME	SECTION	TEACHER
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April 18, 2017 Tuesday	7:40 – 8:40	LS 109	Ms. Lasi
	8:40 – 9:40	LS 102	Ms. Dimayuga
	11:00 – 12:00	LS 104	Ms. Cabar
	2:00 – 3:00	LS 108	Ms. Lasi
April 19, 2017 Wednesday	7:40 – 8:40	LS 112	Ms. Remo
	8:40 – 9:40	LS 105	Ms. Lasi
	1:00 – 2:00	LS 106	Ms. Lasi
	2:00 – 3:00	LS 110	Ms. Cabar

7. **For Grades 7-9 Students and Advisers:** Kindly forward the worksheets and evaluation form of the modules to the Guidance Office until Friday, April 21, 2017. Thank you
8. **For Grade 8 Students:** Those who were absent during the OLSAT and PACT- POIS interpretation are requested to see Ms. Renie at the Guidance Office anytime this week for the individual test interpretation. Thank you.
9. **For Grade 10 Students, Advisers and Subject Teachers:**
 - a. Big thanks to Mr. Rene Villanueva, Julia Llanes, G10 advisers and subjects teachers for their support during the “Moving On to Senior High School” talk held yesterday. Commendation to the G10 students for their cooperation during the activity.
 - b. Exit Interview Questionnaire was distributed yesterday. Please submit it until Friday, April 21, 2017.
10. **Looking Ahead:**
 - April 24-25 G4 CFIT Interpretation
 - April 24-28 G1 Kuhlmann Anderson Test Administration
 - April 26-28 G5 CPQ Interpretation
 - April 28 N1- K Career Talk

FROM THE OVCAR – STUDENT ACTIVITIES OFFICE:

1. **On Schedule of SCB Election.** Once again, we would like to remind our student leaders who are interested to run in the next SCB election that you may start filing your candidacy starting today until next week, April 24, 4:00PM ONLY. Furthermore, please take note of the following dates:
 - April 18 – Start of Filing SCB Candidacy for SY 2017-2018
 - April 24 – Deadline of Filing SCB Candidacy for SY 2017-2018
 - April 25 – Announcement of Official Candidates for SY 2017-2018

2. **On Schedule of Club Meeting.** Please take note of the schedule of club meetings:

Grade School		High School	
Date	Activity	Date	Activity
April 21	Prep for Culminating Activity	April 19	Prep for Culminating Activity
April 28	Year-end activity of Club (classroom-based)	April 26	Culminating Activity at the SENTRUM
May 5	Culminating Activity of Clubs (SENTRUM)	May 3	Year-End Activity of Club (Classroom-based)

3. **On Club Pictures.** We remind our Club Moderators to please facilitate the final order of club pictures until this week, April 19 for Junior High School and April 21 for Grade School. Payment shall be remitted to the SAO on or before April 28 for Grade School and April 26 for Junior High School. Please be guided accordingly. Thank you.
4. **On Painting T-Shirt Activity.** We are inviting students with special talents in arts to please join in the Painting T-Shirt activity sponsored by LASAC or Lipa Archdiocesan Social Action Commission on April 25, 2017 from 8:00-3:00PM at the HASYENDA. This activity aims to generate funds from the sales of the finished shirt to support LASAC’s program and services. This is open to all Junior High School and Senior High School artist. An agreement letter shall be signed by the participant that painted T-shirts shall be donated to LASAC. All participants are required to bring their own paint materials and pain brush while the SAO shall take care of the payment for the T-shirt. Painted T-shirts shall be made available for auction after the event. Interested participants may please enlist at the SAO starting today until Friday only. Let us help the less fortunate and needy by using our God’s given talent in painting.
5. **On Batch Culminating Activity of Grade 10.** This is to remind our Grade 10 students that BCA is not **compulsory** but rather a special invitation to all Grade 10 students. The P300 shall be collected to cover for the following expenses: live band, lights and sounds with LED screen, batch souvenir and other miscellaneous expenses. You may start paying at the Cashier’s Office today until April 28 ONLY. Thank you very much.

FROM THE OVCAD – INSTITUTIONAL HEALTH SERVICES:

HEAD & NECK CONSCIOUSNESS MONTH

What causes a brain aneurysm?

A person may inherit the tendency to form aneurysms, or aneurysms may develop because of hardening of the arteries (atherosclerosis) and aging. Some risk factors that can lead to brain aneurysms can be controlled, and others can't. The following risk factors may increase your risk for an aneurysm or, if you already have an aneurysm, may increase your risk of it rupturing:

- Family history. People who have a family history of brain aneurysms are more likely to have an aneurysm than those who don't.
- Previous aneurysm. People who have had a brain aneurysm are more likely to have another.
- Gender. Women are more likely to develop a brain aneurysm or to suffer a subarachnoid hemorrhage.
- High blood pressure. The risk of subarachnoid hemorrhage is greater in people who have a history of high blood pressure.

Smoking. In addition to being a cause of high blood pressure, the use of cigarettes may greatly increase the chances of a brain aneurysm rupturing. to be cont...

Medical and Dental Check- up

Date	Time	Section
April 18, 2017	09:20 am – 10:20 am	G3 – BB 209 (medical)
	01:00 pm – 02:00 pm	G4 – BB 310 (dental)
April 19, 2017	09:20 am – 10:20am	G2 – BG 110 (medical & dental)
	01:40 pm – 02:40 pm	G6– BB 404 (medical)
April 20, 2017	10:00 am – 11:00 pm	G5 – BB 308 (medical)
	01:40 pm – 02:40 pm	G5 – BB 301 (dental)
April 21, 2017	09:20 am – 10:20 pm	G2 – BG 114 (medical & dental)
	02:00 pm – 03:00 pm	S11- 10 (medical)