GOD’S WORDS FOR TODAY (Jn 8: 31-42)

The Holy Gospel according to St. John

Jesus said to those Jews who believed in him, “If you remain in my word, you will truly be my disciples, and you will know the truth, and the truth will set you free.” They answered him, “We are descendants of Abraham and have never been enslaved to anyone. How can you say, ‘You will become free’?” Jesus answered them, “Amen, amen, I say to you, everyone who commits sin is a slave of sin. A slave does not remain in a household forever, but a son always remains. So if the Son frees you, then you will truly be free. I know that you are descendants of Abraham. But you are trying to kill me, because my word has no room among you. I tell you what I have seen in the Father’s presence; then do what you have heard from the Father.”

They answered and said to him, “Our father is Abraham.” Jesus said to them, “If you were Abraham’s children, you would be doing the works of Abraham. But now you are trying to kill me, a man who has told you the truth that I heard from God; Abraham did not do this. You are doing the works of your father!” So they said to him, “We were not born of fornication. We have one Father, God.” Jesus said to them, “If God were your Father, you would love me, for I came from God and am here; I did not come on my own, but he sent me.”

MISSION VISION

“To be a sign of faith as an excellent educational institution, sharing in the Lasallian mission of teaching minds, touching hearts and transforming lives.”

FROM THE OVCAR – OFFICE OF THE INTEGRATED SCHOOL PRINCIPAL:

1. Students, today is the last day of school. We hope that after another school year, De La Salle Lipa has helped you become a better person. May you continue being generous in sharing to others the good lessons you learn from school. After today, you will go on summer vacation, so enjoy it to the fullest! God bless you all!

2. The members of the Classroom Evaluation Instrument Committee will have a meeting today at LRC 2 Conference Room at 9:00am.
   - Grade School: Ms. Rizza Limbo, Ms. Lorna Bagares and Ms. Marilyn Camitan
   - Junior High School: Ms. Malou Navales, Ms. Therese De Ocampo and Ms. Imee Mendoza
   - Senior High School: Mr. Joseph Ng, Dr. Violy Andaleon and Ms. Izyl Torino

3. To all IS Faculty and Staff, please be guided by the Year End Activities Schedule that the ISP Office will provide as we go along until April 15, 2016. Thank you.

FROM THE OVCAR – GRADE SCHOOL COMMUNITY:

From the Assistant Principal

1. Last day of QA today. Be guided by the schedule.

<table>
<thead>
<tr>
<th>Nursery 1</th>
<th>March 16</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00-7:40 (1st)</td>
<td>10:30-10:50 (2nd)</td>
</tr>
<tr>
<td>7:40-8:40 (1st)</td>
<td>10:50-11:50 (2nd)</td>
</tr>
<tr>
<td>7:00-7:40 (1st)</td>
<td>11:40-12:00 (2nd)</td>
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<tr>
<td>7:40-8:40 (1st)</td>
<td>12:00-1:00 (2nd)</td>
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<tr>
<td>8:40-9:40 (1st)</td>
<td>1:00-2:00 (2nd)</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Nursery 2</th>
<th>Assembly/Homeroom</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-3</td>
<td>Reading</td>
</tr>
<tr>
<td>Grades 4-5</td>
<td>Social Studies</td>
</tr>
<tr>
<td>7:10-7:40</td>
<td>Assembly/Homeroom</td>
</tr>
<tr>
<td>7:40-8:40</td>
<td>CLCE</td>
</tr>
<tr>
<td>8:40-9:40</td>
<td>Soc. Studies</td>
</tr>
</tbody>
</table>

2. Students who will take the CEM test today are requested to proceed to MMR 3 LS Building at 10:00 am. Please come on time.

3. It’s the last day of school year 2015-2016. Congratulations to all of you dear administrators, teachers, staff and students for a year filled with achievements, happiness and success. Thank you for your cooperation and support. Keep believing in yourself and be a Lasallian in all ways.
4. Looking Ahead:
   March 17 – GS Faculty & Staff Recollection
   March 18 – Kinder Final Practice for the Recognition Rites & Progress Report
       Distribution – 8:00 am – BHV Gym
       - Grade 6 Assembly 8:00 am – MMR 7 & 8
       - Grade 6 Recognition Rites Practice – 1 pm - SENTRUM
   March 21 – Grade 6 Recognition Rites Practice – 7:40 -12:00 nn – BHV Gym
   March 22 - Kinder Recognition Rites – 8:00 am - BHV Gym
   March 28 – Grade 6 Final Recognition Rites Practice & Progress Report
       Distribution – 1 pm- SENTRUM
   March 31 – Grade 6 Recognition Rites – 1 pm - SENTRUM
5. Honors' Assembly       Venue: BHV Gym
   Practice: April 12, 2016       Actual Ceremony – April 14, 2016
   N1 & N2 – 8:00 – 9:30 am
   G1 – G3 – 10:00 am – 12:00 nn
   G4 – G5 – 1:00 – 3:00 pm

6. Students who were absent during the 4th quarterly assessment are requested to take the missed QA starting on Friday, March 18 from 8:00 – 11:00 am. Please proceed to the AP office with your exam permit.

7. GS faculty and staff will have a recollection from 8:00 am- 4:00 pm at the Retreat Complex. Assembly time is at 7:45 am in front of the SENTRUM lobby. Please bring your ballpen. Thank you.

8. Mission Collection: Thanks to the following classes for their generous support to our mission collection.
   Grade 1:  BB 105, BB 111
   Grade 2:  BG 108, BG 111, BG 112, BG 113
   Grade 3:  BB 108, BB 205, BB 206, BB 208, BB 209
   Grade 4:  BB 210, BB 211, BB 212, BB 310, BB 311
   Grade 5:  BB 301, BB 302

   **Have a fruitful and enjoyable vacation. God bless us all!**

From the Christian Living Department

Thank you so much to class sponsors today. The following are the sponsors tomorrow:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Class</th>
<th>Sponsor</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>BB 110</td>
<td>Ms. Dang Arellano</td>
</tr>
<tr>
<td>6</td>
<td>BB 403</td>
<td>Ms. Leah Sebuc</td>
</tr>
<tr>
<td>3</td>
<td>BB 108</td>
<td>Ms. Marie Peña</td>
</tr>
<tr>
<td>5</td>
<td>BB 308</td>
<td>Ms. Ruth Tapalla</td>
</tr>
</tbody>
</table>

Thank you so much to all class sponsors who religiously supported the Daily Meal with God Project for the whole school year. May the Blessed Sacrament be our inspiration in facing the challenges of life. Live Jesus in our hearts!

From the Grade School Moderators:
1. All class pictures are available for distribution.
2. Students who have lost things may check them in the lost and found cabinet or at the GMs office.
3. All classrooms and corridors must be left clean and orderly.

Happy summer vacation to all students!

FROM THE OVCAR – JUNIOR HIGH SCHOOL COMMUNITY:
From the Assistant Principal

1. Exams today:
   7:40 – 8:40 – FILIPINO
   8:40 – 9:40 – SCIENCE
2. Student who were not and will not be able to take the 4th quarterly exams as scheduled are advised to take the parallel tests staring Thursday, March 17. Please report to the AP office and present your exam permit. COME IN SCHOOL UNIFORM.
3. Grades 7 and 8 will have their assembly today after the exams. Please follow instructions from your GMs. No one is allowed to leave the campus during the break.
4. Last instruction to all classes – please clean your rooms and corridors and empty your lockers before you go home today.

5. As stated in the letter to parents, only those with official business can come back to school. Wear your school uniform to report back to school and accomplish the parent’s waiver for this purpose. Grade 9 will wear their TYPE B uniform for tomorrow’s assembly.

6. Thank you very much for another school year filled with successes. God bless us all!

7. Dates to Remember:
   - March 18 – Recollection of Grade 9 and 10 faculty
   - March 21 – Recollection of Grade 7 and 8 faculty

FROM THE OVCAD – INSTITUTIONAL HEALTH SERVICES:

cont...Burn

Third-Degree Burn

Third-degree burns are the worst burns. They cause the most damage, extending through every layer of skin. The damage can even reach the bloodstream, major organs, and bones, which can lead to death.

There is a misconception that third-degree means most painful. With this type of burn, the damage is so extensive that you may not feel pain because your nerves are damaged. Depending on the cause, third-degree burns cause the skin to look:

- waxy and white
- charred
- dark brown
- raised and leathery

Never attempt to self-treat a third-degree burn. While you’re waiting for medical treatment, raise the injury above your heart. Don’t get undressed, but make sure no clothing is stuck to the burn. There is no set healing timeline for third-degree burns.

Complications

Third-degree burns carry the most risk for complications, such as infections, blood loss, and shock. Still, this doesn’t mean that minor first and second-degree burns can’t cause complications. All burns carry the risk of infections because bacteria can enter broken skin. Sepsis, or a bloodstream infection, can occur in the most severe cases. This can lead to shock or even death.

Tetanus is another possible complication with burns of all levels. Like sepsis, tetanus is a bacterial infection. It affects the nervous system, eventually leading to problems with muscle contractions. As a rule of thumb, every member of your household should receive updated tetanus shots every five years to prevent this type of infection.

Severe burns also carry the risk of hypothermia and hypovolemia. Hypothermia is characterized by dangerously low body temperatures. While this may seem like an unexpected complication of a burn, the condition is actually prompted by excessive loss of body heat from an injury. Hypovolemia, or low blood volume, occurs when your body loses too much blood from a burn.

Scars are a complication of all burns. Severe burns may cause keloids, which are discolored areas of scar tissue on the skin. While keloids aren’t harmful in themselves, they can be bothersome. The appearance of scar tissue can worsen with sun exposure, so be sure to wear adequate sunscreen on any exposed areas.

http://www.healthline.com/health/burns

to be cont…

FROM THE OVCMM- GUIDANCE OFFICE:

1. Congratulations to John Gabriel Garcia of G10 CMR 206 for being the Top 7 in the 8th Gawad Anak OFW “Ten Outstanding Sons & Daughters of OFWs Student Achievers (TOSDOSA) Awards” held last Monday, March 14, 2016 at the Arzobispado de Manila Intramuros.

2. For N1 to G10 Homeroom Advisers: Please be reminded of the submission of the Anecdotal Records of your students and Compilation of Homeroom Modules on or before Friday, March 18, 2016 (for Trial Teachers) and on or before April 6, 2016 (for Permanent Teachers). Kindly coordinate with your respective counselors. Thank you.

3. For Grades 1-6 Diagnostic/Achievement Test Absentees: Please be informed that the test will be administered today at 10:00 am, MMR 3. Below is the list of absentees:
   - Grade 1
     BB 104: Cornejo, Aizel Carlyne K.
     BB 105: Manuyag, Charles Geibriyel M.
     BB 111: Bustria, Zoie Arlayne M.
     BB 112: Victorio, Alonzo Gabriek S., Comia, Bettina Mikhyla M.
Grade 2
BG 108: Maranan, Carl Joseph Leon L.
BG 110: Nario, Michael Justin A.
BG 111: Lalamunan, Miguel Gabriel A., Tiongson, Keera Alessa S.
BG 113: Luistro, Zach Benedict M., Cuevas, Francheska Sophia D.
BG 114: Asucena, Luke Markus D.

Grade 3
BB 204: Macasaet, Lourd Vincent L., Uy, Naomi Ashley V.
BB 205: Ramirez, Sandra Gabrielle M.
BB 206: Recio, John Benedict A.
BB 208: Jumarang, Keian Gerard L., Africa, Maria Bernice S., Galleguez, Daphne Vea Q.
BB 209: Mendoza, Althea Juliette D.

Grade 4
BB 211: Lacerna, Inri Y., Tablisma, Destiny Twain M.
BB 212: Niar, Sebastian T., Ortega, Daevon Sebastian B., Raule, Timothy Milson P.
BB 309: Andal, Alex Anthony L., Bulloso, Alexander Benedict C.
BB 310: Ilustre, Irvin A.
BB 311: Lalamunan, Miguel Sebastian A.
BB 312: King, Danili III B., Templo, Nino Adrian R.

Grade 5
BB 302: Amante, Andre Jerahmy R., Tomaneng, Thea Kelsey P.
BB 303: Petalio, Ahyen Franzyn A.
BB 304: Rey, Keesha Imigen M.
BB 308: Liwanag, Sofia Denisse M.

Grade 6
BB 403: Calangi, Dean Clarence, Palino, Alisa Bea M.
BB 404: Villamiel, Pio Armani U., Gonzalbo, Emmanuela Rain
BB 405: Regalado, Tracy Elisse
BB 41: Ilagan, Gerard Elmer D.
BB 41: Torres, Paolo Miguel C.

4. For Grades 1 - 5 & 7 - 9 Advisers and Students: Kindly submit the accomplished Guidance/Counseling Services Evaluation forms to the Guidance Office today. Thank you.

5. For G7 – 9 Diagnostic/Achievement Test and G8 PACT-POIS Absentees: Please be informed that the Diagnostic/Achievement Test and PACT-POIS will be administered today at 10:00 am, MMR 1. Below is the list of absentees:

Junior High School DT Absentees

Grade 7
LS 101- Laiño, Keila Anzel A. (English & Math Only)
LS 102- Guia, Demetrius Gazelem B.
LS 103- Lescano, Gian Francis S.
LS 104- Deliña, Kamilla Terese C., Fernandez, Arian Ashanti L., Mendoza, Jexxine B.
LS 111- Isaga, Isabel G.
LS 206- Recio, Darlene Quiisa Morales
LS 208- De Castro, Aira Nicole A.

Grade 8
LS 211- Carganilla, Marie Jeannelle T. (Math & Science Only), De Jesus, Christienne Simone F.
LS 212- Laresma, Gabriel Antonio S.
LS 305- Elzingre, Audrey Christia A.
LS 308- Munap, Frances Jehan C.
LS 311- Bagulbagul, Mary Grace M.
LS 312- Cruz, Kyle Gabriel A., Tolentino, Robin Luisa A.
LS 406- Bonus, Andre Jonathan Dave C.
LS 409- Frago, Jamie Margaret G.
LS 412- Lumbera, Ma. Veronica P. (Math & Science Only)

Grade 9
BM 101- Gonzalvo, Gabrielle Paredes
LS 201- Abu Alhalawa, Niveen R.
From ANAK LASALYANO: There will be a “TAKBO PARA SA PAGBABALIK MO”, a fundraising project for OFW, on March 23, 2016 at De La Salle Lipa Oval. The registration period is until March 22, 2016 and the registration fee should be paid at the Cashier’s Office. Please be guided by the following details:

Call Time: 4:45am
Run Starts: 5:00am
Registration Fee and Freebies:
- 3K Kiddie Run - 12 years old and below (P175) with baller and race no. (bring a photocopy of NSO birth certificate)
- 5K Fun Run - 13 years old and above (P250) with baller and race no.

For further details, you may contact Ms. Mercy Malabanan of the College Guidance Office at local 251/ (043) 981-2904 or Faith Malaluan at 0916-406-4574

FROM THE OVCM - STUDENT ACTIVITIES OFFICE:
1. On 8th GAWAD ANAK OFW. A round of applause to John Gabrielle Garcia, our Grade 10 Representative for being chosen as one of the Ten Outstanding Sons and Daughters of OFW (SDO) Student Achievers Awards. The award was given last March 14 during the Gawad Anak OFW Awarding Ceremony held at the Arzobispado de Manila, Arzobispo Street, Intramuros Manila. Congratulations also to Ms. Jane Gutierrez, the Moderator of ANAK Club. Our gratitude also to Mr. Jojo Berana for accompanying Gabrielle Garcia during the final interview.

2. For Club Moderators. Just a reminder to our Club Moderators to please submit the following documents at the SAO as part of your clearance:
   a. Club Grade until March 28
   c. Complete Minutes of Meetings for SY 2015-2016
   d. Documentation of club activities such as pictures, evaluation of activities
   e. Others e.g. Constitution and By-Laws, List of Club Officers

Please confer with Mrs. Ishikawa the list of documents to be submitted until April 4, 2016. Thank you very much.

FROM THE OVCM - SPORTS OFFICE:
NBTC National Finals
Date: March 14-18, 2016
Venue: SM Mall of Asia Arena

Head Coach: Mr. Jrex Atienza
Asst. Coach: Mr. Arnel Manalo
Asst. Coach: Mr. Glenford Prospero

FROM THE OVCM - LASALLIAN ASSISTANCE MANAGEMENT PROGRAM:
Announcement
All Integrated School scholars namely MA, Br. President, Expanded, Free school, Star and Privately Funded are required to submit photocopy of their final report card at the LAMP Office on APRIL 6 & 7, 2016 to facilitate the scholarship tagging for SY2016-2017.